
St. Michael the Archangel Orthodox Church

2300 W. Huntington Dr.

Wilmington, DE 19808

(302) 995-6775

www.stmichael-delaware-oca.org

Sunday January 13, 2019 33rd SUNDAY AFTER
PENTECOST – Tone 8. Afterfeast of the Theophany.
Sunday after Theophany. Martyrs Hermylus and Stratonicus
of Belgrade (ca. 315). Ven. Irenarchus, Recluse, of Rostov. Ven.
Eleazar of Anzersk Island (Solovétsky Monastery – 1656).
Martyr Peter of Anium, at Hieropolis (ca. 309-320). St. James,
Bishop of Nisibis (350). St. Hilary, Bishop of Poitiers (4th c.).
Ven. Maximus Kavsokalyvites (Mt. Athos – 1320).

This Week's Schedule

Wednesday 1/16 Little Angels 9:30 a.m.

Thursday 1/17 Study Group 10 :00 a.m.

Saturday 1/19 Great Vesper 5:00 p.m.

Sunday 1/20 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

followed by Coffee Hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Jan-13	BUNITSKY	BUNITSKY	CAREY
Jan-20	WALES	WALES	WALES
Jan-27	SOUDER	PECK	PECK
Feb 2	MEETING OF THE LORD		
Feb-3	BUNITSKY	BUNITSKY	FINCK

Hymns and Prayers

Tone 8 Troparion *(Resurrection)*

Thou didst descend from on high, O Merciful One!
Thou didst accept the three day burial
to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to Thee!

Tone 1 Troparion of the Feast

When Thou, O Lord, wast baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to Thee,
and called Thee His beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, Who hast revealed Thyself//
and hast enlightened the world, glory to Thee.

Tone 4 Troparion *(Martyrs Hermylus and Stratonicus)*

Thy holy martyrs Hermylus and Stratonicus, O Lord,
through their sufferings have received incorruptible crowns from
Thee, our God.
For having Thy strength, they laid low their adversaries,
and shattered the powerless boldness of demons.//
Through their intercessions save our souls!

Tone 4 Troparion *(Venerable Fathers slain at Sinai and Raithu)*

O God of our fathers,
do not take away Thy mercy from us,
but ever act towards us according to Thy loving kindness,
and, by the prayers of Thy saints,//
guide our lives in peace!

Tone 2 Kontakion *(Venerable Fathers slain at Sinai and Raithu)*

Ye fled from worldly fame
and hastened to a quiet refuge,
where ye were crowned with the blood of martyrdom
and ascetical labors.

Therefore, ye now abide with the Martyrs and the Venerable Ones.

Tone 4 Kontakion of the Feast

Today Thou hast shone forth to the world, O Lord,
and the light of Thy countenance has been marked on us.
Knowing Thee, we sing Thy praises.
Thou hast come and revealed Thyself, //
O unapproachable Light.

Tone 1 Prokeimenon (*Sunday after the Theophany*)

Let Thy mercy, O Lord, be upon us as we have set our hope on Thee!
(Ps 32/33:22)

v: Rejoice in the Lord, O ye righteous! Praise befits the just! (Ps 32/33:1)

Epistle Ephesians 4:7-13

But to each one of us grace was given according to the measure of Christ's gift.

Therefore He says: "When He ascended on high, He led captivity captive, and gave gifts to men."

(Now this, "He ascended" – what does it mean but that He also first descended into the lower parts of the earth?

He who descended is also the One who ascended far above all the heavens, that He might fill all things.)

And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers,

for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

Tone 5 (*Sunday after the Theophany*)

Alleluia, Alleluia, Alleluia!

v: I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation. (Ps 88/89:1)

v: For Thou hast said: "Mercy will be established forever; My truth will be prepared in the heavens." (Ps 88/89:2)

Gospel Matthew 4:12-17

Now when Jesus heard that John had been put in prison, He departed to Galilee.

And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali,

that it might be fulfilled which was spoken by Isaiah the prophet, saying:

“The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles:

The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death Light has dawned.”

From that time Jesus began to preach and to say, “Repent, for the kingdom of heaven is at hand.”

Hymn to the Theotokos

Magnify, O my soul, the most pure Virgin Theotokos,
more honorable than the heavenly hosts.

No tongue knows how to praise thee worthily, O Theotokos;
even Angels are overcome with awe praising thee.

But since thou art good, accept our faith;
for thou knowest our love inspired by God.

Thou art the defender of Christians, and we magnify thee.

Communion Hymns

The grace of God has appeared for the salvation of all men. (*Titus 2:11*)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia! Alleluia! Alleluia!

This Week's Announcement

Holy Water and Home Blessings Holy water will be available for the next few weeks in the church. Holy water is also available throughout the year upon request. Fr. Barnabas is available for home blessings, please see Fr. Barnabas or Mat. Daria for scheduling.

Family Promise We'll be co-hosting Family Promise this week at St Philips Lutheran Church, 5320 Limestone Rd, Wilmington 19808. We

will serve home cooked meals and share fellowship with 4 homeless families in our community. Please continue to pray for this fruitful ministry to Wilmington's homeless.

Study Group Our weekly study group continued this past Thursday seven of us continued with the Beatitudes. Our study group will meet this Thursday at 10 a.m. We will continue reading and discussing the Sermon on the Mount in the 5th chapter of St. Matthew. All are welcome to join us.

