



Sunday March 4, 2018 SECOND SUNDAY OF LENT
 — **Tone 6. St. Gregory Palamas.** *Synaxis of the Venerable Fathers of the Kiev Caves Lavra. Ven. Gerasimus of the Jordan (475). Ven. Gerásim of Vologdá (1178). Ven. Joasaph of Snetogórsk (Pskov—1299). Rt. Blv. Prince Basil (Vasilko) of Rostov (1238). Rt. Blv. Prince Daniel of Moscow (1303). Martyrs Paul and his sister, Juliana (ca. 273).*

This Week's Schedule

Wednesday 3/7 *Presanctified Liturgy 6:30 p.m.*

Friday 3/9 *Akathist 6:30 p.m.*

Saturday 3/10 *Great Vespers 5:00 p.m.*

Sunday 3/11 *Veneration of the Cross Hours 8:40 a.m.*

Divine Liturgy 9:00 a.m.

Followed by Coffee hour & Church School

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Mar-4	SOUDER	PECK	PECK
Mar-11	LEWIS	SULPIZI	CAREY
Mar-18	BUNITSKY	BUNITSKY	LEWIS
Mar-25	LEWIS	SOUDER	FINCK

Hymns and Prayers

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.//
O Lord, Who didst rise from the dead, glory to Thee.

Tone 8 Troparion *(St Gregory Palamas)*

O light of Orthodoxy, teacher of the Church, its confirmation,
O ideal of monks and invincible champion of theologians,
O wonderworking Gregory, glory of Thessalonica and preacher of
grace.//
always intercede before the Lord that our souls may be saved!

Tone 4 Kontakion *(from the Lenten Triodion)*

Now is the time for action!
Judgment is at the doors!
So let us rise and fast,
offering alms with tears of compunction and crying:
“Our sins are more in number than the sands of the sea;
but forgive us, O Master of all,//
so that we may receive the incorruptible crowns!”

Tone 8 Kontakion *(St Gregory Palamas)*

Holy and divine instrument of wisdom,
joyful trumpet of theology,
together we sing thy praises, O God-inspired Gregory.
Since thou now standest before the Original Mind, guide our
minds to Him, O Father,//
so that we may sing to thee: “Rejoice, O preacher of grace!”

Tone 5 Prokeimenon

Thou, O Lord, shalt protect us and preserve us from this
generation forever. (*Ps 11/12:7*)

v: Save me, O Lord, for there is no longer any that is godly! (Ps 11/12:1)

Tone 1 Prokeimenon *(for St Gregory)*

My mouth shall speak wisdom, the meditation of my heart shall be understanding. *(Ps 48/49:3)*

Epistle Hebrews 1:10-2:3

And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands.

They will perish, but You remain; and they will all grow old like a garment;

like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail."

But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"?

Are they not all ministering spirits sent forth to minister for those who will inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest we drift away.

For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward,

how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

Hebrews 7:26-8:2 *(St Gregory Palamas)*

For such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; who does not need daily, as those high priests, to offer up sacrifices, first for his own sins and then for the people's, for this He did once for all when He offered up Himself.

For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever.

Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens, a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

Tone 6

Alleluia, Alleluia, Alleluia!

v: He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps 90/91:1)

v: He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps 90/91:2)

Tone 2 (Triodion)

v: The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps 36/37:30)

Gospel Mark 2:1-12

And again He entered Capernaum after some days, and it was heard that He was in the house.

Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them.

Then they came to Him, bringing a paralytic who was carried by four men.

And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts?"

Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'?

But that you may know that the Son of Man has power on earth to forgive sins" – He said to the paralytic,

"I say to you, arise, take up your bed, and go to your house."

Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

John 10:9-16 (St Gregory Palamas)

I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture.

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. I am the good shepherd. The good shepherd gives His life for the sheep. But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them.

The hireling flees because he is a hireling and does not care about the sheep.

I am the good shepherd; and I know My sheep, and am known by My own.

As the Father knows Me, even so I know the Father; and I lay down My life for the sheep.

And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd.

Instead of “It is truly meet ...,” we sing the following:)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace:
the assembly of Angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child:
our God before the ages.
He made thy body into a throne,
and thy womb He made more spacious than the heavens.
All of creation rejoiceth in thee, O Full of Grace://
Glory to thee!

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (*Ps 111/112:6b-7a*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

Lenten Retreat Help On March 17th we are planning on having a Lenten retreat. The guest speaker will once again be Frederica Mathewes-Green. She will be speaking on "Mary as the Early Christians Knew Her". We are in need of a few volunteers to help with food preparations, set up and clean up. Please see Alice Morjana to volunteer. We are also looking for some volunteers to take care of finding and heading up child care in the basement during the retreat. Please see Jeff Kendall if you can help.

