



Sunday March 5, 2017 FIRST SUNDAY OF LENT — Tone 4. Sunday of Orthodoxy. Martyr Conon of Isauria (1st c.). Finding of the Relics of Rt. Blv. Theodore, Prince of Smolensk and Yaroslavl', and his children Ss. David and Constantine, Wonderworkers of Yaroslavl' (1463). Egypt (ca. 308). Martyr Eulogius, of Palestine. Martyr Eulampius, of Palestine.

This Week's Schedule

- Wednesday 3/8 Presanctified Liturgy 6:30 p.m.*
- Friday 3/10 Akathist for the Departed 6:30 p.m.*
- Saturday 3/11 Memorial Service 4:00 p.m.*
Great Vespers 5:00 p.m.
- Sunday 3/12 Hours 8:40 a.m.*
Divine Liturgy 9:00 a.m.
followed by Coffee hour & Church School

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Mar-5	LEWIS	SULPIZI	CAREY
Mar-12	BUNITSKY	BUNITSKY	BRASOWSKI
Mar-19	LEWIS	SOUDER	FINCK
Mar 25	ANNUNCIATION		
Mar-26	RILEY	RILEY	RILEY

Hymns and Prayers

Tone 4 Troparion *(Resurrection)*

When the women disciples of the Lord
learned from the angel the joyous message of thy Resurrection,
they cast away the ancestral curse
and elatedly told the apostles:
“Death is overthrown!
Christ God is risen,//
granting the world great mercy!”

Tone 2 Troparion *(Sunday of Orthodoxy)*

We venerate Thy most pure image, O Good One;
and ask forgiveness of our transgressions, O Christ our God.
Of Thy good will Thou wast pleased to ascend the Cross in the flesh
and deliver Thy creatures from bondage to the Enemy.
Therefore with thankfulness we cry aloud to Thee:
“Thou hast filled all with joy, O our Savior,//
for Thou alone hast come to save the world.”

Tone 8 Kontakion *(from the Lenten Triodion)*

No one could describe the Word of the Father;
but when He took flesh from thee, O Theotokos, He accepted to be
described,
and restored the fallen image to its former state by uniting it to divine
beauty.//
We confess and proclaim our salvation in words and images.

Tone 4 Prokeimenon *(Song of the Fathers)*

Blessed art Thou, O Lord God of our fathers, and praised and glorified is
Thy name forever! *(Song of the three Holy Children, v. 3)*

v: For Thou art just in all that Thou hast done for us! (v. 4)

Epistle Hebrews 11:24-26, 32-12:2

*By faith Moses, when he became of age, refused to be called the son of
Pharaoh's daughter, choosing rather to suffer affliction with the people
of God than to enjoy the passing pleasures of sin, esteeming the reproach*

of Christ greater riches than the treasures in Egypt; for he looked to the reward.

And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets:

who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens.

Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection.

Still others had trial of mockings and scourgings, yes, and of chains and imprisonment.

They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented – of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

And all these, having obtained a good testimony through faith, did not receive the promise,

God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Tone 4

Alleluia, Alleluia, Alleluia!

v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps 99/100:6)

v: They called to the Lord and He answered them. (Ps 99/100:6)

Gospel John 1:43-51

The following day Jesus wanted to go to Galilee, and He found Philip and said to him, “Follow Me.”

Now Philip was from Bethsaida, the city of Andrew and Peter.

Philip found Nathanael and said to him, “We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph.”

And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see."

Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!"

Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you."

Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"

Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these."

And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

(Instead of "It is truly meet ... ," we sing the following)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace:
the assembly of Angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child:
our God before the ages.
He made thy body into a throne,
and thy womb He made more spacious than the heavens.
All of creation rejoices in thee, O Full of Grace.//
Glory to thee!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest!

(Ps 148:1)

Rejoice in the Lord, O you righteous; praise befits the just!

(Ps 32/33:1) Alleluia, Alleluia, Alleluia!

This Week's Announcement

Lenten Retreat On Saturday April 1st we will be offering a Lenten retreat. The guest speaker for the retreat is Frederica Mathewes-Green.

We are trying to get an accurate count of those planning on attending so we are asking if all would please sign up online at <http://www.signupgenius.com/go/409084aa4a92da0fd0-lenten>

Grass Cutting: We are looking for volunteers to assist with the grass cutting chores this year. There is a signup sheet in the Narthex. The intent is to set up teams of 3 people to work the cutting on a rotating basis. The more teams we can form, the less of a chore it is for everyone. Please help with this effort this year.

Collection for Fr. Nightingale Please see bulletin insert for an update and then pick up an alms bag for Fr. John in the church narthex.

Perogie Available Thanks to all who came and helped pinch perogies this past week. Perogies are available for sale in the church hall. Please see Elizabeth Melnick. Get them now before they are gone!

Diaper Drive We are conducting a Diaper Drive to benefit Catholic Charities Bayard House. Bayard House serves young mothers in need. Diapers of all sizes and baby wipes would be appreciated. To contribute, drop items off over the next two Sundays: Feb 25 and March 5. If you have any questions, see Anne Riley.