Mission Service March 17 St. Michaels will be hosting a Lenten Mission Service (Orthodoxy Sunday) on Sunday March 17 at 4:00 p.m. We are asking for volunteers to help organize and put the meal together. We will need everyone's help as we will be hosting The Philadelphia Clergy Brotherhood as well as the faithful from our surrounding area. Please email Alice Morjana at namorjana@aol.com or see Alice to let her know you can help.

Lenten retreat March 22-23 St. Michaels will be hosting a Lenten retreat with guest speaker and author Dr. Philip Mamalakis. We would like to invite the surrounding churches to share in this retreat therefore we need volunteers to help organize this two-day event for Friday evening and Saturday March 22nd & 23rd. There will be more details to follow on Dr Mamalakis' agenda. Please see Jeff Kendall or Alice Morjana to volunteer.

Truth at Great Personal Cost

Saint Maximus the Confessor was born in the year 580 in



Constantinople. He defended the faith so uncompromisingly that he is one of the great Fathers of the Church.

Maximus did not start out to be a monk or priest. His parents were members of the nobility, and he was highly intelligent and well-educated. When offered an important position in the court of the Emperor Heraclius, the young man accepted it and filled it very well.

But Maximus soon realized that the worldly imperial court was not the place for him.

He gave up his position and joined a monastic community outside the city. This was the right choice; he loved

the monastic life and later became abbot of the monastery. His prayer life guided him to read, study and write about Jesus Christ with great depth of understanding.

Life, though, was not destined to be peaceful. In the year 626 his monastery was invaded and dismantled. The monks were forced to leave, and Maximus fled from Alexandria to Carthage, and from Carthage to Rome.

It was in Rome that he met Pope Martin I, with whom he discovered a very important common interest. Both of these scholarly, pious men opposed a false teaching about Jesus Christ called monothelitism. Those who adhered to this teaching said that He had only one will: His divine will.

For Maximus and Martin, this was a dangerous falsehood because it undermined Jesus' complete and real humanity. To be the Savior of humanity, Maximus said, Jesus had to have two wills: His divine will as Son of God, and His human will as truly one of us.

Unfortunately, the Patriarch accepted the Monothelite teaching. Even worse, the Emperor himself accepted it, largely for political reasons. So Maximus was accused of treason, taken back to Constantinople against his will, and thrown into prison where he languished for years. But he staunchly defended the faith, and the true humanity of the incarnate God, throughout all those years.

When he was in his early eighties, Maximus was finally sentenced. His tongue was cut out so that he could no longer speak "treasonous" words, and his hand was cut off so he could no longer write them. He endured all this, as well as exile, public humiliation and beatings, still insisting that Jesus Christ possessed and exercised both a human will and a divine will. At the Sixth Ecumenical Council which took place about two decades after his death, the Church exonerated him and declared his teachings to be true.

Saint Maximus once wrote, "To harbor no envy, no anger, no resentment against an offender is still not the same as having love for that person. It is possible, without any love, to avoid rendering evil for evil. But to render good for evil—that is the quality of perfect spiritual love." These words have special power because they come from the heart of a man who suffered so cruelly for no crime except defending the truth.

Troparion - Tone 8

Champion of Orthodoxy, teacher of purity and of true worship, enlightener of the universe and adornment of hierarchs: all-wise father Maximus, your teachings have gleamed with light upon all things.

Intercede before Christ God to save our souls.

Troparion - Tone 8

*Let us the faithful fittingly praise the lover of the Trinity,
the great Maximus who taught the God-inspired faith,
that Christ is to be glorified in His two natures, wills, and energies;
and let us cry to him: "Rejoice, herald of the faith."*

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

"Humility, in an inexplicable manner, elevates us above created things and preserves the Grace of God in our lives. So let's bear in mind the wise warning which says: 'The devil doesn't eat and doesn't drink, so in a sense that makes him the greatest ascetic. But it doesn't make him any less the devil'. Humility is the only weapon that defeats the devil, the necessary condition for salvation, the mystical divine force which gathers everyone into it. Where there is humility, there also is the glory of God. The eye of the flower of the soul blossoms into a plant that never fades."

- Saint Isaac the Syrian

"These three things God requires of all the baptized: right faith in the heart, truth on the tongue, temperance in the body."

— *St. Gregory the Theologian (329 AD-390 AD)*

"In the end times a man will be saved by love, humbleness and kindness. Kindness will open the gates of Heaven; humbleness will lead him into Heaven; a man, whose heart is filled with love, will see God."

- St. Gabriel of Georgia, Confessor and Fool for Christ, a Georgian Orthodox monk venerated for his dedicated monastic life and piety (1929-1995)

Prayers for the Departed: Archpriest Joseph Martin, Virginia Sekerak Marie Holowatch, Maria Proch, Mark Gundersen, John Berket, George Sarmousakis, Alfred Mokhiber.

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Lemlem Resat, Peter Melnik, Olga Riley, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov Baldychev, Stephanie Hojnicky, Michael Sinovich, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Catalina Mary Finck, Infant John David Finck

Prayers for Catechumen: Robert Jaquette

Prayers for Women and the Child to be born: Ruth Kendall, Bisrat Gabriel

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
13-Jan	Whalen/Clause/Gabriel	Sulpizi/Finck	Clause/Whalen	Farrell
20-Jan	J. Peck/Sue Dorazio	Hojnicky/Souder	Skomorucha/Lewis Kiflemarian	Skomoruch
27-Jan	Hamwi/Morjana	Telep/Baldychev	S. Peck	Maloney
3-Feb	Najemy/Kendall	Bunitsky/Morjana	N. Carey	Gundersen
10-Feb	Bacuta/Fravel	Riley/Riley	Baldychev/Shatley/	Farrell