



**Sunday April 29, 2018 4th SUNDAY OF PASCHA —
 Tone 3. Paralytic. Nine Martyrs at Cyzicus:**
*Theognes, Rufus, Antipater, Theostichus, Artemas,
 Magnus, Theodotus, Thaumasius, and Philemon (3rd
 c.). Ven. Memnon the Wonderworker. Martyrs
 Diodorus and Rhodianus—Deacon, at Aphrodisia in
 Anatolia (3rd-4th c.). St. Basil, Bishop of Ostrog in
 Montenegro (16th c.). Lazian Martyrs slain in
 Dudikvati and Papati (Georgian, c. 1820).*

This Week's Schedule

Christ is Risen! Indeed He is Risen!

Saturday 5/5 Great Vespers 5:00 p.m.

Sunday 5/6 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

followed by Coffee Hour & Church School

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Apr-29	SOUDER	SULPIZI	CAREY
May-6	LEWIS	PECK	PECK
May-13	BUNITSKY	BUNITSKY	FINCK
May-17	ASCENSION		
May-20	WALES	WALES	WALES

Hymns and Prayers

Tone 3 Troparion *(Resurrection)*

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Tone 3 Kontakion *(from the Pentecostarion)*

By Thy divine intercession, O Lord,
as Thou didst raise up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to Thee://
“Glory to Thy power, O compassionate Christ!”

Tone 8 Kontakion *(Pascha)*

Thou didst descend into the tomb, O Immortal,
Thou didst destroy the power of death.
In victory Thou didst arise, O Christ God,
proclaiming, “Rejoice!” to the Myrrhbearing Women,//
granting peace to Thine Apostles, and bestowing
Resurrection on the fallen.

Tone 1 Prokeimenon

Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!
(Ps 32/33:22)

v: Rejoice in the Lord, O ye righteous! Praise befitteth the just! (Ps 32/33:1)

Now it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda.

There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed.

And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately.

So all who dwelt at Lydda and Sharon saw him and turned to the Lord.

At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did.

But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room.

And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them.

Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them.

But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up.

Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive.

And it became known throughout all Joppa, and many believed on the Lord.

Tone 5

Alleluia, Alleluia, Alleluia!

v: I will sing of Thy mercies, O Lord, forever; with my mouth will I proclaim Thy truth from generation to generation. (Ps 88/89:1)

v: For Thou hast said: "Mercy will be established forever; Thy truth will be prepared in the heavens." (Ps 88/89:2)

Gospel John 5:1-15

After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches.

In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water.

For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had.

Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"

The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me."

Jesus said to him, "Rise, take up your bed and walk."

And immediately the man was made well, took up his bed, and walked.

And that day was the Sabbath.

The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed."

He answered them, "He who made me well said to me, 'Take up your bed and walk.'"

Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?"

But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place.

Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you."

The man departed and told the Jews that it was Jesus who had made him well.

(Instead of "It is truly meet ...," we sing:)

The Angel cried to the Lady, full of grace:
"Rejoice, O pure Virgin! Again, I say: Rejoice,
thy Son is risen from His three days in the tomb!
With Himself He has raised all the dead."
Rejoice, O ye people!

Shine, shine, O new Jerusalem!
The glory of the Lord has shone on thee.
Exult now, and be glad, O Zion!
Be radiant, O pure Theotokos,
in the Resurrection of thy Son!

Communion Hymns

Receive the Body of Christ; taste the Fountain of immortality!
Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia.

This Week's Announcement

Mother's Day Brunch There is a signup sheet in the Narthex for all who is are willing to help with our annual Mother's Day Luncheon on May 13th. Please sign up today. If you have any questions, please see Tom Sulpizi or Rasheed Elia.

Vacation Church School Meeting We will have a Vacation Church School Meeting on Sunday May 6th during the coffee hour. We are asking all parents who are interested in VCS to attend and share in this work.

Study Group Our Study group will continue this Thursday at 10 am with "Courage to Pray" by Met. Anthony Bloom. All are welcome to join us.

Parking at the Church We continue to ask individuals to please park in the designated areas. The parish council realizes that parking close to the church is limited, however for safety sake please do not park in the fire/ambulance lanes. We need to keep these areas open in case of any emergency. We ask that if the parking lot is full please park on the street and be sure not to block anyone in. Thank you!

Greeters Ministry In response to the Paschal season and after discussions with the parish council we would like to, once again, start a greeter's ministry. St. Michael's has been blessed with several guests and visitors and what a better way to respond to those who are sent to us than offering a formal welcome. We are looking for at least two people willing to volunteer to lead and organize this ministry. Please consider your calling to be a greeter and see Fr. Barnabas or Jeff Kendall for more details.

