



Sunday January 10, 2016 TONE 7

*32nd SUNDAY AFTER PENTECOST — Sunday after the
 Theophany / Afterfeast of the Theophany/St Gregory, Bishop of*

This Week's Schedule

Saturday 1/16: Great Vespers 5:00 p.m.

Sunday 1/17: Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

followed by Fellowship/ Coffee hour & Church School

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Jan-10	BUNITSKY, S	SULPIZI, L	CAREY
Jan-17	RILEY, J	RILEY, A	WALES
Jan-24	BUNITSKY, S	BUNITSKY, K	BUNITSKY, S
Jan-31	CARPENTER	PECK	BRASOWSKI
Feb-2	Meeting of the Lord in the Temple		
Feb-7	BUNITSKY, S	SOUDER, C	WALES
Feb-14	CARPENTER	SULPIZI, L	PECK

Hymns and Prayers

Tne 7 Troparion (*Resurrection*)

By Your Cross You destroyed death.
To the thief You opened Paradise.
For the Myrrhbearers You changed weeping into joy.
And You commanded Your disciples, O Christ God,
to proclaim that You are risen,//
granting the world great mercy.

Tone 1 Troparion of the Feast

When You, O Lord, were baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to You,
calling You His Beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, You have revealed Yourself,//
and have enlightened the world, glory to You!

Tone 4 * Troparion (*SS Gregory and Dometian*)

O God of our Fathers,
always act with kindness towards us;

take not Your mercy from us,
but guide our lives in peace//
through the prayers of the hierarchs Gregory and Dometian!

Tone 7 Kontakion (*Resurrection*)

The dominion of death can no longer hold mankind captive,
for Christ descended, shattering and destroying its powers.
Hell is bound, while the Prophets rejoice and cry:
“The Savior has come to those in faith;//
enter, you faithful, into the Resurrection!”

Tone 1 Kontakion(*St Gregory*)

You kept watch with the eyes of your soul, holy bishop,
revealing yourself as a watchful pastor for the world.
With the staff of your wisdom and your fervent intercession,
you drove away all heretics like wolves.//
You preserved your flock free from harm, most wise Gregory.

Tone 4 Kontakion of the Feast

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself,//
O unapproachable Light.”

Tone 1 Prokeimenon (*Sunday after Theophany*)

Let Your mercy, O Lord, be upon us as we have set our hope on You!

(Ps 32/33:22)

v: Rejoice in the Lord, O your righteous! Praise befits the just! (Ps 32/33:1)

Epistle Ephesians 4:7-13

(Sunday after Theophany)

But to each one of us grace was given according to the measure of Christ's gift.

Therefore He says: "When He ascended on high, He led captivity captive, And gave gifts to men."

(Now this, "He ascended" – what does it mean but that He also first descended into the lower parts of the earth?

He who descended is also the One who ascended far above all the heavens, that He might fill all things.)

And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers,

for the equipping of the saints for the work of ministry, for the edifying of the body of Christ,

till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

Tone 5

Alleluia, Alleluia, Alleluia.

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps 88/89:1)

v: For You have said: "Mercy will be established forever; Your truth will be prepared in the heavens." (Ps 88/89:2)

Gospel Matthew 4:12-17

(Sunday after Theophany)

Now when Jesus heard that John had been put in prison, He departed to Galilee.

And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali,

that it might be fulfilled which was spoken by Isaiah the prophet, saying:

The land of Zebulun and the land of Naphtali, By the way of the sea, beyond the Jordan, Galilee of the Gentiles:

The people who sat in darkness have seen a great light, And upon those who sat in the region and shadow of death Light has dawned.”

From that time Jesus began to preach and to say, “Repent, for the kingdom of heaven is at hand.”

Hymn to the Theotokos

Magnify, O my soul, the most-pure Virgin Theotokos, more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;

even Angels are overcome with awe praising you.

But since you are good, accept our faith;

for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

Communion Hymns

The grace of God has appeared for the salvation of all men. (Titus 2:11)

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

This Week's Announcements

Holy Water and Home Blessings Holy water will be available in the church for the next few weeks please feel free to take some home. Also, Fr. Barnabas is available for home blessings, please see Fr. Barnabas or call the rectory to make arrangements.

Parish Council Meeting The next parish council meeting will be held on ***Thursday Jan. 14th***. Please make the correction on your monthly calendars. Thank you for all your continued works!

Available Now Parish Directory 2016 The 2016 parish directory is available in the back of the church for all to take.

Study Group This past Thursday our study group continued with the 9th chapter of 2nd Corinthians. We discussed the responsibilities the local church has to the larger Orthodox communion. We also talked about the contributions of both cradle and convert to Orthodoxy in America. Our next study group will meet on Thursday Jan. 21st. The study group is an excellent opportunity for continuing adult education. Please join us!

