



**Sunday July 22, 2018 8th SUNDAY AFTER  
 PENTECOST — Tone 7. Holy Myrrhbearer and  
 Equal-to-the-Apostles Mary Magdalene (1st c.).**  
*Translation of the Relics of Hieromartyr Phocas, Bishop  
 of Sinope (403-404). Repose of Ven. Cornelius of  
 Pereyaslavl' (1693). Martyr Markella of Chios (14th c.).*

**This Week's Schedule**

*Saturday 7/28 Great Vespers 5:00 p.m.*

*Sunday 7/29 Hours 8:40 a.m.*

*Divine Liturgy 9:00 a.m.*

*followed by Coffee Hour*

**Reader Schedule**

<u>DATE</u>	<u>3<sup>RD</sup> HOUR</u>	<u>6<sup>TH</sup> HOUR</u>	<u>EPISTLE</u>
July 22	BUNITSKY	BUNITSKY	FINCK
July 29	RILEY	RILEY	RILEY
Aug 05	BUNITSKY	BUNITSKY	LEWIS
Aug 06	TRANSFIGURATION		
Aug 12	WALES	WALES	WALES

## Hymns and Prayers

### **Tone 7 Troparion**      *(Resurrection)*

By Your Cross You destroyed death.  
To the thief You opened Paradise.  
For the Myrrhbearers You changed weeping into joy.  
And You commanded Your disciples, O Christ God,  
to proclaim that You are risen,//  
granting the world great mercy.

### **Tone 1 Troparion**      *(Mary Magdalene)*

By keeping His commandments and laws, holy Mary Magdalene,  
you followed Christ, Who for our sake was born of the Virgin,  
and in celebrating your most holy memory today,//  
we receive forgiveness of sins by your prayers.

### **Tone 4 Troparion**      *(Hieromartyr Phocas)*

By sharing in the ways of the Apostles,  
you became a successor to their throne.  
Through the practice of virtue, you found the way to divine  
contemplation, O inspired one of God;  
by teaching the word of Truth without error, you defended the Faith,  
even to the shedding of your blood.//  
Hieromartyr Phocas, entreat Christ God to save our souls!

### **Tone 7 Kontakion**      *(Resurrection)*

The dominion of death can no longer hold mankind captive,  
for Christ descended, shattering and destroying its powers.  
Hell is bound, while the Prophets rejoice and cry:  
“The Savior has come to those in faith;//  
enter, you faithful, into the Resurrection!”

### **Tone 3\***      **Kontakion**      *(Mary Magdalene)*

Standing before the Cross of the Savior,  
suffering with the Mother of the Lord,  
the most glorious Mary Magdalene  
offered praise with tears.  
She cried out: “What is this strange wonder?”

He Who holds the whole creation in His hand chooses to suffer//  
Glory to Your power, O Lord!”

**Tone 2 Kontakion**     *(Hieromartyr Phocas)*

The Master established you as a brilliant sun,  
shining on all the faithful, glorious O hieromartyr Phocas.  
He has accepted your life, faith and contest as myrrh,//  
for He is rich in mercy.

**Tone 7 Prokeimenon**

The Lord shall give strength to His people. The Lord shall bless His people with peace. (*Ps 28/29:11*)

*v: Offer to the Lord, O you sons of God! Offer young rams to the Lord!*  
(*Ps 28/29:1*)

**Epistle** 1 Corinthians 1:10-18

*Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment.*

*For it has been declared to me concerning you, my brethren, by those of Chloe's household, that there are contentions among you.*

*Now I say this, that each of you says, "I am of Paul," or "I am of Apollos," or "I am of Cephas," or "I am of Christ."*

*Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul?*

*I thank God that I baptized none of you except Crispus and Gaius, lest anyone should say that I had baptized in my own name.*

*Yes, I also baptized the household of Stephanas. Besides, I do not know whether I baptized any other.*

*For Christ did not send me to baptize, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect*

*For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.*

**Tone 7**

Alleluia, Alleluia, Alleluia!

