



**Sunday August 5, 2018 10th SUNDAY AFTER
PENTECOST — Tone 1. Forefeast of the
Transfiguration.** *Martyr Eusignius of Antioch (362).
Ven. Job of Ushchelsk (1628). Hieromartyr Antherus
(Antheros—236) and Fabian (250), Popes of Rome. Martyr
Pontious at Cimella in France (ca. 257). Martyrs Cantidius,
Cantidian, and Sibelius (Sobel) of Egypt. Righteous Nonna,
mother of St. Gregory the Theologian (374).*

This Week's Schedule

Today 8/05 Transfiguration Vespers following coffee hour
Monday 8/06 Holy Transfiguration Divine Liturgy 9:00 a.m.
followed by blessing of first fruits
Wednesday 8/8 & Friday 8/10 Small Paraklesis 6:30 p.m.
Saturday 8/11 Great Vespers 5:00 p.m.
Sunday 8/12 Hours 8:40 a.m.
Divine Liturgy 9:00 a.m.
followed by coffee hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Aug 06	TRANSFIGURATION		
Aug 12	WALES	WALES	WALES
Aug 15	DORMITION		
Aug 19	SOUDER	SULPIZI	FINCK
Aug 26	LEWIS	PECK	PECK

Hymns and Prayers

Tone 1 Troparion *(Resurrection)*

When the stone had been sealed by the Jews,
while the soldiers were guarding Thy most pure body,
Thou didst rise on the third day, O Savior,
granting life to the world.
The powers of heaven therefore cried to Thee, O Giver of Life:
“Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!///
Glory to Thy dispensation, O Thou who lovest of mankind!”

Tone 4 Troparion *(Forefeast of Transfiguration)*

Come, ye faithful, let us welcome the Transfiguration of Christ,
and let us joyfully cry as we celebrate the prefeast:
“The day of holy gladness has come;
the Lord has ascended Mount Tabor!///
to radiate the beauty of His Divinity.”

Tone 1 Kontakion *(Resurrection)*

As God, Thou didst rise from the tomb in glory,
raising the world with Thyself.
Human nature praises Thee as God, for death has vanished.
Adam exults, O Master!
Eve rejoices, for she is freed from bondage and cries to Thee://
“Thou art the Giver of Resurrection to all, O Christ!”

Tone 4 Kontakion *(Forefeast of Transfiguration)*

Today all mortal nature shines with the divine Transfiguration
and cries with exultation!///
“Christ the Savior is transfigured to save us all!”

Tone 1 Prokeimenon

Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!
(Ps 32/33:22)

v: Rejoice in the Lord, O ye righteous! Praise befits the just! (Ps 32/33:1)

Epistle 1 Corinthians 4:9-16

For I think that God has displayed us, the apostles, last, as men condemned to death; for we have been made a spectacle to the world, both to angels and to men.

We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are distinguished, but we are dishonored! To the present hour we both hunger and thirst, and we are poorly clothed, and beaten, and homeless.

And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure;

being defamed, we entreat. We have been made as the filth of the world, the offscouring of all things until now.

I do not write these things to shame you, but as my beloved children I warn you.

For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel.

Therefore I urge you, imitate me.

Tone 1

Alleluia, Alleluia, Alleluia.

v: God gives vengeance unto me, and subdues people under me. (Ps 17/18:47)

v: He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps 17/18:50)

Gospel Matthew 17:14-23

And when they had come to the multitude, a man came to Him, kneeling down to Him and saying,

“Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water.

So I brought him to Your disciples, but they could not cure him.”

Then Jesus answered and said, “O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me.”

And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour.

Then the disciples came to Jesus privately and said, "Why could we not cast it out?"

So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you.

However, this kind does not go out except by prayer and fasting."

Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up." And they were exceedingly sorrowful.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia.

This Week's Announcement

The Feast of the Transfiguration Today and tomorrow we will celebrate the feast of the Transfiguration of our Lord. This feast commemorates our Lord's transfiguration before his disciples on Mt. Tabor. In His Transfiguration He reveals His glory to the disciples. In Him they (and we) now see for themselves the glory of God present in the person of Christ. Be sure to make plans for the coming fast and feasts. Great Vespers for the feast will today, Aug. 5th following the coffee hour and then tomorrow, Monday, Aug. 6th, Divine Liturgy at 9:00 a.m. followed by the blessing of first fruits.

Dormition Fast and Feast Every year the Orthodox Church sets aside the first fourteen days of August in honor of the Virgin Mary. This fast period begins on August 1st and peaks on August 15th, when the Church gathers to celebrate the great feast of the Dormition (Falling Asleep) of the Theotokos. We will celebrate the feast Tues. Aug 14th with Great Vespers 7:00 p.m. and Wed. Aug. 15th Divine Liturgy at 9:00 a.m. On this feast we traditionally bless fragrant herbage, flowers, and seed. Please be attentive to this final major feast of the liturgical year!

Small Paraklesis This Wednesday and Friday evening we will offer the Small Paraklesis, at 6:30 p.m., in preparation for the feast Dormition of the Mother of God. Come be a part of the mid-week service of supplication.

Chrismation Next Saturday Next Saturday Aug. 11th at 4:00 p.m. we will welcome into the Church Ruby Mackenzie by the Sacrament of Holy Chrismation. Please join us to “officially” welcome this little one into the Body of Christ at St. Michael’s Orthodox Church!

