



***Sunday September 17, 2017 15th SUNDAY AFTER PENTECOST — Tone 6. Afterfeast of the Elevation of the Cross. Sunday after Elevation. Martyr Sophia, and her three daughters: Faith (Vera), Hope (Nadézhdá), and Love (Liubóv', Charity), at Rome (ca. 137). Martyrs Theodota at Nicæa (ca. 230). Martyr Agathocleia (ca. 230). 156 Martyrs of Palestine, including Bishop Peleus and Nilus, the Presbyter, Zeno, the Noblemen Patermuthius and Elias, and others (ca. 310).***

***This Week's Schedule***

*Saturday 9/23 Great Vespers 5:00 p.m.*

*Sunday 9/24 Divine Liturgy 9:00 a.m.*

*followed by Coffee Hour*

**Reader Schedule**

<b>DATE</b>	<b>3<sup>RD</sup> HOUR</b>	<b>6<sup>TH</sup> HOUR</b>	<b>EPISTLE</b>
Sep 17	BUNITSKY	BUNITSKY	LEWIS
Sep 24	SULPIZI	SOUDER	BRASOWSKI
Oct 01	RILEY	RILEY	FINCK
Oct 08	LEWIS	PECK	PECK
Oct 15	WALES	WALES	WALES

## Hymns and Prayers

### **Tone 6 Troparion**      *(Resurrection)*

The Angelic Powers were at Thy tomb;  
the guards became as dead men.  
Mary stood by Thy grave,  
seeking Thy most pure body.  
Thou didst capture hell not being tempted by it.  
Thou didst come to the Virgin, granting life.//  
O Lord, Who didst rise from the dead, glory to Thee.

### **Tone 1 Troparion**      *(Cross)*

O Lord, save Thy people  
and bless Thine inheritance!  
Grant victories to the Orthodox Christians  
over their adversaries;  
and by virtue of Thy Cross,//  
preserve Thy habitation!

### **Tone 5 Troparion**      *(for the martyrs)*

Thou didst blossom in the courts of the Lord  
as a fruitful olive tree,  
holy martyr Sophia;  
in thy contest thou didst offer to Christ the sweet fruit of thy womb,  
thy daughters Faith, Hope, and Love.//  
Together with them intercede for us all!

### **Tone 6 Kontakion**      *(Resurrection)*

When Christ God the Giver of Life,  
raised all of the dead from the valleys of misery with His mighty hand,  
He bestowed resurrection on the human race.//  
He is the Savior of all, the Resurrection, the Life, and the God of all.

### **Tone 1 Kontakion**      *(for the martyrs)*

The holy branches of noble Sophia,  
Faith, Hope, and Love,  
confounded Greek sophistry through Grace.  
They struggled and won the victory

and have been granted an incorruptible crown by Christ the Master of all.

#### **Tone 4 Kontakion**      *(Cross)*

As Thou wast voluntarily raised upon the Cross for our sake,  
grant mercy to those who are called by Thy Name, O Christ God;  
make all Orthodox Christians glad by thy pow'r,  
granting them victories over their adversaries//  
by bestowing on them the invincible trophy, Thy weapon of peace!

#### **Tone 7 Prokeimenon**

Extol the Lord our God: worship at His footstool for He is holy! (Ps 98/99:5)

*v: The Lord reigns, let the people tremble! (Ps 98/99:1)*

#### **Epistle Galatians 2:16-20** *(Sunday after the Elevation)*

*...knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.*

*But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor.*

*For I through the law died to the law that I might live to God.*

*I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.*

#### **2 Corinthians 4:6-15** *(Resurrection)*

*For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.*

*But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us.*

*We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair;*

*persecuted, but not forsaken; struck down, but not destroyed – always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body.*

*For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh.*

*So then death is working in us, but life in you.*

*And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you.*

*For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.*

### **Tone 1**

**Alleluia, Alleluia, Alleluia!**

*v. Remember Thy congregation, which Thou hast gotten of old!  
(Ps 73/74:2)*

*v: God is our King before the ages; He has worked salvation in the midst of the earth. (Ps 73/74:12)*

