



**Sunday April 03, 2016 THIRD SUNDAY OF LENT —
Tone 3. Veneration of the Cross.** Ven. Nicetas the Confessor, Abbot of Medikion (824). Virgin Martyr Theodosia of Tyre, and Martyr Irene (307-308). St. Illyricus of Mt. Myrsinon in the Peloponnesus. Martyrs Elpidephorus, Dius, Bithonius and Galycus.

This Week's Schedule

- Wednesday 4/06 Presanctified Liturgy 6:30 p.m.
- Thursday 4/07 *Study Group 10:00 a.m.*
- Friday 4/08 Akathist 7:00 p.m. *followed by Study Group*
- Saturday 4/09: Great Vespers 5:00 p.m.
- Sunday 4/10: Hours 8:40 a.m. **Divine Liturgy 9:00 a.m.**
followed by Coffee hour & Church School

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Apr-3	SOUDER, C	WALES	WALES
Apr-10	BUNITSKY, S	BUNITSKY, K	PECK
Apr-17	RILEY, J	RILEY, A	RILEY, J

Hymns and Prayers

Tone 3 Troparion *(Resurrection)*

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Tone 1 Troparion *(for the Cross)*

O Lord, save Your people,

and bless Your inheritance!

Grant victories to the Orthodox Christians

over their adversaries;

and by virtue of Your Cross//

preserve Your habitation!

Tone 7 Kontakion *(for the Cross)*

Now the flaming sword no longer guards the gates of Eden;
it has been mysteriously quenched by the wood of the
Cross.

The sting of death and the victory of hell have been
vanquished;

for You, O my Savior, have come and cried to those in
hell://

“Enter again into Paradise!”

(In place of the Trisagion, we sing:)

Before Your Cross, we bow down in worship, O Master,
and Your holy Resurrection, we glorify.

Tone 6 Prokeimenon *(Cross)*

O Lord, save Your people and bless Your inheritance! (*Ps*
27/28:9)

v: To You, O Lord, will I call. O my God, be not silent to
me! (Ps 27/28:1)

Epistle Hebrews 4:14-5:6

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession.

For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.

Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins.

He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness.

Because of this he is required as for the people, so also for himself, to offer sacrifices for sins.

And no man takes this honor to himself, but he who is called by God, just as Aaron was.

So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, Today I have begotten You."

As He also says in another place: "You are a priest forever According to the order of Melchizedek";

Tone 8 *

Alleluia, Alleluia, Alleluia!

v: Remember Your congregation, which You have purchased of old! (Ps 73/74:2)

v: God is our King before the ages; He has worked salvation in the midst of the earth! (Ps 73/74:12)

Gospel Mark 8:34-9:1

When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me.

For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it.

For what will it profit a man if he gains the whole world, and loses his own soul?

Or what will a man give in exchange for his soul?

For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.

And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

(Instead of "It is truly meet ...," we sing:)

Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace:

the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise,

the glory of virgins,

from whom God was incarnate and became a Child –

our God before the ages.

He made your body into a throne,

and your womb He made more spacious than the heavens.

All of creation rejoices in you, O Full of Grace.//

Glory to you!

Communion Hymn

The light of Your countenance has shone on us, O Lord.

(Ps 4/5:6)

Alleluia, Alleluia, Alleluia

This Week's Announcements

April 16th Cleanup In Preparation for Holy week and Pascha we will have a parish wide cleanup on Saturday April 16 at 9:00 a.m. Please consider coming to help.

Parish Council Meeting This is just a reminder that our next parish council meeting this Thursday, April 7th at 7:00 p.m.

Lenten Mission Vespers St. Michaels will be hosting a Lenten Mission Vespers on Sunday, April 17th at 4:00 pm. We will need assistance with food preparation, table setup and cleanup. We are planning a simple, limited menu in large quantity, as this is usually a well-attended service. Please contact Alice Morjana at 302.588.5836 or email at alusakm@aol.com to let her know how you can help!

Study Group & The Ladder of Divine Ascent During the season of Great Lent Fr. Barnabas will be offering a Study group Thursday mornings at 10 a.m. We will also offer on Friday evenings following the Akathist a study and discussion group on St. John Climacus' "Ladder of Divine Ascent". Please make plans on joining us on Thursday mornings and Friday evening following services.

Presanctified Liturgy On Wednesday evenings we will be celebrating the Presanctified Liturgy. The Liturgy of the Presanctified Gifts comes after a day of spiritual preparation and abstinence. All who plan on participating in Holy Communion for the Presanctified Liturgy who are unable to make the effort of total fasting because of weaknesses or illness, should eat a light lenten meal in the morning or mid morning and begin fasting for communion by noon. Reminder that our Presanctified Liturgy will be followed by a lenten pot luck dinner. All are welcome to come and bring a lenten dish and share in the extra fellowship as we make our journeys together to Pascha.