The Ascension of Our Lord On the fortieth day after the resurrection Jesus ascended into heaven to be glorified on the right hand of God (Acts 1.9–11; Mk 16.19; Lk24.51). The ascension of Christ is His final physical departure from this world after the resurrection. It is the formal completion of His mission in this world as the Messianic Savior. The

ascension itself is not to be understood as though it were simply the supernatural event of a man floating up and away into the skies. The holy scripture stresses Christ's physical departure and His glorification with God the Father, together with the great joy which His disciples had as they received the promise of the Holy Spirit Who was to come to assure the Lord's presence with them, enabling them to be His witnesses to the ends of earth. The celebration of the feast of Ascension will be Wednesday evening May 16th at 7:00 p.m. with Vespers and Litiya and then Thursday May 17th at 9:00 a.m. Divine Liturgy. Join us!

Saint Mark the Evangelist

On April 25 we remember the Gospel writer Mark. He was referred to as "my son Mark" by the apostle Peter in Peter's first letter to the churches of Asia. Mark served Peter as a secretary, and was his trusted companion and spiritual son for many years.

We also hear of Mark, sometimes called John Mark, in other places in the New Testament. Acts 12: 12 tells us that the Jerusalem Christians met in his mother Mary's house, and in Colossians 4:10 we read that he was a cousin of Barnabas. Mark accompanied Paul and Barnabas on their first missionary journey (Acts 12: 25). This familial beginning, though, apparently didn't work out well; Mark left the others early and returned to Jerusalem. When Barnabas proposed taking Mark on the second journey, Paul replied that he thought it best "not to take with them one who had withdrawn from them in Pamphylia and had not gone with them to the work" (Acts 15:38.) There was an argument, and Paul set out for Syria with Silas, while Barnabas and Mark sailed to Cyprus.

Later, when Paul was imprisoned and nearing his martyrdom in Rome, he and Mark were once again on good terms. Paul writes forlornly to Timothy that Demas has deserted him and others have left; only Luke is still with him. He instructs Timothy to "get Mark and bring him with you, for he useful to me for ministry" (II Timothy 4: 11.)

Mark was as useful to others as he was to Paul. The Christians of Rome asked him to put in writing the record of the Lord's life and miracles, with Peter's recollections, and he did so. The Gospel he produced has the special quality of having been closely overseen and attested to by Peter himself.

Mark's writing has a unique character. It presents Jesus as almost constantly active, recording fewer of His words than the other three Gospels, while giving a sense of urgency. The word "immediately" is used about forty times in its sixteen chapters. There is an emphasis on

Jesus' sacrifice for the sake of others. In 8:31 He tells the disciples that the "Son of Man must undergo great suffering and be rejected...and be killed, and after three days rise again."

Small details, unique to Mark, make his story vivid. He writes that Jesus was "asleep on the cushion" in the storm-tossed boat from which He calms the sea, and that He "sighs" as He heals a deaf man. Mark gives us Aramaic words spoken by the Lord: "Ephphatha" as he heals the man, and "Talitha, cumi" when He raises Jairus' daughter.

Peter eventually sent Mark to preach in Egypt, and he became the first Egyptian bishop, founding the church in Alexandria. He did great work there, and though he died a painful martyr's death at the hands of jealous pagans, he continues to help us. His relics have the healing power of a true saint and servant of God.

Kontakion St. Mark, Tone 4

*The Church ever sees you as a shining star, O apostle Mark,
Your miracles have manifested great enlightenment.*

Therefore we cry out to Christ:

"Save those who with faith honor Your apostle, O Most Merciful One."

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

"Progress in the spiritual life is shown by an ever-increasing realization of our own worthlessness, in the full and literal sense of this word. The moment that we ascribe some value to ourselves, in any sense whatever, it will mean that things have gone wrong."

St. Theophan the Recluse

Prayers for the Departed: Archpriest JohnNehrebecki, Matuska Mary Perez, Matushka Barbara Kucynda, Mark Gundersen, John Berket, Anthony Greer, George Sarmousakis

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Jennifer Franchak, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Zack Bajuyo, Luke & Anna Wales, Nona Carey, Mona Elia, Lydia Kendall, Maria and Doug Dozier, Mary Anne Farrell, Catalina(Mary) & Jeremy (John) Finck, John Griffith, Cynthia Griffith, Benjamin, Charles, Patrica, Lubov, Marilyn Coyle, Alfred Mokhiber, Stephanie Hojnicki, Leah Reed, Jameson Edward Reed, Anastacia Sarmousakis

Prayers for Women and the Child to be born: Maria Peck, Rachel Facaros, Jacquelyn Marie Wham, Rachael Irene Shatley, Stephanie Riley

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
29-Apr	O. Arshinova and Julia	Elia/Morjana	Peck/Peck	Lewis
6-May	POT LUCK - Bunitsky	Riley/Riley	Baldychev/Shatley/S	Gundersen
13-May	MOTHERS DAY	Sulpizi/Finck	Suplizi	Farrell
20-May	Shatley/Hines	Hojnicki/Souder	Riley	Skomorucha
27-May	Gerassimakis/Bunitsky	Telep/Baldychev	Bunitsky	Maloney

Church School Reminder

April 29 Class
May 6 Sunday School Wrap up

Last Week's Attendance
Divine Liturgy: 93