### **Gospel Mark 8:34-9:1 (Sunday after the Elevation)**

*When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me.*

*For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it.*

*For what will it profit a man if he gains the whole world, and loses his own soul?*

*Or what will a man give in exchange for his soul?*

*For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels."*

*And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."*

### **Matthew 22:35-46 (Resurrection)**

*Then one of them, a lawyer, asked Him a question, testing Him, and saying,*

*"Teacher, which is the great commandment in the law?"*

*Jesus said to him, "'You shall love the LORD your God with all your heart, with all your soul, and with all your mind.'*

*This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.'*

*On these two commandments hang all the Law and the Prophets.”  
While the Pharisees were gathered together, Jesus asked them,  
saying, “What do you think about the Christ? Whose Son is He?” They  
said to Him, “The Son of David.”*

*He said to them, “How then does David in the Spirit call Him ‘Lord,’  
saying:*

*‘The LORD said to my Lord, sit at My right hand, till I make Your  
enemies Your footstool’?*

*If David then calls Him ‘Lord,’ how is He his Son?”*

*And no one was able to answer Him a word, nor from that day on did  
anyone dare question Him anymore.*

***Instead of “It is truly meet ...,” we sing:)***

### **Tone 8**

Magnify, O my soul, the most precious Cross of the Lord!  
Thou art a mystical Paradise, O Theotokos,  
who, though untilled, hast brought forth Christ;  
through Him the life-bearing wood of the Cross was planted on earth.  
Now at its Exaltation,  
as we bow in worship before it, we magnify thee.

### **Communion Hymns**

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)  
The light of Thy countenance has been signed upon us, O Lord. (*Ps*  
*4/5:6*) Alleluia, Alleluia, Alleluia!

### **This Week’s Announcement**

***Parish Picnic*** Today is our parish picnic. We hope to see you all there!

***Family Promise Oct. 2<sup>nd</sup> - Oct. 5<sup>th</sup>*** Please help cook, serve a meal and eat with homeless families Mon. Oct. 2, Tues. Oct. 3 and Thurs. Oct. 5 at St. Philips Lutheran church 5320 Limestone Road, Wilmington, DE 19808. Family Promise helps homeless families find jobs, training and homes and has a 83% success rate of keeping them in homes after more than one year. We need to share our hope, compassion, smiles and encouragement with them and especially their children. Please sign up on board in narthex. see Ellen Gundersen 610.388.0695 or [puffins1000@gmail.com](mailto:puffins1000@gmail.com).

***Annual Meeting Reports*** Our annual parish meeting is coming up in October. Just a reminder that reports in preparation for our all parish meeting should be submitted to Catalina Finck by Oct. 9<sup>th</sup>. Thank you all for your continued work for St. Michael's!

***Study Group Presentation*** Our study group kicked off this past Thursday with five of us reading and discussing a homily on the "Holy Cross" by St. John Chrysostom. Over the next few weeks we will be looking at the diocesan presentation on the "*Effective Church Model*" and hearing an online presentation. The study group is from 10 a.m. to 12 p.m. All are welcome to join us!

***Parking Reminder*** A gentle reminder to everyone to please park in the designated areas. If the parking lot is full please park on Huntington Drive. We realize that the parking lot can be full and hope to address this issue in the future. Please do not park in Emergency/ Fire Lanes directly in front of the church. Thank you all for your attendance and patience.

***Church School Begins Oct. 1<sup>st</sup>*** Church school will begin on Sunday Oct. 1<sup>st</sup> during the coffee hour. We will offer three classes: Small children ages 3-5yrs old, Primary ages 6-10yrs old, and Middle/High school ages 11-17yrs old. Thanks to all who completed the survey and for the continued support for the youth education ministry.

