



**Sunday July 29, 2018 9th SUNDAY AFTER
 PENTECOST — Tone 8.** *Martyr Callinicus of Gangra in Asia Minor (3rd-4th c.). Ven. Constantine and Cosmas, Abbots of Kosinsk (Pskov—13th c.). Virgin Martyr Seraphima (Serapia) of Antioch (2nd c.). Martyr Theodota and her three sons in Bithynia (ca. 304). Martyr Michael (9th c.). Martyr Eustace of Mtskhet in Georgia (589).*

This Week's Schedule

Saturday 8/04 Great Vespers 5:00 p.m.

Sunday 8/05 Eve of Transfiguration Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

Transfiguration Vespers following coffee hour

Monday 8/06 Holy Transfiguration

Divine Liturgy 9:00 a.m.

followed by blessing of first fruits

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
July 29	RILEY	RILEY	RILEY
Aug 05	BUNITSKY	BUNITSKY	LEWIS
Aug 06	TRANSFIGURATION		
Aug 12	WALES	WALES	WALES

Hymns and Prayers

Tone 8 Troparion (*Resurrection*)

Thou didst descend from on high, O Merciful One!
Thou didst accept the three day burial
to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to Thee!

Tone 4 Troparion (*Martyr Callinicus*)

Thy holy martyr Callinicus, O Lord,
through his suffering has received an incorruptible crown from Thee
our God.
For having Thy strength, he laid low his adversaries,
and shattered the powerless boldness of demons.//
Through his intercessions, save our souls!

Tone 8 Kontakion (*Resurrection*)

By rising from the tomb, Thou didst raise the dead and resurrected
Adam.
Eve exults in Thy Resurrection,
and the world celebrates Thy rising from the dead, O
greatly Merciful One!

Tone 2 Kontakion (*Martyr Callinicus*)

Thou didst worthily inherit joy on high, O Callinicus,
for aflame with love for Christ thou didst bravely endure the fire.
As thou standest before Him,//
never cease to intercede for us all!

Tone 8 Prokeimenon (*Resurrection*)

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)

Epistle 1 Corinthians 3:9-17

For we are God's fellow workers; you are God's field, you are God's building.

According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it.

For no other foundation can anyone lay than that which is laid, which is Jesus Christ.

Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is.

If anyone's work which he has built on it endures, he will receive a reward.

If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire.

Do you not know that you are the temple of God and that the Spirit of God dwells in you?

If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Tone 8

Alleluia, Alleluia, Alleluia!

v: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps 94/95:1)

v: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps 94/95:2)

Gospel Matthew 14:22-34

Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there.

But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary.

Now in the fourth watch of the night Jesus went to them, walking on the sea.

And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear.

But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid."

And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water."

So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus.

But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!"

And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?"

And when they got into the boat, the wind ceased.

Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God."

When they had crossed over, they came to the land of Gennesaret.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

VCS July 30th -August 1st We will be offering Vacation Church School July 30th through August 1st. All of our Orthodox youth are invited to participate. We will begin each evening with a potluck dinner followed by activities, crafts, and more. At the end of each day we will offer the Evening Prayers together. All parents are encouraged to help with meal & snack coordination, etc. and certainly encouraged to participate in the prayers. For more information or details please see Laura Whalen or Maria Peck. We hope all can join us!

Dormition Fast The liturgical calendar comes to its close in August with the fourth and final fasting season of the Church year along with two major feasts. Every year the Orthodox Church sets aside the first fourteen days of August in honor of the Virgin Mary. This fast period begins on August 1st and peaks on August 15th, when the Church gathers to celebrate the great feast of the Dormition (Falling Asleep) of the Theotokos.

The Feast of the Transfiguration On Aug 6th we will celebrate the feast of the Transfiguration of our Lord. This feast commemorates our Lord's transfiguration before his disciples on Mt. Tabor. In His Transfiguration He reveals His glory to the disciples. In Him they (and we) now see for themselves the glory of God present in the person of Christ. Be sure to make plans for the coming fast and feasts. Great Vespers for the feast will be next Sunday Aug. 5th following the coffee hour and then Monday,

Aug. 6th Divnie Liturgy at 9:00 a.m. followed by the blessing of first fruits.

All American Council St. Louis Catalina Finck and Fr. Barnabas represented St. Michael's at the 19th All-American Council, with the theme "For the Life of the World" from Protospesbyter Alexander Schmemmann's. It was indeed a fruitful AAC! Everyone is encouraged to visit the Orthodox Church in America's web site, Ancient Faith Radio, or the Orthodox Church in America's Facebook page to listen and to see the ongoing work of our Orthodox Church. Catalina Finck and Fr. Barnabas will be offering a full report on the council at a future coffee hour.

Two Mothers with Different Hopes

The Church remembers seven brothers, the Maccabees, and their mother Solomonia. She had to witness the brutal deaths of all her beloved boys, but the way she did it is memorable.

