

Prayers for the Departed: Anwor Kawaja, Robert Germany

Prayers for the Sick and Those in Need: Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Lemlem Resat, Alfred Mokhiber, Peter Melnik, Agnes Timchak, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Michael Vannello, Catalina(Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Carson, Stephen, Maria, Aiden, Peck family, Anne Peck, George Coyle, Harry Lewis, Nicholas, Susanne, Josephine Didonatos family

Prayers for Women and the Child to be born: Tatyana Klimova, Elizabeth Clause

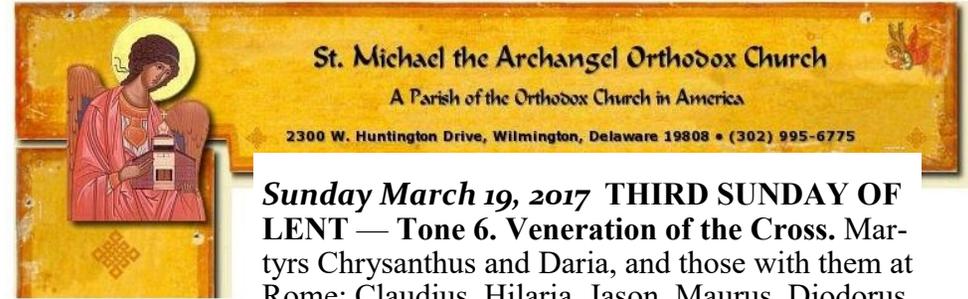
Prayers for Catechumens: Carolyn Peck, Stephanie Smiertka

Prayers for Newly Illumined/Chrismated: William(Michael) Wennburg, Emily (Theodora) Zushi, Misty (Mary) Robinson, Cedric Peck

<u>Date</u>	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
19-Mar	Elia/ Gundersen/ Farrell	Sulpizi/ Fink	Riley	Maloney
26-Mar	Oberto/ C. Peck	Hojnicki/ Souder	General Cleaning	Lewis
2-Apr		Sheeler/ Baldychev	Bunitsky	Gundersen
9-Apr	Pacienza/ George	Bunitsky/ Lewis	Farrell	Farrell

ALTAR SERVER SCHEDULE

DATE	VESPERS and LITURGY
Mar-19	Team Gabriel
Mar-26	Team George
Apr-02	Team Conover



Sunday March 19, 2017 THIRD SUNDAY OF LENT — Tone 6. Veneration of the Cross. Martyrs Chrysanthus and Daria, and those with them at Rome: Claudius, Hilaria, Jason, Maurus, Diodorus the Presbyter, and Marianus the Deacon (283). St. Innocent of Komel', disciple of St. Nilus of Sora (Vologdá—1521). Martyr Pancharius, at Nicomedia (ca. 302).

This Week's Schedule

Wednesday 3/22 Presanctified Liturgy 6:30 p.m.

Friday 3/24 Akathist to the Theotokos 6:30 p.m.

Saturday 3/25 Annunciation Liturgy 9:00 a.m.

Great Vespers 5:00 p.m.

Sunday 3/26 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.
followed by Coffee hour & Church School

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Mar-19	LEWIS	SOUDER	FINCK
Mar-25	ANNUNCIATION		
Mar-26	RILEY	RILEY	RILEY
Apr-2	WALES	WALES	WALES
Apr-9	BUNITSKY	BUNITSKY	FINCK

Hymns and Prayers

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.//
O Lord, Who didst rise from the dead, glory to Thee.

Tone 1 Troparion *(for the Cross)*

O Lord, save Thy people,
and bless Thine inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Thy Cross,//
preserve Thy habitation!

Tone 7 Kontakion *(for the Cross)*

Now the flaming sword no longer guards the gates of Eden;
it has been mysteriously quenched by the wood of the Cross.
The sting of death and the victory of hell have been vanquished;
for Thou, O my Savior, hast come and cried to those in hell://
Enter again into Paradise!

(In place of the Trisagion, we sing:)

Before Thy Cross, we bow down in worship, O Master, and Thy Holy Resurrection, we glorify.

Tone 6 Prokeimenon *(Cross)*

O Lord, save Thy people and bless Thine inheritance! *(Ps27/28:9)*

v: To Thee, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)

to my brethren, in the midst of the congregation I will praise thee" (2:12). These words are triumphant verses from the same psalm that Jesus quoted on the cross, "My God, my God, why have you forsaken me?" The agonized words spoken on the cross give way to the thankful words quoted here, just as the cross gave way to the Resurrection.

The next verses give insight into one of the greatest mysteries of our faith: the suffering of Our Lord. If He was to be our savior, "...he had to be made like his brethren in every respect" (2:17a). In other words, God humbled Himself to become one of us. Islam rejects this teaching, as do other faiths. But for us it is central, and the very last verse of the passage tells us why it's so important for humans who are so prone to mistakes and sins: "For because he himself has suffered and been tempted, he is able to help those who are tempted" (2:18).

Troparion - Tone 4

Today is the beginning of our salvation,
The revelation of the eternal mystery!
The Son of God becomes the Son of the Virgin
As Gabriel announces the coming of Grace.
Together with him let us cry to the Theotokos:
Rejoice, O Full of Grace,
The Lord is with You!

