



Sunday February 18, 2018 SUNDAY OF CHEESEFARE — Tone 4. *The Expulsion of Adam and Eve from Paradise. St. Leo the Great, Pope of Rome (461). Ven Cosmas of Yakhromsk (1492). St. Agapitus the Confessor, Bishop of Synnada in Phrygia (4th c.). St. Flavian the Confessor, Patriarch of Constantinople (449-450).*

This Week's Schedule

Today 2/18 *Forgiveness Vespers to follow coffee hour*

Monday 2/19 *Great Compline Canon of Repentance 7:00 pm*

Tuesday 2/20 *Great Compline Canon of Repentance 7:00 pm*

Wednesday 2/21 *Presanctified Liturgy 6:30 p.m.*

Thursday 2/22 *Great Compline Canon of Repentance 7:00pm*

Friday 2/23 *Presanctified Liturgy 6:30 p.m.*

Saturday 2/24 *Great Vespers 5:00 p.m.*

Sunday 2/25 *Sunday of Orthodoxy Hours 8:40 a.m.*

Divine Liturgy 9:00 a.m. with Icon procession

Followed by Coffee hour & Church School

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Feb-18	SULPIZI	LEWIS	BRASOWSKI
Feb-25	RILEY	RILEY	RILEY
Mar-4	SOUDER	PECK	PECK

Hymns and Prayers

Tone 4 Troparion *(Resurrection)*

When the women disciples of the Lord
learned from the angel the joyous message of thy Resurrection,
they cast away the ancestral curse
and elatedly told the apostles:
“Death is overthrown!
Christ God is risen,//
granting the world great mercy!”

Tone 4 Kontakion *(Resurrection)*

My Savior and Redeemer
as God rose from the tomb and delivered the earth-born from their
chains.
He has shattered the gates of hell,
and as Master,//
He has risen on the third day!

Tone 6 Kontakion *(from the Lenten Triodion)*

O Master, Teacher of wisdom,
Bestower of virtue,
Who teachest the thoughtless and protectest the poor,
strengthen and enlighten my heart!
O Word of the Father,
let me not restrain my mouth from crying to Thee:
Have mercy on me, a transgressor,//
O merciful Lord!

Tone 8 Prokeimenon *(Resurrection)*

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)

Epistle Romans 13:11-14:4

*And do this, knowing the time, that now it is high time to awake out of
sleep; for now our salvation is nearer than when we first believed.
The night is far spent, the day is at hand. Therefore let us cast off the
works of darkness, and let us put on the armor of light.*

Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.

But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.

Receive one who is weak in the faith, but not to disputes over doubtful things.

For one believes he may eat all things, but he who is weak eats only vegetables.

Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him.

Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Tone 6

Alleluia, Alleluia, Alleluia!

v. It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High. (Ps 91/92:1)

v. To declare Thy mercy in the morning, and Thy truth by night. (Ps 91/92:2)

Gospel Matthew 6:14-21

For if you forgive men their trespasses, your heavenly Father will also forgive you.

But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.

But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;

but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

For where your treasure is, there your heart will be also.

Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*) Alleluia, Alleluia, Alleluia!

This Week's Announcement

Great Lent to Begin Our Lenten journey will begin with Forgiveness Vespers today following coffee hour. All should make a sincere effort to begin the Lenten season with this service and the “Mutual rite of forgiveness”. “On Forgiveness Sunday, we sing of Adam’s exile from paradise. We identify ourselves with Adam, lamenting our loss of the beauty, dignity and delight of our original creation, mourning our corruption in sin. We also hear on this day the Lord’s teaching about fasting and forgiveness, and we enter the season of the fast forgiving one another so that God will forgive us. If you forgive men their trespasses, your heavenly Father will forgive you; but if you do not forgive men their trespasses, neither will your heavenly Father forgive you your trespasses (Mt 6.14–18).”

Pot Luck & the Life of a Saint after Presanctified on Wednesdays On Wednesday evenings during Great Lent we will be having Lenten pot luck dinners along with a presentation on the life of a saint. All are welcome to join us. Please see Fr. Dn. James if you are interested in presenting or reading the life of a saint.

