



**Sunday October 02, 2016 15th SUNDAY
AFTER PENTECOST — Tone 6.** Hieromartyr Cyprian, Virgin Martyr Justina, and Martyr Theoctistus, of Nicomedia (304). Bl. Andrew, Fool-for-Christ, at Constantinople (936). Repose of Rt. Blv. Princess Anna of Kashin (1338). Ven. Cassian of Uglich (1504). Martyrs David and Constantine, Princes of Georgia (740). Righteous Warrior Theodore Ushakov (1817).

This Week's Schedule

Saturday 10/08 Great Vespers 5:00 p.m.

Sunday 10/09 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

followed by coffee hour_ & church school

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Oct 2	J RILEY	A RILEY	FINCK
Oct 9	LEWIS	PECK	PECK
Oct 16	L WALES	A WALES	L WALES
Oct 23	L SULPIZI	SOUDER	S BRASOWSKI
Oct 30	J RILEY	A RILEY	J RILEY

Hymns and Prayers

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Your tomb;
the guards became as dead men.
Mary stood by Your grave,
seeking Your most pure body.
You took hell captive,//
not being tempted by it.
You came to the Virgin, granting life.//
O Lord, Who rose from the dead, glory to You.

Tone 4 Troparion *(Hieromartyr Cyprian)*

By sharing in the ways of the Apostles,
you became a successor to their throne.
Through the practice of virtue, you found the way to divine
contemplation, O inspired one of God;
by teaching the word of truth without error, you defended the Faith, even
to the shedding of your blood.//
Hieromartyr Cyprian, entreat Christ God to save our souls!

Tone 6 Kontakion *(Resurrection)*

When Christ God the Giver of Life,
raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.//
He is the Savior of all, the Resurrection, the Life, and the God of all.

Tone 1 Kontakion *(Hieromartyr Cyprian)*

You turned from the art of sorcery to the knowledge of God,
and were shown forth as a skillful healer for the world, Cyprian, inspired
by God.
Together with Justina you grant cures to those who honor you;//
With her, pray to the Master Who loves mankind that He may save our
souls!

Tone 6 Prokeimenon

O Lord, save Your people, and bless Your inheritance! (*Ps*
27/28:9))

*v: To You, O Lord, will I call. O my God, be not silent to me!
(Ps 27/28:1)*

Epistle 2 Corinthians 4:6-15

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us.

We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body.

For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh.

So then death is working in us, but life in you.

And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you.

For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

Tone 6

Alleluia, Alleluia, Alleluia!

v: He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps 90/91:1)

v: He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps 90/91:2)

Gospel Luke 6:31-36

And just as you want men to do to you, you also do to them likewise. But if you love those who love you, what credit is that to you? For even sinners love those who love them.

And if you do good to those who do good to you, what credit is that to you? For even sinners do the same.

And if you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners to receive as much back.

But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. Therefore be merciful, just as your Father also is merciful.

Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

Family Promise St. Michaels needs volunteers to **cook and serve dinners to Family Promise families on October 10 (Mon), Oct. 11 (Tues), and Oct. 13 (Thurs)**. We will do this at the **new St. Philips Lutheran Church** (our co-host) on **5320 Limestone Road, Wilmington**. Please sign up to drive, cook, serve dinner and share your compassion and hope with homeless families in our area. Now that St. Philips completed construction of their new building, it's also a great way to take a look around!!! Sign up on board in Narthex or contact Ellen Gundersen 610.388.0695 or puffins1@verizon.net.

All Parish Meeting On Sunday October 23rd, 2016, during the coffee hour, we will have our Annual All Parish Meeting. Please make plan to stay following Divine Liturgy for this important work in the life of the church.

Reports for Parish Meeting Just a reminder that all reports for the annual meeting should be sent to Catalina Finck as soon as possible in preparation for the all parish meeting.

Participate in Our Parish Health Survey! We invite everyone to participate in our Parish Health Survey. Your input is important to us. Through your participation in the survey we hope to evaluate the ongoing work at St. Michael's. We also hope to identify strengths and weaknesses in our overall parish witness and ministry. We plan to have preliminary survey results at our annual parish meeting. The survey can be found as a part of Google forms at <http://goo.gl/forms/HsSdzYhIOoerSQPJ2> Deadline for surveys is October 16th, 2016. Please take a few moments to share your input.

Study Group Our study group resumed this past week. Five of us read and discussed the sixth step on "Remembrance of Death" in *The Ladder*

of Divine Ascent. We will meet again this Thursday at 10 a.m. All are welcome to join us.

Basics of Orthodoxy Class We will be offering a class on the “Basics of Orthodoxy” on Saturday evenings prior to Vespers at 4:00 p.m. All are welcome to join us.

From our Church Library: Now that a new church calendar year is upon us, recharge your spiritual life by checking out one of the books at the library table, outside the Coffee Hour room. Our library team has set out a new selection of books, and there's something to inspire everyone: Saint's lives, books on the spiritual life, books on prayer, and books for the kiddos. Check it out today.