Antiochus IV, who reigned from 175 to 164 B.C., was the Syrian king so full of pride that he took the title "Epiphanes" and felt entitled to demand that his whole kingdom follow one set of customs—those of the pagan Greek culture.

What this meant for the Jews living under his rule was that they were directed "to forbid burnt offerings and sacrifices and drink offerings in the sanctuary...to build altars and sacred precincts for idols, to sacrifice swine and unclean animals, and to leave their sons uncircumcised. They were to make themselves abominable by everything unclean and profane" (I Maccabees 1: 45-480).

While this was intolerable to many Jews, some went along with it so as to escape persecution and get along with the ruler. I Maccabees tells us: "All the Gentiles accepted the command of the king. Many even from Israel gladly adopted his religion; they sacrificed to idols and profaned the Sabbath" (1:41). Antiochus oversaw the desecration of the Temple itself. A faithful priest of the Temple who was in his nineties, Eleazar, was tortured and killed for his insistence on upholding the Old Testament Law.

The seven young martyrs remembered on this day were disciples of Eleazar. When the king brought them to trial, they openly declared their allegiance to him, and refused to break the Law of Moses by eating pork. The oldest brother, speaking for them all, challenged the king by asking, "What do you intend to ask and learn from us? For we are ready to die rather than transgress the laws of our fathers" (II Maccabees 7: 2).

When only the youngest boy was left alive, Antiochus urged his mother Solomonias to persuade him to give in, so that she would at least have one son left. She pretended to do this, but actually whispered to him that he should show the same bravery his brothers had shown. She was sure they would all, by God's grace, be reunited. When her youngest defied the king and was killed, she said a prayer and died too.

Matthew 20: 21 gives us the account of the mother of the sons of Zebedee who comes to Jesus and asks Him to "command that these two sons of mine may sit, one at your right hand and one at your left, in your kingdom."

Jesus knows that it is really the two sons themselves who are asking this, and He turns His attention directly to them. He tells them that places at His right or left are the Father's, not His, to give.

So we have two mothers, both wanting things for their sons. One seeks honor; the other encourages martyrdom. Yet both women, different as they are, give sons to God for His service, and He accepts them all.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

'The Ark, which in the midst of the Flood was a symbol of the Church, was wide below and narrow above; and, at the summit, measured only a single cubit. It was wide where the animals were, narrow where men lived: for the Holy Church is indeed wide in the number of those who are carnal minded, narrow in the number of those who are spiritual.'

St. Gregory the Great

'When your mind, inflamed by longing for God, little by little divests itself of flesh, as it were, and turns away from all thoughts engendered by sensory impressions, or from memory, being at the same time full of adoration and rejoicing, then you may conclude that it has approached the boundaries of prayer.'

St. Nilus of Sinai

'Brethren and Fathers, just as the hungry long to eat and the thirsty to drink, so we should be enthusiastic to listen to the word of God. For by listening we gain the greatest benefits. If we are slothful, we put away sloth; if we are eager, we become even more eager; and from both the outcome is good.'

St. Theodore the Studite

'Since you are on the road that leads up to God, my child, let it not seem strange to you that many times you fall upon thorns and clods of earth, while at other times the ground is even. For all those who struggle sometimes fall, yet at other times prevail. The Great Prophet Job said: "Is not the life of man upon earth a state of trial" (Job 7:1)? Another holy man said: "A man without experience in temptation cannot be sure of his virtues" (Sirach 34:10). The moment that we begin to practice the Faith, we are tempted, so that we might be tested and learn to do war against temptation. '

Abba Dorotheos of Gaza

"Letters and Various Sayings"

"It is necessary most of all for one who is fasting to curb anger, to accustom himself to meekness and condescension, to have a contrite heart, to repulse impure thoughts and desires, to examine his conscience, to put his mind to the test and to verify what good has been done by us in this or any other week, and which deficiency we have corrected in ourselves in the present week. This is true fasting."

+ Saint John Chrysostom +

Prayers for the Departed: *Maria Proch, Mark Gundersen, John Berket, Anthony Greer, George Sarmousakis, Alfred Mokhiber*

Prayers for the Sick and Those in Need: *Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Dimitry Perez, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Lydia Kendall, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov, Stephanie Hojnicki, Anastacia Sarmousakis, Ioana*

Prayers for Women and the Child to be born: *Stephanie Riley, Catalina Mary Finck*

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
29-Jul	Gerassimakis/Bunitsky	Riley/Riley	Suplizi	Skomorucha
5-Aug	POT LUCK - Pacienza	Sulpizi/Finck	Riley	Maloney
12-Aug	Sulpizi/Skomorucha	Hojnicki/Souder	Bunitsky	Lewis
19-Aug	Peck/Wales	Telep/Baldychev	Farrell	Gundersen