Read a book over Lent! Check out the library table today at coffee hour; new books have been put out for this season of Lent. More titles are available downstairs in the library. If there is an additional book that you would like the bookstore to order, please see Juliana Bunitsky or Mary Anne Farrell.

Sunday of Orthodoxy Icon Procession Next Sunday, Feb. 25th, the first Sunday of Great Lent is called the Triumph of Orthodoxy. It is a historical feast commemorating the return of the icons to the churches in the year 843 after the heresy of iconoclasm was overcome. The spiritual theme of the day is first of all the victory of the True Faith. “This is the victory that overcomes the world, our faith” (1 Jn 5.4). Secondly, the icons of the saints bear witness that man, “created in the image and likeness of God” (Gen 1.26), becomes holy and godlike through the purification of himself as God’s living image.

We will have our usual icon procession with the parish youth. Don’t forget to bring your favorite icon!

Lenten Retreat On March 17th we are planning on having a Lenten retreat. The guest speaker will once again be Frederica Mathewes-Green. She will be speaking on "Mary as the Early Christians Knew Her". There will be more details to come in future bulletins.

Lenten Confessions During the Lenten season confessions will be available on Wednesday evenings at 5:30 p.m. prior to Presanctified Liturgy. Time for confession is also available on Saturday evenings following Great Vespers.

No Study Group this Week There will be no study group this week. The study group will meet next Thursday, March 1st with the second half of "Courage to Pray" by Met. Anthony Bloom. Join us!

House Blessings House blessings are available. Please see Mat. Daria or Fr. Barnabas at coffee hour for scheduling.

2018 Assessments As we progress to our fair share giving of 10% of our operating budget to the National and Diocesan Church, our individual assessments for 2018 are changing. With the approval of our 2018 budget in October, we committed to a level 3 giving as a parish which equates to \$177 per adult for this year or \$44.25 per quarter. Envelopes are available in the Narthex if you wish to use them as a reminder. Thank you for your continued support.

Memory Eternal! This past Friday Mark Gundersen, husband of Ellen Gundersen, fell asleep in the Lord after a brief illness. Memorial services will be held next Saturday, Feb. 24th at St. Phillips Lutheran Church 5320 Limestone Road, Wilmington, DE. A groupwide email will be sent to all early this week with further details. We would like to offer Ellen our love, support, sympathy and prayers during this time. May Mark's memory be eternal!

***Liturgy of the Presanctified Gifts* by Fr. Thomas Hopko**

The eucharistic Divine Liturgy is not celebrated in the Orthodox Church on lenten weekdays. In order for the faithful to sustain their lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. The service is an ancient one in the Orthodox Church. We officially hear about it in the canons of the seventh century, which obviously indicates its development at a much earlier date.

On all days of the holy fast of Lent, except on the Sabbath, the Lord's Day, and the holy day of the Annunciation, the Liturgy of the Presanctified is to be served (Canon 52, Quinisext, 692).

The Liturgy of the Presanctified Gifts is an evening service. It is the solemn lenten Vespers with the administration of Holy Communion added to it. There is no consecration of the eucharistic gifts at the presanctified liturgy. Holy Communion is given from the eucharistic gifts sanctified on the previous Sunday at the celebration of the Divine Liturgy, unless, of course, the feast of the Annunciation should intervene; hence its name of "presanctified."

The Liturgy of the Presanctified Gifts is served on Wednesday and Friday evenings, although some churches may celebrate it only on one of these days. It comes in the evening after a day of spiritual preparation and total abstinence. The faithful who are unable to make the effort of total fasting because of weakness or work, however, normally eat a light lenten meal in the early morning.

