



Sunday October 7, 2018 19th SUNDAY AFTER
 PENTECOST — Tone 2. Martyrs Sergius and Bacchus in
 Syria (290-303). Ven. Sergius the Obedient, of the Kiev
 Caves (Near Caves—ca. 13th c.). Ven. Sergius, Abbot of
 Nurma (Vologdá—1412), disciple of Ven. Sergius of
 Rádonezh. Uncovering of the relics of Ven. Martinian,
 Abbot of Belozersk (1514). Martyrs Julian the Presbyter
 and Cæsarius the Deacon, at Terracina (1st c.). Virgin
 Martyr Pelagia of Tarsus (290). Martyr Polychronius the
 Presbyter (4th c.).

This Week's Schedule

Saturday 10/13 Great Vespers 5:00 p.m.

Sunday 10/14 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

followed by coffee hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Oct 07	BUNITSKY	BUNITSKY	LEWIS
Oct 14	WALES	WALES	WALES
Oct 21	LEWIS	PECK	PECK
Oct 28	RILEY	RILEY	RILEY

Hymns and Prayers

Tone 2 Troparion *(Resurrection)*

When You descended to death, O Life Immortal,
You destroyed hell with the splendor of Your Godhead.
And when from the depths You raised the dead,
all the powers of heaven cried out://
“O Giver of life, Christ our God, glory to You!”

Tone 4 Troparion *(for the Martyrs Sergius and Bacchus)*

Your holy martyrs Sergius and Bacchus, O Lord,
through their sufferings have received incorruptible crowns from You,
our God.
For having Your strength, they laid low their adversaries,
and shattered the powerless boldness of demons.//
Through their intercessions, save our souls!

Tone 2 Kontakion *(Resurrection)*

Hell became afraid, O almighty Savior,
seeing the miracle of Your Resurrection from the tomb!
The dead arose! Creation, with Adam, beheld this and rejoiced with
You,//
and the world, my Savior, praises You forever.

Tone 2 Kontakion *(Martyrs Sergius and Bacchus)*

Having courageously confronted the Enemy,
you brought his guiles to an end, and received from on high the
crown of victory.
Illustrious martyrs, Sergius and Bacchus,
with one heart you cry aloud://
“How good and pleasant it is to dwell with God!”

Tone 2 Prokeimenon

The Lord is my strength and my song; He has become my salvation.
(Ps 117/118:4)

v: The Lord has chastened me sorely, but He has not given me over to death. (Ps 117/118:18)

Epistle 2 Corinthians 11:31-12:9

The God and Father of our Lord Jesus Christ, who is blessed forever, knows that I am not lying.

In Damascus the governor, under Aretas the king, was guarding the city of the Damascenes with a garrison, desiring to arrest me; but I was let down in a basket through a window in the wall, and escaped from his hands.

It is doubtless not profitable for me to boast. I will come to visions and revelations of the Lord:

I know a man in Christ who fourteen years ago – whether in the body I do not know, or whether out of the body I do not know, God knows – such a one was caught up to the third heaven.

And I know such a man – whether in the body or out of the body I do not know, God knows –

how he was caught up into Paradise and heard inexpressible words, which it is not lawful for a man to utter.

Of such a one I will boast; yet of myself I will not boast, except in my infirmities.

For though I might desire to boast, I will not be a fool; for I will speak the truth. But I refrain, lest anyone should think of me above what he sees me to be or hears from me.

And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure.

Concerning this thing I pleaded with the Lord three times that it might depart from me.

And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

Tone 2

Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)

v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)

Gospel Luke 7:11-16

Now it happened, the day after, that He went into a city called Nain; and many of His disciples went with Him, and a large crowd.

And when He came near the gate of the city, behold, a dead man was being carried out, the only son of his mother; and she was a widow. And a large crowd from the city was with her.

When the Lord saw her, He had compassion on her and said to her, "Do not weep."