Study Group No study group this week (March 9th). Study group will resume next Thursday (March 16th) at 10 am with "The Ladder of Divine Ascent". All are welcome to join us.

Basics of Orthodoxy Update We will be offering the basics of Orthodoxy class on Friday evenings during the Lenten season. All are welcome to attend.

Young Adults In, or Out of, the Church

A few years ago, a book called "Soul Searching" investigated the spiritual lives of teenagers. It found that religion can be important to teens, but it also determined that many of them adhere to what it called "moralistic therapeutic deism." This can be defined as a belief in a kind, loving God who is not connected to any particular faith tradition, and who is there largely to help in solving personal problems.

"Souls in Transition" is author Christian Smith's follow-up to the earlier book, and it gives valuable insights into the lives of those he terms "emerging adults" between the ages of 18 and 23. Emerging adults marry relatively late, may spend several years in higher education, and rarely stay for decades at the same job because of the unreliable global economy. Many are unaffiliated with any institution, and have no commitment to a worshipping community.

So which, if any, of these emerging adults might make or keep a commitment to faith? Smith answers that it is those who, as teenagers, had examples of older people who practiced their faith. There are other factors (such as prayer, reading of Scripture, multiple religious experiences and the absence of strong doubts in the teen years) but the example of practiced faith is the strongest indicator of future commitment. Teens who have had no such example are unlikely to develop their spiritual lives as emerging adults, and will probably follow the societal trend of indifference, and sometimes hostility, to faith.

Smith rejects the idea that parents (or adult caretakers) become less significant in their children's lives during the teen years. In fact, parents' perception that their children don't want them to promote or "impose" religious beliefs, and their resulting fear of doing so, leaves the teens "floating in a directionless murk to figure out completely on their own some of life's most basic questions concerning reality, truth, goodness, value, morality and identity." It isn't that these children don't want their parents' involvement, Smith says. It's rather that they want it on "renegotiated" terms that "take seriously their growing maturity and desired independence."

Not only teens, but also the emerging adults who are the subject of this book benefit from the counsel, mentoring and simple presence of caring older people. Smith calls on the churches in America to recognize the unsettled and often disconnected years of emerging adulthood as a fairly new phenomenon in our fast-changing culture. Churches should create ways to reach out to emerging adults, just as they have created ways to reach out to other groups such as the elderly and families with young children.

But it really begins in the teen years, and well before. Children need relationships with adult faith models. Smith, being interviewed about "Souls in Transition," put it this way: "The most important factor is parents. For better or worse, parents are tremendously important in

shaping their children's faith trajectories. That's the story that came out in "Soul Searching." It's also the story that comes out here."

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America.

This and many other Christian Education resources are available at

<http://dce.oca.org>.

Wisdom from the Holy Fathers

'Love, unchangeable tranquility and our adoption as children of God are different from each other only in name. As light, fire and flame are present in the selfsame operation, so are these three manifestations of the Spirit. When someone is completely permeated with the love of God, the brightness of his soul is reflected by his whole personality as if in a mirror. Therefore the one who loves God also loves his brother or sister. Indeed, the second love is the proof of the first.'

St. John Climacus

"'And forgive us our debts as we also forgive our debtors.' For we have many sins. For we offend both in word and in thought, and very many things we do worthy of condemnation; and 'if we say that we have no sin, we lie,' as John says (1 John 1:8)... The offenses committed against us are slight and trivial, and easily settled; but those which we have committed against God are great, and need such mercy as His only is. Take heed, therefore, lest for the slight and trivial sins against you, you shut out for yourself forgiveness from God for your very grievous sins."

St. Cyril of Jerusalem

"We have one sword, the Prayer of Jesus. It is said "Strike the unseen enemies with this sword, for their is no more powerful weapon wither in Heaven of on earth."

St. Barsanuphius "Living without Hypocrisy"

Prayers for the Departed: Anwor Kawaja, Reader Nicholas Holowatch

Prayers for the Sick and Those in Need: Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Lemlem Resat, Alfred Mokhiber, Peter Melnik, Agnes Timchak, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Maria Current, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Michael Vannello, Catalina(Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Carson, Stephen, Maria, Aiden, Peck Family, Walter Danchenka, Anne Peck, George Coyle, Harry Lewis

Prayers for Women and the Child to be born: Tatyana Klimova

Prayers for Catechumens: Carolyn Peck, Stephanie Smiertka

Prayers for Newly Illumined/Chrismated: William(Michael) Wennburg, Emily (Theodora) Zushi, Misty (Mary) Robinson, Cedric Peck

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
5-Mar	Pot Luck	Elia/ Morjana	Baldychev/ Shatley- Sylvest	Farrell
12-Mar	Najemy/Kendall	Riley	Sulpizi	Skomorucha
19-Mar	Elia/ Gundersen/ Farrell	Sulpizi/ Fink	Riley	Maloney
26-Mar	Oberto/ C. Peck	Hojnicki/ Souder	General Cleaning	Lewis

ALTAR SERVER SCHEDULE

DATE

VESPERS and LITURGY

Mar-5

Team George

Mar-12

Team Conover

Mar-19

Team Gabriel

Mar-26

Team George

Attendance

Feb 26th Liturgy: 93