Archbishop MARK to Visit for Pascha We are happy to announce that His Eminence Archbishop MARK will join us this year for Holy Pascha. Archbishop MARK will spend Holy Week visiting different parishes and will be with us for Pascha night (Nocturnes, Matins, Paschal Divine Liturgy). His Eminence will also be with us for our Pascha night agape & sharing of the baskets.

Pot Luck & the Life of a Saint after Presanctified on Wednesdays On Wednesday evenings during Great Lent we will be having Lenten pot luck dinners along with a presentation on the life of a saint. All are welcome to join us. Please see Fr. Dn. James if you are interested in presenting or reading the life of a saint.

Read a book during Lent! Check out the library table today at coffee hour; new books have been put out for this season of Lent. More titles are available downstairs in the library. If there is an additional book that you would like the bookstore to order, please see Juliana Bunitsky or Mary Anne Farrell.

Lenten Confessions During the Lenten season confessions will be available on Wednesday evenings at 5:30 p.m. prior to Presanctified Liturgy. Time for confession is also available on Saturday evenings following Great Vespers.

New Ministry Opportunity Attention Ladies: a group of us are meeting during the first part of coffee hour on March 11, to discuss forming a "40 day club" to help moms who have had a new baby, during the 40 days after birth. We're looking for people to fix meals to be dropped off at the home; and for others to go to the home in teams of two and help out for an evening or two, doing whatever is helpful, playing with siblings, helping with light housework, dishes, laundry, holding the baby while

mom rests, etc. This ministry would provide a marvelous time of fellowship and provide wonderful support for the families of our parish. Please come to the coffee hour meeting if you can help in any of the ways listed above, or with organization and coordination. Any questions please see Juliana Bunitsky.

Family Promise Ministry We'll be providing dinners and fellowship for Family Promise Monday, March 26th and Tuesday, 27th at St. Philips Lutheran Church (5320 Limestone Rd. 19808). However, on Thursday, March 29th, we will serve dinner here in St. Michael's social hall due to evening services at St. Philips. Please sign up to help on the board in the narthex and contact Ellen Gundersen with questions 610.388.0695.

Presanctified Liturgy On Wednesday evenings we will be celebrating the Presanctified Liturgy. This evening Liturgy consisting of Vespers, followed by a portion of the full Liturgy. The Liturgy of the Presanctified Gifts comes after a day of spiritual preparation and abstinence. All who plan on participating in Holy Communion for the Presanctified Liturgy, should eat a light Lenten meal in the morning or mid-morning and begin fasting for communion by mid-day. Reminder that our Presanctified Liturgy will be followed by a Lenten pot luck dinner. All are welcome to come and share in the extra fellowship as we make our journeys together to Pascha.

Now Serving the Liturgy of St. Basil the Great During the Lenten season we may notice that the Divine Liturgy is a little different. This is because we are celebrating the Liturgy of St Basil the Great. In the 4th century Church the liturgy of St. Basil was celebrated every Sunday and feast day of the whole year. It was the official Eucharistic Liturgy to be celebrated on a regular basis throughout the year. Towards the end of the first quarter of the second millennium the Liturgy of Saint Basil was replaced by the liturgy attributed to Saint John Chrysostom another 4th century father of the Church. Some say that the reason for the celebration of Saint Basil's liturgy during Lent is because of the conservative liturgical character of Lent. And since it is the intention of the Church to dedicate more time to prayer during Lent, that it is a good opportunity to teach the faithful dogma by offering for their hearing and singing the profound and all-embracing theological elucidations of the Basilian Liturgy. It is also said that it served during lent because of its expressively doctrinal and educational character. Listen and you will hear the wisdom and beauty of this liturgy on the Sunday's of Great Lent. Handouts will be available.

Prayers for the Departed: *Matuska Mary Perez, Matushka Barbara Kucynda, Mark Gundersen*

Prayers for the Sick and Those in Need: *Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Catalina (Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Benjamin, Charles, Patrica, Lubov, Marilyn Coyle, Alfred Mokhiber, Stephanie Hojnicky, Mary Alice Salay, Phillip McKelvey*

Prayers for Women and the Child to be born: *Maria Peck, Rachel Facaros, Leah Reed, Jacquelyn Marie Wham*

Prayers for Catechumens: *Stephanie Smiertka Riley*

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
4-Mar	POT LUCK - Sulpizi	Telep/Baldychev	Suplizi	Skomorucha
11-Mar	Elia/Gunderson/Farrell	Bunitsky/Lewis	Riley	Maloney
18-Mar	Oberto/Peck	Elia/Morjana	Bunitsky	Lewis
25-Mar	Pacienza/George	Riley/Riley	General Cleaning	Gundersen
1-Apr	POT LUCK - Finck	Sulpizi/Finck	Farrell	Farrell

Church School Reminder

March 4 Class
March 11 Class
March 18 Class

March 25 Class Annunciation
April 1 No Class Palm Sunday
April 8 No Class Holy Pascha