### ***Wisdom from the Holy Fathers***

*What is a merciful heart? It is a heart on fire for the whole of creation, for humanity, for the birds, for the animals, for demons, and for all that exists. By the recollection of them the eyes of a merciful person pour forth tears in abundance. By the strong and vehement mercy that grips such a person's heart, and by such great compassion, the heart is humbled and one cannot bear to hear or to see any injury or slight sorrow in any in creation. For this reason, such a person offers up tearful prayer continually even for irrational beasts, for the enemies of the truth, and for those who harm him, that they be protected and receive mercy...because of the great compassion that burns without measure in a heart that is in the likeness of God.*

~ St. Isaac the Syrian

*"In order that you should have steadfast assurance during prayer, of receiving every spiritual blessing from the Lord, believe that by uniting*

*yourself unto the Lord during your prayer you become one spirit with Him (cf. I Cor. 6:17), and that God is most gracious, almighty and wise. He is all-perfect perfection, therefore, you, too, according to your perceptivity, according to your faith and love, will become a partaker of His Divine perfections. In the union of your soul with God, do not consider anything impossible or difficult of fulfillment, 'for with God all things are possible' (Mk. 10:27) - not only the things which you can think of, or are thinking of, but also those which you cannot think of, or which you think of as impossible, for God is an infinite Being, and all His perfections are infinite."*

*From St. John of Kronstadt (My Life in Christ; Holy Trinity Monastery pg. 362)*

*"...if we really yearn for eternal life, if we long to have the provider of immortality within ourselves, let us not abstain from the Eucharist like some of the more negligent, nor let us provide the devil in the depths of his cunning with a trap and a snare for us in the form of a pernicious kind of reverence. 'Yes, indeed,' someone might say. 'But it is written: "Anyone who eats of the bread and drinks of the cup unworthily, eats and drinks judgment upon himself" (cf. I Cor. 11:29). I have examined myself and I see that I am not worthy.' But then when will you be worthy? My response would be: 'When will you present yourself to Christ? If you are always going to be afraid of falling, you will never cease falling - "For who can discern his faults," as the holy Psalmist says (Ps. 18:12 LXX) - and you will end up totally bereft of a share in saving sanctification.' Make up your mind, then, to lead a more devout life in conformity with the law, and so partake of the Eucharist in the conviction that it dispels not only death but even the diseases that are in us (cf. I Cor. 11:30). For when Christ has come to be within us he lulls to sleep the law that rages in the members of flesh. He rekindles our reverence towards God, while simultaneously causing the passions to atrophy. He does not reckon our faults against us. Instead, He binds up that which has been wounded, he raises that which has fallen, as a good shepherd who has laid down His life for the sheep (Ez. 34:16; Jn. 10:11)."*

*St. Cyril of Alexandria (Cyril of Alexandria: The Early Church Fathers by Norman Russell, Commentary on John 6:56; Routledge pgs. 118-119)*

**Prayers for the Departed:** William Hulik, Nabil, George Coyle, Grace, Helen

**Prayers for the Sick and Those in Need:** Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Alfred Mokhiber, Peter Melnik, Olga Riley, Anna Hotrovich, Marie Holowatch, Marie Karawulan, Barbara Hicks, JamesHicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Michael Vannello, Catalina (Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Carson, Joanna Carey, Anthony, Nedwin & Pearl Minnich, Patricia, Ketevan, & Claramond Sensor, Beverly (Elizabeth) Hulik, Benito, Benjamin, Charles, Patricia

**Prayers for Women and the Child to be born:** Elizabeth Clause, Mary (Misty) Robinson, Elizabeth Brasowski, Laura Cristina Najemy, Maria

**Prayers for Catechumens:** Stephanie Smiertka Riley

<b>Date</b>	<b><u>Coffee Hour</u></b>	<b><u>Service Duty</u></b>	<b><u>Church Cleaner</u></b>	<b><u>Library</u></b>
<b>17-Sep</b>	<b>Parish Picnic</b>	Sheeler/Baldychev	Clause/Whalen	Maloney
<b>24-Sep</b>	Hamwi /Morjana	Bunitsky/Lewis	Finck	Lewis
<b>1-Oct</b>	Pot Luck	Elia/Morjana	Skomorucha/ Lewis	Gundersen
<b>8-Oct</b>	Najemy /Kendall	Riley	Baldychev/Sylvest	Farrell
<b>15-Oct</b>	Bacuta / Fravel	Sulpizi/Finck	Suplizi	Skomorucha

**ALTAR SERVER SCHEDULE**

Sep-17	Andrew
Sep-24	Luke
Oct-1	Raphael
Oct.-8	Roel
Oct-15	Andrew