



**Sunday October 29, 2017 21st SUNDAY AFTER PENTECOST — Tone 4.** *Martyr Anastasia the Roman (3rd c.). Ven. Abramius the Recluse, and his niece, Bl. Mary, of Mesopotamia (ca. 360). Ven. Abrámii, Archimandrite of Rostov (1073-77). Martyr Claudius, Asterius, Neon, and Theonilla, of Aegæ in Cilicia (285). Righteous Anna of Constantinople (826). Monk Martyr Timothy of Esphigmenou (Mt. Athos—1820).*

**This Week's Schedule**

**Wednesday 11/1** *Small Paraklesis 6:30 p.m.*

**Saturday 11/4** *Great Vespers 5:00 p.m.*

**Sunday 11/5** *Divine Liturgy 9:00 a.m.*

*followed by Coffee Hour & Church School*

**Reader Schedule**

<b>DATE</b>	<b>3<sup>RD</sup> HOUR</b>	<b>6<sup>TH</sup> HOUR</b>	<b>EPISTLE</b>
Oct 29	RILEY	RILEY	RILEY
Nov 05	SULPIZI	LEWIS	CAREY
Nov 12	BUNITSKY	BUNITSKY	FINCK
Nov 19	WALES	WALES	WALES
Nov 21	<i>ENTRY OF THE THEOTOKOS</i>		
Nov 26	J RILEY	A RILEY	J RILEY

## Hymns and Prayers

### **Tone 4 Troparion**      *(Resurrection)*

When the women Disciples of the Lord  
learned from the Angel the joyous message of the Resurrection,  
they cast away the ancestral curse  
and elatedly told the Apostles:  
“Death is overthrown!  
Christ God is risen,//  
granting the world great mercy!”

### **Tone 4 Troparion**      *(Virgin-martyr Anastasia)*

Your lamb Anastasia calls out to You, O Jesus, in a loud voice:  
“I love You, my Bridegroom, and in seeking You I endure suffering.  
In baptism I was crucified so that I might reign in You,  
and I died so that I might live with You.  
Accept me as a pure sacrifice,  
for I have offered myself in love!”//  
Through her prayers save our souls, since You are merciful!

### **Tone 8 Troparion**      *(Venerable Abramius)*

The image of God was truly preserved in you, O Father,  
for you took up the Cross and followed Christ.  
By so doing you taught us to disregard the flesh for it passes away  
but to care instead for the soul, since it is immortal.  
Therefore your spirit, venerable Abramius, rejoices with the Angels.

### **Tone 4 Kontakion**      *(Resurrection)*

My Savior and Redeemer  
as God rose from the tomb and delivered the earth-born from their  
chains.  
He has shattered the gates of hell, and as Master,//  
He has risen on the third day!

### **Tone 3 Kontakion**      *(Virgin-martyr Anastasia)*

Purified by the waters of virginity,  
righteous Anastasia, you were crowned by the blood of martyrdom.  
You grant healing and salvation to those in need,

and who call on you from their hearts,//  
for Christ gives you strength, pouring out on you ever-flowing grace.

**Tone 3 Kontakion**      (*Venerable Abramius*)

You lived in the flesh on earth as an angel,  
and through your ascetic life you became like a tree nourished by the  
waters of abstinence and flourished.  
You have washed away stains with the streams of your tears  
and so you have been revealed, Abramius,  
to be a God-like vessel of the Spirit.

**Tone 4 Prokeimenon**

O Lord, how manifold are Your works; in wisdom have You made them  
all. (*Ps 103/104:24*)

*v: Bless the Lord, O my soul! O Lord, my God, You are very great!*  
(*Ps 103/104:1*)

**Epistle Galatians 2:16-20**

*Brethren, knowing that a man is not justified by the works of the law but  
by faith in Jesus Christ, even we have believed in Christ Jesus, that we  
might be justified by faith in Christ and not by the works of the law; for  
by the works of the law no flesh shall be justified.*

*But if, while we seek to be justified by Christ, we ourselves also are  
found sinners, is Christ therefore a minister of sin? Certainly not!  
For if I build again those things which I destroyed, I make myself a  
transgressor.*

*For I through the law died to the law that I might live to God.*

*I have been crucified with Christ; it is no longer I who live, but Christ  
lives in me; and the life which I now live in the flesh I live by faith in the  
Son of God, who loved me and gave Himself for me.*

**Tone 4**

Alleluia, Alleluia, Alleluia!

