



St. Michael the Archangel Orthodox Church

A Parish of the Orthodox Church in America

2300 W. Huntington Drive, Wilmington, Delaware 19808 • (302) 995-6775

Sunday June 11, 2017 — 1st SUNDAY AFTER PENTECOST — Tone 8. Holy Apostles Bartholomew and Barnabas (1st c.). All Saints. Ven. Barnabas, Abbot of Vetluga (1445). Uncovering of the Relics of Ven. Ephraim, Abbot of Novotórgsk (1572). Commemoration of the appearance of the Archangel Gabriel to a monk on Mt. Athos, and the revelation of the hymn, “It is truly meet...” (Axion Estin). Icon of the Most-holy Theotokos, “IT IS TRULY MEET” (“AXION ESTIN”) (10th c.). (Note: The service for the Apostles is transferred to June 12.)

This Week’s Schedule

Saturday 6/10 *Great Vespers 5:00 p.m.*

Sunday 6/11 *Divine Liturgy 9:00 a.m.*
followed by Coffee Hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Jun-11	LEWIS	PECK	PECK
Jun-18	BUNITSKY	BUNITSKY	BRASOWSKI
Jun-25	SOUDER	SULPIZI	CAREY

Hymns and Prayers

Tone 8 Troparion *(Resurrection)*

You descended from on high, O Merciful One!
You accepted the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to You!

Tone 4 Troparion *(from the Pentecostarion)*

As with fine porphyry and royal purple,
Your Church has been adorned with Your martyr's blood shed through-
out all the world.
She cries to You, O Christ God:
“Send down Your bounties on Your people,//
grant peace to Your habitation and great mercy to our souls!”

Tone 8 Kontakion *(from the Pentecostarion)*

The universe offers You the God-bearing Martyrs
as the first fruits of creation, O Lord and Creator.
By their prayers keep Your Church, Your habitation, in abiding peace//
through the Theotokos, O most Merciful One!

Tone 8 Prokeimenon *(Resurrection)*

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)
v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)

Tone 4 Prokeimenon *(Saints)*

God is wonderful in His saints, the God of Israel. (*Ps 67/68:35*)

Epistle Hebrews 11:33-12:2

who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection.

Still others had trial of mockings and scourgings, yes, and of chains and imprisonment.

They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented –

of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us.

Therefore, we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Tone 4

Alleluia, Alleluia, Alleluia!

v. The righteous cried and the Lord heard them and delivered them out of all their troubles. (Ps 33/34:18)

v. Many are the afflictions of the righteous; the Lord will deliver them out of them all. (Ps 33/34:20)

Gospel Matthew 10:32-33, 37-38; 19:27-30

Therefore whoever confesses Me before men, him I will also confess before My Father who is in heaven.

But whoever denies Me before men, him I will also deny before My Father who is in heaven.

He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me.

And he who does not take his cross and follow after Me is not worthy of Me. Then Peter answered and said to Him, “See, we have left all and followed You. Therefore what shall we have?” So Jesus said to them, “Assuredly I say to you, that in the regeneration, when the Son of Man sits on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name’s sake, shall receive a hundredfold, and inherit eternal life. But many who are first will be last, and the last first.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

Ss. Peter and Paul Fast The spirit of Holy Pentecost leads us to another feast and fast of the church. The feast of the ***Holy Apostles Peter and Paul is celebrated on June 29th***. From the 4th Century on, the Church has celebrated this feast which is spiritually linked with Holy Pentecost. It stands as the witness of the Apostles immediate fruit at the descent of the Holy Spirit when it came upon them. The Feast is preceded by a fasting period called Saints Peter and Paul Fast.” The fast is different from year to year since it always begins on the Monday following All-Saints' Sunday (1st Sun. after Pentecost). The fast in preparation for the feast begins this year on June 12th and continues to the feast on June 29th

Baptism Welcome Yesterday we welcomed into the Church Johan Asfeha-Waters by the Sacrament of Holy Baptism & Chrismation. May God bless and keep this newly enlisted warrior of Christ for many years!

Parish Council Meeting We will have our June parish council meeting this Wednesday June 14th at 7:00 p.m. All council members please return the signed “*Abbreviated PSP's of the Orthodox church in America*”

Parish Pot Luck/ Fellowship We hope that during the Summer months that we can extend our pot lucks to include some extended fellowship outdoors. We invite all to stick around today for our parish potluck and some extended fellowship outside. (weather permitting)

Study Group Summer Break Our Study group will be taking a break for the Summer months. Please be sure to continue with the reading from “The Ladder of Divine Ascent”. We will resume once again in September.

Church Library Summer Reading: Now that the nice weather is upon us, recharge your spiritual life by checking out one of the books at the library table, outside the Church Hall. Our library team has set out a new selection of books, and there's something to inspire everyone: Saint's lives, books on the spiritual life, books on prayer, and books for the kiddos. Check it out today.

Traveling this Summer? Try to Go to Church! Visit the “Orthodoxy in America” website to find an Orthodox Church wherever you are heading. All the canonical Orthodox jurisdictions (OCA, Greek, Antiochian, Serbian, etc.) are listed together on this one helpful site: www.orthodoxyinamerica.org - Check it out! Also, Father Barnabas can contact a priest ahead of time for you to inform him that you would like to come for Holy Communion at the Liturgy. If you do travel, also please remember to not take a vacation from your Financial support of our parish! We are here even when you are not! Thank you, God bless your travels and come back safe and sound!