Then He came and touched the open coffin, and those who carried him stood still. And He said, "Young man, I say to you, arise."

So he who was dead sat up and began to speak. And He presented him to his mother.

Then fear came upon all, and they glorified God, saying, "A great prophet has risen up among us"; and, "God has visited His people."

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

Welcome to our Newest Member Today we welcomed into the Church Nicholas Thomas DiDonato, son of Nicholas & Susanne DiDonato, through the sacraments of holy baptism and chrismation. May God grant the newly illumined and his family many years!

Parish Council Meeting Just a reminder that there will be a parish council meeting this Thursday Oct. 11th at 7:00 p.m.

Church School We are offering church school classes for preschool ages 3yrs - 5yrs and for primary ages 6yrs - 9yrs. We are still looking for volunteers, teachers, and substitutes for the 2018-19 church school year. All those interested in helping with church school please see Fr. Barnabas.

Study Group This past Thursday nine of us finished the Gospel of St. Matthew chapter 2 and began chapter 3. We will continue this week with chapters 3 of St. Matthew. All are welcome to join us!

Winter Coat Collection We are collecting clean winter coats for the Sunday Breakfast Mission in Wilmington. They feed, clothe and shelter men, women and families. Please drop CLEAN winter coats for all ages in the bin in narthex. Used coats should be in good condition. **LAST DAY IS OCT. 28th.** See Ellen Gundersen with questions.

Reports for Parish Meeting Just a reminder that all reports for the annual meeting should be sent to Jeff Kendall in preparation for the all parish meeting.

All Parish Meeting On Sunday October 28th , 2018, during the coffee hour, we will have our Annual All Parish Meeting. Please make plans to stay following Divine Liturgy for this important work in the life of the church.

Amazon Smile At this time of year, as Nativity approaches, we begin buying gifts for our friends and family. This is just a reminder that if you purchase items from Amazon.Com, St. Michael's could benefit from your purchases. Amazon Smile will give St. Michael's a small rebate for every purchase you make if you use the address below. This address is specific to St. Michael's, so it is easy to use. We have already been receiving benefits from this program. Just type the address into your web browser. <http://smile.amazon.com/ch/05-0545881>

The Monk Dostoevsky Most Admired

Saint Ambrose of Optina lived from 1812 to 1891. The Russian novelist Fyodor Dostoevsky said that Saint Ambrose was the model for the character of Father Zossima in his novel "The Brothers Karamazov." The Optina Monastery was frequented by pilgrims and seekers because it was well-known for the wisdom of its spiritual directors. Dostoevsky came to the monastery in profound sorrow after the death of his young son in 1878. His meeting with Father Ambrose deeply affected him. But the novelist was only one of countless people who received spiritual nurture from Father Ambrose' loving words of guidance.

Born into a priestly family, Alexander (his birth name) had a lively, outgoing nature and liked jokes and word play. He was bright, and did very well as a seminary student, but serious illness struck him just before graduation. He made a promise to God that if he recovered, he would become a monk.

Perhaps it was his lighthearted nature that made him completely seem to forget his promise for quite a while after he regained his health. But one evening, an especially enjoyable one filled with laughter and good company, Alexander was struck by the superficiality of his life. The very next morning, telling hardly anyone, he set out for Optina. It was October of 1839.

Alexander received monastic tonsure in 1842, and was given the name Ambrose in honor of Saint Ambrose of Milan. He was ordained to the priesthood in 1845, and served the Divine Liturgy with joy and reverence. Not long after, though, he again became ill, and in the years that followed his health continued to deteriorate.

In spite of this, however, he became the Elder of the monastery when the revered Father Macarius died in 1860 without naming a successor. By this time, Ambrose had become well-known throughout Russia as a spiritual guide, and so many people came to speak with him that they would wait in long lines. His schedule would have been fatiguing for a person in good health, but Father Ambrose was so ill that sometimes he had to receive people hour after hour while lying down, because he was too weak to get up. Yet he never turned people away, and always listened intently. Often he would tell people their own deepest thoughts, having seen into their hearts even before they had said a word.