*v: Go forth, prosper and reign, for the sake of meekness, righteousness  
and truth! (Ps 44/45:5)*

*v: For You love righteousness, and hate iniquity. (Ps 44/45:8)*

## **Gospel Luke 8:26-39**

*Then they sailed to the country of the Gadarenes, which is opposite Galilee.*

*And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs.*

*When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!"*

*For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.*

*Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him.*

*And they begged Him that He would not command them to go out into the abyss.*

*Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them.*

*Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.*

*When those who fed them saw what had happened, they fled and told it in the city and in the country.*

*Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.*

*They also who had seen it told them by what means he who had been demon-possessed was healed.*

*Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.*

*Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying,*

*"Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.*

### **Communion Hymn**

**Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)  
Alleluia, Alleluia, Alleluia!**

## *This Week's Announcement*

***Newly Illumined Theodore Clause*** Many years to the newly illumined Theodore and the Clause family on the occasion of Theodore's baptism yesterday at St. Michael's. May our Lord bless and keep them for many years!

***Church School/Harvest Party*** Church school will continue today during the coffee hour. Today is also our Harvest party all are welcome to join us. Consider staying or helping for this or future activities for our youth. It is a great way to get to know our young families. Church School Classes are available for 3-5 yrs. old, 6-10yrs. old, and 11-17yrs old.  
*\*Note we will have church school on Nov. 12<sup>th</sup>.*

***Stewardship Calling Presentation Nov. 18<sup>th</sup> & 19<sup>th</sup>*** St. Michael's parish needs your time and talents. We will be offering the Diocesan presentation "Stewardship Calling" following Vespers on Nov. 18<sup>th</sup> and following Divine Liturgy on Nov. 19<sup>th</sup>. The presentation will speak to our current and future Church needs. We hope it will assist and enhance our parish vision and stewardship by addressing our continued and future parish work and ministries.

***Paraklesis Wednesday Evenings*** We continue to offer the Small Paraklesis on Wednesday evenings at 6: 30 p.m. Please consider making a commitment to be a reader or to learn and help offer the responses. Come be a part of the mid-week service of supplication.

***Feast of St. Michael Nov. 8<sup>th</sup>*** Reminder that our Patronal Feast of the Archangel Michael is coming up. Vespers with lytia Nov 7<sup>th</sup> at 7:00 p.m. Divine Liturgy Nov. 8<sup>th</sup> at 9:00 a.m. Joyous feast day! Special Coffee hour Nov. 12<sup>th</sup> to honor the feast.

***Study Group*** This week five of us continued to discuss the diocesan presentation on the "*Effective Church Model*". Starting Nov. 1<sup>st</sup> our study group will begin reading "*Courage to Pray*," by Metropolitan Anthony of Sourozh. Please check with the bookstore for available copies. The study group meets Thursday mornings from 10 a.m. to 12 p.m. All are welcome to join us!

***Wedding November 11<sup>th</sup>*** John (Joseph) Elliott & Colleen McDonald are getting married on Nov 11<sup>th</sup> at 2 p.m. They would like to warmly invite all the faithful of St. Michael's to attend. They ask for your prayers and singing the responses in the Rite of Holy Matrimony.

**“Wedding Welcome” – John (Joe) Elliott & Colleen McDonald**

To show our love & support we’ve planned an informal “wedding welcome” in conjunction with the coffee-hour pot luck luncheon on Sunday, November 5th. For those who have expressed interest in a gift, ‘Orthodox’ gift items would work well or perhaps gift cards for Macy’s or Amazon. See Nona Carey if you have any questions.