Wisdom from the Holy Fathers

A man's life, as He says, is not from his possessions, by reason of his having a superfluity. And this is plainly true: for the duration of a man's life is not extended in proportion to his wealth, nor does the sum of a man's life run parallel with that of his wicked gains.

St Cyril of Alexandria

Epistle Hebrews 4:14-5:6

Basics of Orthodoxy We will be offering the basics of Orthodoxy class on Friday evenings during the Lenten season. All are welcome to attend.

An Announcement of Life Shared with God

March 25 is the Feast of the Annunciation, when God announces to the world His plans to come to the world as a baby in the womb of a mother, just as we all do.

So the first chapter of Luke's Gospel tells of the archangel Gabriel presenting himself before a very young woman with words of great authority: "Hail, O favored one, the Lord is with you!" Mary is not so overcome by this amazing statement that she can't think. Though she is "greatly troubled" at what Gabriel says, she is able to "consider in her mind what sort of greeting this might be" (Luke 1: 29). When Gabriel describes in some detail what is to happen, and tells her that her little Jesus will be the Son of the Most High, she again shows presence of mind, and asks the very sensible question, "How can this be, since I have no husband?" (1:34).

Once Gabriel makes God's plan clear, Mary accepts what he has told her. In this she's different from Zechariah, who has been told about the birth of his own son, John the Baptizer, a few verses earlier. Zechariah responds to Gabriel with skepticism, and pays the price by being made temporarily mute. Mary, by contrast, is so joyful that she goes to greet Zechariah's wife Elizabeth, who is also her who is also her cousin, with the good news.

Luke has told us how Jesus Christ will become one of us, a Man born of a woman. On this day we also read Hebrews 2: 11-18, which describes the way we can now be joined with Him, as a family in faith. This is possible because "he who sanctifies {Jesus Christ} and those who are sanctified [all of us] have one origin. That is why he is not ashamed to call them brethren" (2:11).

The verse goes on to say that Jesus will show His brotherhood with His people in the words of a Psalm 22: "I will proclaim they name

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession.

For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.

Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins.

He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness.

Because of this he is required as for the people, so also for himself, to offer sacrifices for sins.

And no man takes this honor to himself, but he who is called by God, just as Aaron was

So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, today I have begotten You."

As He also says in another place: "You are a priest forever according to the order of Melchizedek";

Tone 8 *

Alleluia, Alleluia, Alleluia!

v: Remember Thy congregation, which Thou hast purchased of old! (Ps 73/74:2)

v: God is our King before the ages; He has worked salvation in the midst of the earth! (Ps 73/74:12)

Gospel Mark 8:34-9:1

When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me.

For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it.

For what will it profit a man if he gains the whole world, and loses his own soul?

Or what will a man give in exchange for his soul?

For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels."

And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

(Instead of "It is truly meet ...," we sing:)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace:

the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise,

the glory of virgins,

from whom God was incarnate and became a Child:

our God before the ages.

He made thy body into a throne,

and thy womb He made more spacious than the heavens.

All of creation rejoices in thee, O Full of Grace.//

Glory to thee!

Communion Hymn

The light of Thy countenance has shone on us, O Lord. (*Ps 4/5:6*)

Alleluia, Alleluia, Alleluia

This Week's Announcement

Lenten Retreat On Saturday April 1st we will be offering a Lenten retreat. The guest speaker for the retreat is Frederica Mathewes-Green. We are trying to get an accurate count of those planning on attending so we are asking if all would please sign up online at <http://www.signupgenius.com/go/409084aa4a92da0fd0-lenten>

Retreat Luncheon We are looking forward to our Lenten Retreat. The sign-up sheet for the luncheon is in the narthex. If you have any questions or wish to make a monetary donation, please see Alice Morjana, Hope LaChance, Ellen Gundersen or MaryAnne Farrell.

The Feast of Annunciation This Saturday March 25th is the Feast of the Annunciation to the Mother of God. We will celebrate with the Akathist on Friday evening at 6:30 p.m. and Divine Liturgy 9am Saturday

All Parish Clean-up Next Saturday, March 25th AFTER DIVINE LITURGY we will have a parish cleanup. Please bring buckets, rags for cleaning, and If anyone has a long dust pole for cleaning high places. We will be focusing on the details and need all ages to assist our efforts. Here are a few of the items on the list: cleaning windows inside & outside, nave, narthex, choir loft, candle stands, dusting, church hall, bathrooms up and down, kitchen...and the list goes on. This can be done joyfully and quickly with your help. Lunch will be provided. We will try and get a head start on Friday, March 24th at 9am..

Pussy willows for Palm Sunday If you have any pussy willow trees in your yards, will you please cut any pussy willow branches in early spring and bring them to church on Saturday, April 8th. They will be distributed along with palms.

Collection for Fr. Nightingale This Lenten season we are collecting for one of our diocesan clergy who suffered a severe fall. The funds collected will go towards renovations to his home and for a handicap vehicle for his use. Please consider participating and pick up an alms bag for Fr. John Nightingale in the church narthex.

Study Group Study group will continue this Thursday at 10 am with "The Ladder of Divine Ascent". All are welcome to join us.