For Times of Trouble

June 13 is the feast day of Saint Aquilina, who lived for only twelve years and came from Byblos, a town in Palestine.

Even as a little girl, Aquilina felt a profound closeness to Jesus Christ. By the time she was ten she preached powerfully, thrilling her friends with descriptions of the beauty and glory of the Kingdom, and speaking with conviction about Christ's miracles and His care for the destitute. Aquilina's youth was no protection against arrest by those in power who viewed Christianity as a threat to proper veneration of the gods and the emperor. She was brought before the governor Volusianus. He is described, in traditional Christian sources, as "more like a beast than a man," so he must have been especially intimidating to this very young girl.

Knowing that she would face extremes of pain at the hands of a hater of Christ, Aquilina prayed for strength and support in this time of trouble. She refused to be silent about her love for Christ, and for this she was tortured so brutally that she collapsed. Volusianus believed she was dead, and ordered her body to be discarded in a field without ceremony.

But Aquilina continued to pray, asking that she be allowed to have a martyr's death. An angel appeared to her, and a heavenly voice told her that it would be as she wished. She rose, and walked to the governor's palace. There she appeared, a kind of ghostly figure, before Volusianus as he lay in bed.

The terrified governor immediately ordered that she be beheaded. The next day, before losing her life, the twelve-year-old Aquilina peacefully surrendered her spirit to God.

The "Akathist to Almighty God for Help in Trouble" (printed in an attractive, readable format by St. Paisius Orthodox Monastery, with the permission of Priest Gregory Williams of the St. John of Kronstadt Press) is an excellent prayer resource for our own times of trouble.

The verses acknowledge that we are sinful creatures, but also remind us that our Creator has exalted us in many ways. For example, the gift of human speech is compared with God's Creation in this way: "O Lord, my Lord, by whose Word the heavens have been established, make me steadfast in the confession of Thy holy name."

Another comparison asks God to grant the kind of courage that saints like Aquilina showed: "O Lord, my Lord, who didst fill the martyrs with boldness when they stood before the tribunals, grant me boldly to stand against sin, the world and the devil."

Father Demetrios Carellas, in an introduction, suggests using the Akathist in personal prayer. He recommends reading it frequently, first as "maintenance medication" against the passions we encounter daily. In addition, familiarity with the words will enable us to "build up a stockpile of 'spiritual ammunition,' from which we can receive additional courage when we are faced with a major crisis or definite demonic attack."

We can be thankful for saints like Aquilina, and also for prayers like this Akathist that help us try to emulate them.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at

<http://dce.oca.org>

Wisdom from the Holy Fathers

Among the saints exists a very sharp [acute] conscience. That which average people consider a minor sin, the saints consider to be a great transgression. It is said of the Abba Daniel that on three occasions robbers captured him and took him into the forest. Fortunately, on two occasions he saved himself from slavery but the third time when he wanted to escape, he struck one of them with a stone, killed him and fled. This murder preyed on his conscience as heavy as lead. Perplexed as to what he should do, he went to the Alexandrian Patriarch Timothy, confessed to him and sought advice. The patriarch consoled him and absolved him from any epitimija [penance]. But his conscience still worried him and he went to the pope in Rome. The pope told him the same thing as did Patriarch Timothy. Still dissatisfied, Daniel visited in succession the other patriarchs in Constantinople, Antioch and Jerusalem confessing to all of them and seeking advice. But, he remained unsatisfied. Then he returned to Alexandria and declared himself to the authorities as a murderer. The authorities arrested him. When the trial was held before the prince, Daniel related everything that had happened and begged to be killed in order to save his soul from eternal fire. The prince was amazed at all of this and said to him: "Go, Father, and pray to God for me even though you kill seven more!" Dissatisfied with this, Daniel then decided to take a leperous man into his cell and to serve him until his death and when this one dies to take another. Thus he did and so, in this manner, quieted his conscience.

Prologue

'It is God's task to administer the world and the soul's task to guide the body.'

St. Thalassios the Libyan

for the Departed: Anwor Kawaja, Edmund, Sophia, Michael Sensor, Agnes Timchak, Joseph Fetchina

Prayers for the Sick and Those in Need: Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Michael Hatrak, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Lemlem Resat, Alfred Mokhiber, Peter Melnik, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Michael Vannello, Catalina(Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Carson, Stephen, Maria, Aiden, Peck family, Anne Peck, George Coyle, Joanna Carey, Anthony, Nedwin & Pearl Minnich, Patricia, Ketevan, & Claramond Sensor

Prayers for Women and the Child to be born: Tatyana Klimova, Elizabeth Clause

Prayers for Catechumens: Stephanie Smiertka Riley

Prayers Newly Illumined/ Chrismated: Josephine Didonatos, Carolyn Peck, Johan Asfeha-Waters

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
11-Jun	Whalen/ Clause/ Sheeler/ Gabriel	Silpizi/ Fink	Farrell	Lewis
18-Jun	Father's Day	Hojnicki/ Souder	Gerassimakis	Gundersen
25-Jun	Najemy/ Kendall	Sheeler/ Baldychev	Hines	Farrell
2-Jul	Pot Luck (Set up & clean up All help)	Bunitsky/Lewis	Clause/Whalen	Skomorucha

Altar Server Schedule

Jun-11	Andrew George
Jun-18	Luke Conover
Jun-25	Nicholas Conover