*v: It is good to give thanks to the Lord, to sing praises to Your Name, O Most High. (Ps 91/92:1)*

*v: To declare Your mercy in the morning, and Your truth by night.  
(Ps 91/92:2)*

### **Gospel Matthew 14:14-22**

*And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick.*

*When it was evening, His disciples came to Him, saying, "This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food."*

*But Jesus said to them, "They do not need to go away. You give them something to eat."*

*And they said to Him, "We have here only five loaves and two fish." He said, "Bring them here to Me."*

*Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes.*

*So they all ate and were filled, and they took up twelve baskets full of the fragments that remained.*

*Now those who had eaten were about five thousand men, besides women and children.*

*Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.*

### **Communion Hymn**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

### **This Week's Announcement**

***Parish Office Closed this Week*** The parish office will be closed this week (July 22-28) for Fr. Barnabas to attend the AAC in St. Louis. Please call Fr. Dn. James Carpenter (609) 202-4255 or Jeff Kendall (302) 420-6600 if there are any parish emergencies or problems. Thank you!

***VCS July 30th -August 1st*** We will be offering Vacation Church School July 30th through August 1st. All of our Orthodox youth are invited to participate. We will begin each evening with a potluck dinner followed

by activities, crafts, and more. At the end of each day we will offer the Evening Prayers together. All parents are encouraged to help with meal & snack coordination, etc. and certainly encouraged to participate in the prayers. For more information or details please see Laura Whalen or Maria Peck. We hope all can join us!

***All American Council July 23<sup>rd</sup>-27<sup>th</sup> St. Louis, MO*** According to the Statute of The Orthodox Church in America, "the highest legislative and administrative authority within the Church is the All-American Council" (Article III, Section 1). All parishes are required to send delegates to the All-American Council. Every three years, the bishops, clergy and lay delegates of the Orthodox Church in America gather together in Council. The Church assembles for various reasons: to pray together, to discuss the state of the Church, to share experiences and thoughts, and then to deliberate and to make decisions affecting her life. The 19th All-American Council is to be held on July 23 to 27, 2018 with the theme "For the Life of the World" from Protopresbyter Alexander Schmemmann's book of the same name. This Council builds on the work of the 18th All-American Council and integrates a discussion on the future work of the Church in North America. Catalina Finck and Fr. Barnabas will be representing St. Michael's. Please pray for safe travels and a fruitful AAC.

***Dormition Fast and August Feast Days*** The liturgical calendar comes to its close in August with the fourth and final fasting season of the Church year along with two major feasts. Every year the Orthodox Church sets aside the first fourteen days of August in honor of the Virgin Mary. This fast period begins on August 1st and peaks on August 15th, when the Church gathers to celebrate the great feast of the Dormition (Falling Asleep) of the Theotokos. On Aug 6th, the Church celebrates the feast of the Transfiguration of our Lord. This feast commemorates our Lord's transfiguration before his disciples on Mt. Tabor. In His Transfiguration He reveals His glory to the disciples. In Him they (and we) now see for themselves the glory of God present in the person of Christ. Be sure to make plans for the coming fast and feasts.

***Summer Giving / Summer Vacationing*** If you are heading out on vacation please do not take a vacation from your financial support of St. Michaels. St Michaels is here even when Her parishioners are away, and She continues to count on Her people for support. If you do travel, also visit the "Orthodoxy in America" website to find an Orthodox Church wherever you are heading. All the canonical Orthodox jurisdictions

(OCA, Greek, Antiochian, Serbian, etc.) are listed together on this one helpful site: [www.orthodoxyinamerica.org](http://www.orthodoxyinamerica.org) - Check it out! Also, whichever parish you visit on vacation please remember to contact the priest ahead of time to inform him that you would like to come for Holy Communion at the Liturgy. Thank you, God bless your travels and come back safe and sound!