Mission Coin Boxes for OCMC The Orthodox Christian Mission Center annual Mission Coin box program is an excellent opportunity to put our faith in action during the Lenten weeks. Funds raised through the mission coin boxes assist the further growth of ministries that support Christ's Church around the world. In 2015 over \$30,000 were raised through this program. Mission coin boxes will be collected at the end of Lent. Please take a box and consider giving extra this lenten season.

Check out a Book for Lent We have plenty of reading material available for the Lenten season in our parish library. Please take a look! If you cannot find the materials you are looking for in our parish library please let us know.

The Prayers of Saint Basil

On Holy Saturday this year, we celebrate the Divine Liturgy of Saint Basil, as we have on all the Sundays of Great Lent. We return to the Liturgy of Saint John Chrysostom on Holy Pascha.

The prayers of Saint Basil's Liturgy are rich in meaning. For example, they are filled with reminders of the incredible things God has done for us. The First Prayer of the Faithful begins, "Thou, Lord, hast revealed to us this great mystery of salvation." The Offertory Prayer addresses God, "O Lord, our God, who hast created us and brought us into this life, who has shown us the ways to salvation, and bestowed on us the revelation of heavenly mysteries..."

In the Prayer of Commemoration, Saint Basil names some ways God did these things: by speaking to us through the prophets, enabling saints to do mighty works, giving us the Law as a help, and appointing angels as our guardians. Then, in the fullness of time, He gave the greatest gift of all, sending His Son who was God before the ages but was "likened to the body of our lowliness, that He might liken us to the image of His glory."

Saint Basil asks God to show His mercy to human beings in all kinds of situations, with complete trust that He will do so. For catechumens Basil asks, "Grant them a light yoke." With human frailty in mind he calls on God to remember the people who might not be remembered in prayer by those serving at the altar "through ignorance, forgetfulness, or the multitude of names..." As part of the long First Prayer of Intercession he asks God to "defend the widows, protect the orphans, free the captives, heal the sick" and remember those in courts, mines, exile, harsh labor, affliction, necessity or distress.

In a series of questions, Basil expresses his own wonder at God's magnificence: "Who can utter Thy mighty acts? Or make all Thy praises known? Or tell of all Thy miracles at all times?"

In the Prayer of Preparation, Saint Basil acknowledges the responsibility we assume by receiving the Body and Blood of Christ. He asks that God "let none of us be guilty of these, Thy heavenly Mysteries, nor be infirm in soul and body by partaking of them unworthily." Instead, may our receiving them worthily be "a support on the road to eternal life and an acceptable defense at the dread judgment seat of Thy Christ."

These prayers reflect many things we know of Saint Basil as a person. He gave comfort and care to those in all kinds of need, and lovingly interacted with lepers centuries before the famous Father

Damian of Molokai did so. He enjoyed and was humbly amazed by the beauty of God's creation and miracles. He saw it as every Christian's duty to realize the great privilege of Eucharistic participation.

Saint Basil's many writings also express these things. But by worshipping at the Liturgy bearing his name, we share them with him, as part of the Church he described as stretching "from end to end of the universe."

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at

<http://dce.oca.org>.

Prayers for the Departed: Archpriest John Udics, Archimandrite Athanasz, Michael Churozy, Michael Boosalis, Gregory Telep, Raymond Popovich, Georgia Harb

Prayers for the Sick and Those in Need: Fr. Vladimir Petorak, Fr. Joseph Chupeck, Fr. Josef Petranin, Mat. Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Lemlem Resat, Harry Wujcik, Alfred Mokhiber, Peter Melnik, Lily Nassif, Agnes Timchak, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, Maria Current, Anna Herko, Zack Bajuyo, Luke Wales, Nona Carey, Joseph Wojciechowski, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Caiton Tompkins, Michael Vannello, Catalina(Mary) & Jeremy (John) Fink, Alma, Mark, Rae, Mat. Joanna, Rachael

Prayers for Women and the Children to be Born of Them: Maria Peck,, Matushka Anastasia Hojnicky

Service Ministries

Date	<u>Coffee/ Fellowship Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
3-Apr	Souder/ Riley	Riley	Sulpizi	Gundersen
10-Apr	Kraiter/Cretu/ Vladimirova	Elia/ Morjana	Riley	Farrell
17-Apr	Bacuta	Sulpizi/Fink		Skomorucha
24-Apr	Oberto	Hojnicki/Souder	Bunitsky/ Oberto	Maloney

ALTAR SERVER SCHEDULE

DATE	VESPERS and LITURGY
Apr-3	Team George
Apr-10	Team Conover
Apr-17	Team Gabriel
Apr-24	Team George

Last Week's Attendance
 03/26 Vespers.....38
 03/27 Divine Liturgy.....100