VCS Thanks You! Thanks to all parents, participants, and helpers for our 2018 VCS. We had a fruitful week focusing on the Cross and celebrating the feast of the Procession of the Holy Cross (Aug. 1). A special thanks to Laura (Julia) Whalen and Maria Peck for organizing this year’s VCS. Many years to all who help in the ministry to our youth!

Upcoming Family Promise St. Michaels will co-host Family Promise the week of Sept. 2nd. Will you please sign up on the board to cook, serve & provide hospitality at St. Philips Lutheran Church, 5320 Limestone Road, Wilmington on these days: Monday, Sept. 3, Tuesday, Sept. 4 & Thursday, Sept. 6th. Contact Ellen Gundersen at 610.388.0695 or email at ellengundersen5@gmail.com. These families need and appreciate your compassion and understanding.

All American Council St. Louis Catalina Finck and Fr. Barnabas represented St. Michael’s at the 19th All-American Council, with the theme "For the Life of the World" from Protospesbyter Alexander Schmemmann's. It was indeed a fruitful AAC! Everyone is encouraged to visit the Orthodox Church in America’s web site, Ancient Faith Radio, or the Orthodox Church in America’s Facebook page to listen and to see the ongoing work of our Orthodox Church. Catalina Finck and Fr. Barnabas will be offering a full report on the council at a future coffee hour.

A Saint Who Was the Mother, Wife and Aunt of Saints

Saint Nonna is often chiefly identified as the mother of Saint Gregory the Theologian. She was indeed his mother, but there is much more to know about her.

Raised in a Christian family, Nonna learned early to love Christ. She was also a dutiful daughter. So when her family arranged an "advantageous" marriage to a wealthy landowner, Gregory of Arianzus, she obediently accepted him as her husband.

But the marriage was a source of pain to her, because she loved Gregory and worried about his salvation. He was a member of a pagan sect, and a fire worshipper.

Nonna prayed fervently that her husband would come to the true faith. Her son Gregory, in his writings, describes the way in which her prayers were answered. His father, he writes, had a dream in which he was singing the first verse of Psalm 122 (121): "I was glad when they said to me, 'Let us go to the house of the Lord.'" The dream was so vivid that it made the elder Gregory actually want to go to church. This was the beginning of his conversion to Christianity.

In the early years of their marriage, Saint Nonna concentrated on raising her children as strong Christians, while also seeing to their education. The brilliance of her son Gregory, both as a theologian and as a philosopher, is the best evidence of her success. His written words about her also show his love and admiration for her: "What time and place of prayer ever eluded her? She was drawn to this each day before anything else, and she had complete faith that her prayers would be answered." The elder Gregory attended the Ecumenical Council of Nicaea and was baptized there. He was ordained to the priesthood, and later was made Bishop of Nazianzus. Nonna was made a deaconess. Both of them gave tireless and loving service to the people around them. Their nephew Amphilocius became Bishop of Iconium, joining them in faithful service. In her later years, Nonna experienced the greatest loss a mother can have, not once but twice. In the space of two years, her youngest son died, and then her daughter. Though she bore these deaths as God's will, her distress affected her once-vigorous health so that she became weak and had little appetite for food.

Her son Gregory describes a dream which restored his mother's health: "It seemed to her that I...had appeared to her suddenly by night with a basket of the whitest bread. Then I blessed these loaves with the Sign of the Cross, as is my custom, and I gave her to eat, and with this her strength increased." Saint Nonna lived for several more years, spending most of her time praying in church after her husband's death. Saint Paul writes in I Corinthians 3: 9 that "we are God's fellow workers." Saint Nonna, in her many roles, fulfilled that one as well.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

'Men speak to perfection but they do precious little about it.'

St. Poemen

'It is absolutely impossible at the same time to be a man of understanding and not to be ashamed to gratify the body.'

Clement of Alexandria

'The sensible man, taking into account the remedial effect of the divine prescriptions, gladly bears the sufferings which they bring upon him, since he is aware that they have no cause other than his own sin. But when the fool, ignorant of the supreme wisdom of God's providence, sins and is corrected, he regards either God or men as responsible for the hardships he suffers.'

St. Maximos the Confessor

'Born as a son, led forth as a lamb, sacrificed as a sheep, buried as a man, He rose from the dead as a God, for He was by nature God and Man. He is all things: He judges, and so He is Law; He teaches, and so He is Word; He saves, and so He is Grace; He begets, and so He is Father, He is begotten, and so He is Son; He suffers, and so He is Sacrifice; He is buried, and so He is Man; He rises again, and so He is God. This is Jesus Christ, to Whom belongs Glory for all ages.'

St. Melito of Sardis

Prayers for the Departed: *Maria Proch, Mark Gundersen, John Berket, Anthony Greer, George Sarmousakis, Alfred Mokhiber*

Prayers for the Sick and Those in Need: *Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Dimitry Perez, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Lisa Weremedic, Matushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, Marie Holowatch, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Lydia Kendall, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov, Stephanie Hojnicky, Anastacia Sarmousakis, Ioana*

Prayers for Women and the Child to be born: *Stephanie Riley, Catalina Mary Finck*

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
5-Aug	POT LUCK - Pacienza	Sulpizi/Finck	Riley	Maloney
12-Aug	Sulpizi/Skomorucha	Hojnicki/Souder	Bunitsky	Lewis
19-Aug	Peck/Wales	Telep/Baldychev	Farrell	Gundersen
26-Aug	O. Arshinova and Julia	Bunitsky/Lewis	Hines	Farrell
2-Sep	PARISH PICNIC	Elia/Morjana	Clause/Whalen	Skomorucha