### **Wisdom from the Holy Fathers**

*"I have heard some people say "Ah! Human love is useless," which is a great error. Human love is useless and barren only when it excludes divine love and does not strive for it. Is anyone directly given divine love; or who can determine it's bounds? Love can and must be learned. It begins in us from earliest childhood, and if we progress well in it, then by God's mercy and grace we will be vouch safe divine love also. Man is endowed with the talent of love as a gift, and if we sincerely preserve within ourselves the paths that lead to it, this talent will grow into fruit. The true transformation of human love is divine love. Human love begins, divine love completes.*

*Doing deeds with love is a great talent. Without works, faith, as well as prayer, is dead. Deeds done with love cover a multitude of sins. The foolish virgins lacked deeds performed with love, and therefore they were deprived of the grace of the Holy Spirit, and through grace---enlightenment, purification, and illumination with even more love.*

*The love of the Lord is hidden from those who are inexperienced in serving God, for if He were to show us fully how much He loves us it would be to our detriment. We would forget about fear and reverence before Him; and being willful, we would turn the freedom given to us for spiritual progress into failure. Therefore, the Lord allows temptations to come upon us, so that we would be tested and learn, and attain greater progress. For if temptation increases, God's grace also increases.*

*How can we learn to love? The Lord shows us other people's tragedies in order to teach us: Do not be indifferent to your neighbor's pain. If you can help him, do so; if you can't do anything to help, you can in any case have compassion. Pray for him. Prayer raised with love has great power. By this we exercise ourselves in love and learn to love.*

*Some people say that love abides in them, but they don't even know what love is. Or how can they fathom it? Love suffered long, and is kind; love envieth not; love vaunteth not itself, is not puffed up, doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; rejoiceth not in iniquity, but rejoiceth in the truth; beareth all things, believeth all things, hopeth all things, endureth all things (I Corinthians 13:4-7).*

*If you have contempt for even one person, you are far from the Kingdom of Heaven. Love is the mother of all virtues. The heart belongs first and foremost to the One Who gave it to you---This is the first and greatest commandment (Matt. 22:38)*

+*St. Gabriel Urgebazde*

*...simple desires, even when they are not sinful, are actually worse than the sinful ones. A sinful desire will shake a man at some point, and his conscience will bother him, and he will make an effort to repent. He will say, 'My God, I have sinned.' On the contrary, these other desires, the 'good ones,' do not concern him at all. He believes that he is doing well. 'I love well-made and beautiful things,' he thinks. 'Besides, God created everything beautiful.' Yes, but his love does not go to the Creator, it goes to His creation, which is why we should break off from every desire. When someone makes an effort for Christ by sacrificing what he loves, no matter how good what he loves is, God will grant him an even greater peace and rest.*

+*Elder Paisios of Mount Athos*

*"When a man receives something Divine, in his heart he rejoices; but when he receives something diabolic, he is disturbed. The Christian heart, when it has received something Divine, does not demand anything else in order to convince it that this is precisely from the Lord; but by that very effect it is convinced that this is heavenly, for it senses within itself spiritual fruits: love, joy, peace, and the rest (cf. Gal. 5:22)."*

+*St. Seraphim of Sarov*

**Prayers for the Departed:** *Maria Proch, Mark Gundersen, John Berket, Anthony Greer, George Sarmousakis, Alfred Mokhiber*

**Prayers for the Sick and Those in Need:** *Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat. Julia Petranin, Mat. Ellen Chupeck, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Lydia Kendall, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov, Stephanie Hojnicky, Anastacia Sarmousakis, Ioana*

**Prayers for Women and the Child to be born:** *Susanne Didinato, Stephanie Riley, Catalina Mary Finck*

<b>Date</b>	<b><u>Coffee Hour</u></b>	<b><u>Service Duty</u></b>	<b><u>Church Clean</u></b>	<b><u>Library</u></b>
<b>22-Jul</b>	Oberto/Peck	Elia/Morjana	Hines	Farrell
<b>29-Jul</b>	Gerassimakis/Bunitsky	Riley/Riley	Suplizi	Skomorucha
<b>5-Aug</b>	POT LUCK - Pacienza	Sulpizi/Finck	Riley	Maloney
<b>12-Aug</b>	Sulpizi/Skomorucha	Hojnicky/Souder	Bunitsky	Lewis

Last Week's Attendance: 103