**Like a Thief in the Night**

*Most of us are familiar with the prayer, "The Father is my hope, the Son is my refuge, the Holy Spirit is my protection." On November 4th we remember Saint Joannicius, who created the prayer as a refrain after singing Psalm verses.*

*Born into extreme poverty in a Bithynian village in the year 752, Joannicius had to spend much of his youth tending and guarding the family's only valuable possession: their herd of cattle. But from the time he was very young he had a strong desire to pray in solitude, and seems to have been blessed to do so. Often he would make the sign of the cross over the herd and retreat for hours to a secluded place to pray. Never once were the cattle bothered by predators; not one animal was ever stolen or found far from the rest, having wandered off.*

*Like many other young men of his time, Joannicius was drafted into the Emperor's army. Husky and strong, he proved to be a valiant soldier despite his love of solitude and peace, and served for several years. But even though he was well-liked and was respected for his courage, he longed for the life of quiet prayer he had always loved. After leaving military service, he went to a monastery near Mount Olympus and became practiced in the monastic way of living. Finally he went to a more secluded place in the wilderness, and after many years spent alone and in great spiritual effort, he was tonsured a monk.*

*But Saint Joannicius did not ignore, or retreat from, the troubles of the Church. Living as he did during the turbulent iconoclastic controversy, he at first supported those who denied that icons should be honored. But once he saw that the Church's Tradition includes reverence toward the holy images, he humbly admitted that he had been wrong. He became a champion of icon veneration.*

*During his years of ascetical labors, Joannicius was granted many spiritual gifts. He was a wonderworker who healed many people, foretold events, and was able to tame wild beasts. Sources tell us that he could make himself invisible to people if by doing so he could help someone in*

*need. Once he led a group of captives out of prison right in front of their guards.*

*On this day we read I Thessalonians 5: 1-8. In this passage Saint Paul assures believers that the Lord will come again, and that they will be with Him forever. But he also tells them that they have no need to know the "times and the seasons" of the Lord's coming. It is noteworthy that Joannicius, blessed with so many insights, never speculated about the specific time when Jesus Christ would come again. For him it was enough to know that the Lord will, in Paul's words, come "like a thief in the night." There is nothing in that to fear because we "belong to the day" and are destined by God not for wrath, but for salvation.*

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

### **Wisdom from the Holy Fathers**

*Because I have acknowledged You, Lord, do You acknowledge me, have compassion on this sinner who has believed in You, for even if he sins, he still knocks at Your door, even if he is sluggish, he still travels on Your road.*

*St Ephrem the Syrian*

*It is pointless for someone to say that he has faith in God...if he does not have the works which go with that faith.*

*St. Gregory Palamas*

*'You must not trust, then, wholly to your bodily eyes; that which is not seen is more really seen, for the object of sight is temporal, but that other eternal, which is not apprehended by the eye, but is discerned by the mind and spirit.'*

*St. Ambrose of Milan*

**Prayers for the Departed:** Archpriest Stephen Mack, Protodeacon Keith Russin, Matushka Martha Ermikov, Matushka Marie (Gambal) Kreta,

**Prayers for the Sick and Those in Need:** Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, JamesHicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Catalina(Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Benjamin, Charles, Patrica, Lubov, Marilyn Coyle

**Prayers for Women and the Child to be born:** Mary (Misty) Robinson, Elizabeth Brasowski, Laura Cristina Najemy, Maria Peck

**Prayers for Catechumens:** Stephanie Smiertka Riley

<b>Date</b>	<b><u>Coffee Hour</u></b>	<b><u>Service Duty</u></b>	<b><u>Church Cleaner</u></b>	<b><u>Library</u></b>
<b>29-Oct</b>	Oberto/ C.Peck	Baldychev	Bunitsky	Lewis
<b>5-Nov</b>	PARISH POT LUCK	Bunitsky/Lewis	Farrell	Gundersen
<b>12-Nov</b>	PARISH FEAST DA	Elia/Morjana	Gerassimakis	Farrell
<b>19-Nov</b>	Hojnicki /Flynn /Rob	Riley	Clause/Whalen	Skomorucha
<b>26-Nov</b>	Sulpizi /Skomorucha	Sulpizi/Finck	Finck	Maloney

***Church School Reminder***

Oct. 29 Class/ Harvest Party  
 Nov. 5 Class  
 Nov. 12 Class  
 Nov. 19 Class

***ALTAR SERVER SCHEDULE***

Oct-29 Roel  
 Nov-5 Andrew  
 Nov-8 Archangel Michael  
 Nov-12 Rafael  
 Nov-19 Roel