During the psalms of Vespers, the presanctified gifts are prepared for communion. They are transferred from the altar table where they have been reserved since the Divine Liturgy, and are placed on the table of oblation. After the evening hymn, the Old Testament scriptures of Genesis and Proverbs are read, between which the celebrant blesses the kneeling congregation with a lighted candle and the words: "The Light of Christ illumines all," indicating that all wisdom is given by Christ in the Church through the scriptures and sacraments. This blessing was originally directed primarily to the catechumens—those preparing to be baptized on Easter—who attended the service only to the time of the communion of the faithful.

After the readings, the evening Psalm 141 is solemnly sung once again with the offering of incense. Then, after the litanies of intercession and those at which the catechumens were dismissed in former days, the presanctified eucharistic gifts are brought to the altar in a solemn, silent procession. The song of the entrance calls the faithful to communion.

Now the heavenly powers [i.e., the angels] do minister invisibly with us. For behold the King of Glory enters. Behold the mystical sacrifice, all fulfilled, is ushered in.

Let us with faith and love draw near that we may be partakers of everlasting life. Alleluia. Alleluia. Alleluia.

After the litany and prayers, the Our Father is sung and the faithful receive Holy Communion to the chanting of the verse from Psalm 34: "O

taste and see how good is the Lord. Alleluia.” The post-communion hymns are sung and the faithful depart with a prayer to God who “has brought us to these all-holy days for the cleansing of carnal passions,” that he will bless us “to fight the good fight, to accomplish the course of the fast, and to attain unto and to adore the holy resurrection” of Christ.

The Liturgy of the Presanctified Gifts is traditionally considered to be the work of the sixth-century pope, Saint Gregory of Rome. The present service, however, is obviously the inspired liturgical creation of Christian Byzantium

Wisdom from the Fathers

"There is no need at all to make long discourses; it is enough to stretch out one's hand and say, "Lord, as you will, and as you know, have mercy." And if the conflict grows fiercer say, "Lord help!" God knows very well what we need and He shows us His mercy."

Abba Macarius

"Abba John the Dwarf went away to an old man of Thebes who lived in the desert of Scetis. His abba took a piece of dry wood, planted it, and said to him, 'Water it every day with a bottle of water until it bears fruit.' The water, however, was so far away from there that John had to go out late in the evening and come back the next morning. Three years later, the tree came to life and bore fruit. Then the old man took some of the fruit and brought it to the church, saying to the brethren: 'Take and eat the fruit of obedience.'"

The Perfect Person's Rule of Life:

The perfect person does not only try to avoid evil. Nor does he do good for fear of punishment, still less in order to qualify for the hope of a promised reward. The perfect person does good through love.

His actions are not motivated by desire for personal benefit, so he does not have personal advantage as his aim. But as soon as he has realized the beauty of doing good, he does it with all his energies and in all that he does. He is not interested in fame, or a good reputation, or a human or divine reward. The rule of life for a perfect person is to be in the image and likeness of God.

St. Clement of Alexandria

Prayers for the Departed: *Matuska Mary Perez, Matushka Barbara Kucynda, Mark Gundersen*

Prayers for the Sick and Those in Need: *Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Catalina (Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Benjamin, Charles, Patrica, Lubov, Marilyn Coyle, Alfred Mokhiber, Stephanie Hojnicky, Mary Alice Salay*

Prayers for Women and the Child to be born: *Laura Cristina Najemy, Maria Peck, Rachel Facaros, Leah Reed, Jacquelyn Marie Wham*

Prayers for Catechumens: *Stephanie Smiertka Riley*

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
18-Feb	CHEESE FARE no meat	Sulpizi/Finck	Peck/Peck	Gundersen
25-Feb	Hojnicki/Flynn/Roberts	Hojnicki/Souder	Baldychev/Shatley/	Farrell
4-Mar	POT LUCK - Sulpizi	Telep/Baldychev	Suplizi	Skomorucha
11-Mar	Elia/Gunderson/Farrell	Bunitsky/Lewis	Riley	Maloney

Church School Reminder

Feb. 18 No Class (Forgiveness Vespers)

Feb. 25 Sunday of Orthodoxy

Feb. 11 Class

March 4 Class

March 11 Class

March 18 Class