Family Promise Our parish continues to serve as a "Support Host" to homeless families in the Wilmington area. We will once again be serving as Support Host Feb. 8th, 9th, & 11th. We will need drivers, cooks, meal servers, help with children's homework and activities, and overnight support for emergencies. We ask that you consider offering yourself to this worthy ministry. Please sign up in the narthex to help feed the homeless at Family Promise Feb. 8, 9 & 11.

Diocesan Transition from Assessments to Proportional Giving As we transition to the proportional giving with the Diocese and National Church, each parish was given the option to gradually transition to this new process. We have decided that for this year, St. Michael's will continue to submit the assessments based on the number of adults in the parish using \$160 per adult. We submit these assessments on a monthly basis and whether or not the assessments have come in. This is a reminder that you can begin submitting your assessments for 2016. As we did last year, you can either submit the total assessment at one time or on a quarterly basis of \$40 per quarter per adult. We will again have envelopes available in the narthex for your submittals. We will also be sending out reminders throughout the year. Thank you.



The First Hermit

January 15 is the feast day of Venerable Paul of Thebes.

The region of upper Egypt in which he was born about 227 is called the "Thebaid" because it is near the city of Thebes. It's a desert area, and over the centuries it became the dwelling place of thousands of monks seeking to come close to God.

Paul was raised and well-educated in a loving Christian family. Orphaned as a teenager, he had no adult protection when imperial Rome began severely persecuting believers. He took refuge with friends.

One of the Roman government's ploys was to offer large rewards to people who turned in Christians who were hiding. Paul's greedy brother-in-law planned to give his name to the authorities, despite the tearful pleas of Paul's sister. Being warned of this, and wishing to spare his sister grief at her husband's treachery and his own arrest, Paul fled to the mountains.

At first Paul thought his time in the wilderness would last only until the persecution abated, but he found that he liked his new life. He went deeper into the desert, and discovered a large cave. Outside it was an ancient palm tree, with fruit for food and leaves for a garment. There was also a running stream. The cave became his home for the rest of his life, which lasted well over a hundred years.

When we think of the first person to pursue a life of prayer and fasting in the desert, we may remember Saint Anthony the Great. Tradition tells us that Anthony, living in another solitary place, also had

the thought that "no monk more perfect than himself had settled in the desert." These words are from the life of Paul written by Saint Jerome in the fourth century.

Saint Jerome writes that Anthony had a vision in the night that "there was farther in the desert a much better man than he, and that he ought to go and visit him." Though already ninety, Anthony set out to find this elder.

An arduous journey finally brought him to Paul, and the two conversed for a whole day and night. As Anthony reluctantly prepared to leave, Paul asked the younger man to bring the cloak he'd been given by Saint Athanasius to use as Paul's burial garment, for he would die soon. Anthony was amazed that Paul had heard of Athanasius and the cloak, but he did as Paul asked. When he had buried Paul, he took the elder's simple garment of palm leaves, and for the rest of his life honored "the first hermit" by wearing it only on Pascha and Pentecost.

Saint Jerome bluntly addresses the thoughtless, idle rich with these words about Paul: "Your drinking vessels are of precious stones; he satisfied his thirst with the hollow of his hand. Your tunics are of wrought gold; he had not the raiment of the meanest of your slaves. But poor though he was, Paradise is open to him; you with all your gold will be received into Gehenna."

Troparion - Tone 3

Inspired by the Spirit,
you were the first to dwell in the desert
in emulation of Elijah the zealot;
as one who imitated the angels,
you were made known to the world
by Saint Anthony the Great.
Righteous Paul, entreat Christ God
to grant us His great mercy.

Prayers for the Departed: *Helen Bunitsky*

Prayers for the Sick and Those in Need: *Fr. Vladimir Petorak, Fr. Joseph Chupeck, Fr. David Shewczyk, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Lemlem Resat, Harry Wujcik, , Alfred Mokhiber, Peter Melnik, Lily Nassif, Agnes and Basil Timchak, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, Maria Current, Anna Herko, Zack Bajuyo, Luke Wales, John Maloney, Nona Carey, Joseph Wojciechowski, Mona Elia, Lydia Kendall, Georgia Harb*

Prayers for Women and the Children to be Born of Them: *Maria Peck,, Elizabeth Clause, Matushka Anastasia Hojnicky*

Service Ministries

Date	<u>Coffee/ Fellowship Hour</u>	<u>Service Duty</u>	<u>Church Cleaners</u>	<u>Library</u>
10-Jan	Conover/Daubert/George	Elia/Morjana	Farrell	Maloney
17-Jan	Sulpizi/Skomoucha	Riley	Kendall	Lewis
24-Jan	Elia/Gundersen/Farrell	Sulpizi/Fink	Baldychev/ Shately	Gundersen
31-Jan`	Peck/ Wales	Hojnicki/Souder	Sulpizi	Farrell
7-Feb	Hojnicki/Flynn/Roberts	Sheeler/Baldychev	Riley	Skomorucha