In 1884, Father Ambrose founded the Shamordino Monastery for women near Optina. In 1891, visiting the monastery, he continued to receive those who wished to speak with him. But in the fall of that year, his health failed completely, and he died. His funeral, attended by crowds of people, was held at Optina, and he is buried there.

Father Ambrose left many good sayings. One which especially seems to reflect his thoughts about life is this: "We must live on earth just as a wheel turns, with only one point on the ground while the rest reaches out and upward."

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

"Let us, therefore, strive to gain this love for ourselves, let us acquire this tenderness towards our neighbor so that we may guard ourselves from wickedly speaking evil of our neighbor, and from judging and despising him. Let us help one another, as we are members one of another. Which of us, having a wound on his hand or foot, or any other member, would despise it and cut it off, even if it turned septic? Would he

not rather bathe it and take away the poison and put a plaster on it, sign it with the cross, apply a relic, and pray and beg the saints to pray for its cure, as Abbot Zosimos used to say [10]—to put it simply, not to turn aside or run away from our own members even those of bad reputation but to do all we can to cure their disease. In this way we ought to bear one another's burdens, to help one another and be helped by others who are stronger than ourselves, to think of everything and do everything that can help ourselves and others, for we are members one of another,' as the Apostle says. If we are one body each is a member of the other. If one member suffers, all the others suffer with it. "

- St. Abba Dorotheos of Gaza (505-565 or 620 AD)

"But first we must struggle with the demon of dejection who casts the soul into despair. We must drive him from our heart. It was this demon that did not allow Cain to repent after he had killed his brother, or Judas after he had betrayed his Master. The only form of dejection we should cultivate is the sorrow which goes with repentance for sin and is accompanied by hope in God. It was of this form of dejection that the Apostle said: 'Godly sorrow produces a saving repentance which is not to be repented of (2 Cor. 7:10). This 'godly sorrow' nourishes the soul through the hope engendered by repentance, and it is mingled with joy. That is why it makes us obedient and eager for every good work: accessible, humble, gentle, forbearing and patient in enduring all the suffering or tribulation God may send us. Possession of these qualities shows that a man enjoys the fruits of the Holy Spirit: love, joy, peace, long-suffering, goodness, faith, self-control (cf. Gal. 5:11). But from the other kind of dejection we come to know the fruits of the evil spirit: listlessness, impatience, anger, hatred, contentiousness, despair, sluggishness in praying. So we should shun this second form of dejection as we would unchastity, avarice, anger and the rest of the passions. It can be healed by prayer, hope in

God, meditation on Holy Scripture, and by living with godly people."

- St. John Cassian (c. 360-435 AD), On the Eight Vices: On Dejection, from Philokalia, Vol. I

Prayers for the Departed: Archpriest Vincent Saverino, Marie Holowatch, Patricia Belmont, Mat. Mary Dirga, Maria Proch, Mark Gundersen, John Berket, George Sarmousakis, Alfred Mokhiber

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Dimitry Perez, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Mat. Lisa Weremedic, Mathushka Myra Kovalak, Lemlem Resat, Peter Melnik, Olga Riley, , Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Lydia Kendall, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov, Stephanie Hojnicky, Anastacia Sarmousakis, Ioana, Michael Sinovich

Prayers for Women and the Child to be born: Catalina Mary Finck

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
7-Oct	POT LUCK	Bunitsky/Lewis	Suplizi	Skomorucha
14-Oct	Hamwi/Morjana	Elia/Morjana	Riley	Maloney
21-Oct	Bacuta/Fravel	Riley/Riley	Bunitsky	Lewis
28-Oct	Whalen/Clause/Gabriel	Sulpizi/Finck	Farrell	Gundersen
4-Nov	POT LUCK - Baldychev	Hojnicky/Souder	Clause/Whalen	Farrell