A Bishop Unafraid of Beauty

On October 8 we remember Saint Pelagia, who lived in Antioch in the third century. As a young woman she was the most beautiful and desirable and best-known harlot in the city, a person who couldn't help attracting attention. With her fabulous jewels worn as part of everyday dress, her exotic scents that perfumed the air as she walked, and the cosmetics she artfully applied to enhance her beauty, Pelagia was an unforgettable figure.

Her story is closely intertwined with that of Bishop Nonnos, who was also well-known in Antioch for his gentle manner and his excellent sermons steeped in profound knowledge of the Scriptures and the Church's Tradition. Most of all he was renowned and respected for his ability to bring sinners to repentance by loving them and never humiliating them.

One day Bishop Nonnos and other bishops were meeting in a garden to discuss Church matters. As they talked together, Pelagia rode by, accompanied by servants and doting admirers. Several bishops turned their heads away to avoid the sight of the bold, laughing woman whose beauty only seemed to emphasize her immodesty. But one of them, Nonnos, did not turn away. He looked after her as she rode by, and it was clear to his companions that he was deep in thought.

Later, he told the other bishops what he was thinking. Pelagia was so diligent about adorning her outward self, he said, in order to please men. But how much time or energy did he and others who claimed to love God spend in adorning their souls, in order to

please Him? Why, Nonnos asked, were they so easily distracted from what should have been their only purpose—to make themselves a fitting habitation for their Lord? That night he prayed with tears that God would not condemn him, even though his soul was so poorly adorned.

A few days later, Bishop Nonnos was delivering one of his wonderful sermons to a large gathering. Pelagia, out shopping, found herself in the crowd. She paid little attention to the bishop's words, but in spite of herself she was drawn to what he was saying about God's judgment and the beauty of each person's immortal soul. She began to long for the true, pure love of the divine Bridegroom. What she'd had with her lovers seemed empty and ugly.

Pelagia's desire for closeness to God grew, and she sent a letter to Nonnos requesting baptism. He hesitated, but seeing her sincerity he granted her wish. She gave him her numerous possessions to be used for the poor, and then quietly left for Jerusalem. There she lived in deep seclusion, disguising herself as a man to avoid attention, near the Mount of Olives. Nearby monks came to know about the pious "Father Pelagios" and when she died they buried her, after overcoming their surprise that she was a woman, with great respect. The beauty that Bishop Nonnos was not afraid to look at had become even more beautiful, having been turned toward the Lord

Troparion - Tone 4

*Like a fragrant rose growing from thorns,
You were revealed to the Church through your virtuous deeds
Becoming a source of joy for the faithful.
You offered your life in sweet-smelling fragrance
To him who made you wonderful.
Entreat him to deliver us from every soul-destroying passion,
O righteous Pelagia!*

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America.

This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

'The conscience is a true teacher, and whoever listens to it will not stumble.'

St. Thalassios the Libyan

'Blessed the one who farms fair and good thoughts each day and by hope conquers the wicked passion of despondency, by which the Lord's ascetics are warred upon.'

St. Ephrem of Syria

Even if you are not what you should be, you should not despair. It is bad enough that you have sinned- why in addition do you wrong God by regarding Him in your ignorance as powerless? Is He, who for your sake created the great universe that you behold, incapable of saving your soul?

St. Peter Damaskos on Humility and Repentance

He who tries to conquer his own will by means of obedience and prayer is following a wise ascetic method. His renunciation of external things indicates his inward struggle.'

St. Mark the Ascetic

Prayers for the Departed: Harry Wujcik, Nabil Gouda

Prayers for the Sick and Those in Need: Fr. Vladimir Petorak, Fr. Joseph Chupeck, Fr. Josef Petranin, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Lemlem Resat, Alfred Mokhiber, Peter Melnik, Agnes Timchak, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, Maria Current, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Joseph Wojciechowski, Mona Elia, Lydia Kendall, , Maria and Doug Dozier, Mary Anne Farrell, Caiton Tompkins, Michael Vannello, Catalina(Mary) & Jeremy (John) Finck, Alma Clothier, Rae Svecz, Andrew Kovolavich, Pearl Minnich, John Griffith, Cynthia Griffith, Carson, Stephen, Maria, Aiden, Peck Family, Harry Kutch, Stephanie Hojnicky

Prayers for Women and the Children to be born of them:

Kristine

Service Ministries

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
9-Oct	Najemy/Kendall	Hojnicky/Souder	Farrell	Farrell
16-Oct	Kraiter/Cretu/ Vladimirova	Sheeler/ Baldychev	Kendall	Skomorucha
23-Oct	Bacuta	Bunitsky/ Lewis	Baldychev/ Shatley	Maloney
30-Oct				

ALTAR SERVER SCHEDULE

DATE

VESPERS and LITURGY

Oct-02

Team George

Oct-09

Team Conover

Oct-16

Team Gabriel

Oct-23

Team George