
St. Michael the Archangel Orthodox Church

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Sunday February 3, 2019 36th SUNDAY AFTER
PENTECOST – Tone 3. Afterfeast of the Meeting. Holy
and Righteous Simeon the God-receiver and Anna the
Prophetess. Rt. Blv. Prince Roman of Uglich (1285).
Prophet Azariah (2 Chronicles 15th-10th c. B.C.).
Martyrs Papias, Diodorus and Claudianus, at Perge in
Pamphylia (250). Martyrs Adrian and Eubulus, at
Cæsarea in Cappadocia (ca. 308-309). Martyr Blaise of
Cæsarea in Cappadocia (ca. 308-309).

This Week's Schedule

Wednesday 2/6 Little Angels 9:30 a.m.

Thursday 2/7 Study Group 10 :00 a.m.

Saturday 2/9 Great Vesper 5:00 p.m.

Sunday 2/10 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

followed by Coffee Hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Feb-3	BUNITSKY	BUNITSKY	FINCK
Feb-10	WALES	WALES	WALES
Feb-17	SULPIZI	PECK	PECK
Feb-24	RILEY	RILEY	RILEY



Hymns and Prayers

Tone 3 Troparion *(Resurrection)*

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Tone 1 Troparion *(Meeting of Our Lord)*

Rejoice, O Virgin Theotokos, Full of Grace!
From you shone the Sun of Righteousness, ^Christ our God,
enlightening those who sat in darkness.
Rejoice and be glad, O righteous Elder,
you accepted in your arms the ^Redeemer of our souls,
Who grants us the Resurrection!

Tone 3 Kontakion *(Resurrection)*

On this day You rose from the tomb, O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Your power.

Tone 1 Kontakion *(Meeting of Our Lord)*

By Your Nativity You sanctified the Virgin's womb
and blessed Simeon's hands, ^O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians,
O only Lover of Man!

Tone 3 Prokeimenon *(Resurrection)*

Sing praises to our God, sing praises! Sing praises to our King, sing praises! (*Ps 46/47:6*)

*v: Clap your hands, all peoples! Shout to God with loud songs of joy!
(Ps 46/47:1)*

Tone 3 Prokeimenon (*Song of the Theotokos*)

*My soul magnifies the Lord, and my spirit rejoices in God my Savior.
(Lk 1:46-47)*

Epistle 1 Timothy 1:15-17

This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief.

However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life.

Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

Tone 3

Alleluia, Alleluia, Alleluia!

v: In You, O Lord, have I hoped; let me never be put to shame! (Ps 30/31:1)

*v: Be a God of protection for me, a house of refuge in order to save me!
(Ps 30/31:2)*

Tone 8

v: Lord, now let Your servant depart in peace, according to Your word, for my eyes have seen Your salvation! (Lk 2:29)

Gospel Matthew 15:21-28

Then Jesus went out from there and departed to the region of Tyre and Sidon.

And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed."

But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us."

But He answered and said, "I was not sent except to the lost sheep of the house of Israel."

*Then she came and worshiped Him, saying, "Lord, help me!"
But He answered and said, "It is not good to take the children's bread
and throw it to the little dogs."
And she said, "Yes, Lord, yet even the little dogs eat the crumbs which
fall from their masters' table."
Then Jesus answered and said to her, "O woman, great is your faith! Let
it be to you as you desire." And her daughter was healed from that very
hour.*

(Instead of "It is truly meet ...," we sing:)

Tone 3

O Virgin Theotokos, hope of all Christians,
protect, preserve, and save those who hope in you!

In the shadow and letter of the Law,
let us, the faithful, discern a figure:
every male [child] that opens the womb is holy to God.
Therefore we magnify the firstborn Word of a Father Who
has no beginning, //
the Son firstborn of a Mother who had not known man.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
I will receive the cup of salvation and call on the name of the Lord.
(*Ps 115/116:13*)
Alleluia, Alleluia, Alleluia!

This Week's Announcement

Special Choir Rehearsal Thanks for all who came to the special rehearsal yesterday. A special thanks to Paula Daubert and Juliana Peck for their efforts and sharing their gifts and talents for the building up of our liturgical life. Thanks to all our singers, "...for those who labor, and those who sing, let us pray...".

Study Group Our study group will resume this Thursday at 10 a.m. We will continue with the 5th chapter of St. Matthew. Join us!

Women's Book Study Our Women's Book Study will continue on Tuesday evenings for the next 5 weeks. We will continue reading "Touch and the Healing of the World", by Daniel B. Hinshaw. We hope you can join us beginning this Tues. Feb. 5th at 7:00 p.m.

Mission Service March 17 St. Michaels will be hosting a Lenten Mission Service (Orthodoxy Sunday) on Sunday March 17 at 4:00 p.m. We are asking for volunteers to help organize and put the meal together. We will need everyone's help as we will be hosting The Philadelphia Clergy Brotherhood as well as the faithful from our surrounding area. Please email Alice Morjana at namorjana@aol.com or see Alice to let her know you can help.

Lenten retreat March 22-23 St. Michaels will be hosting a Lenten retreat with guest speaker and author Dr. Philip Mamalakis. We would like to invite the surrounding churches to share in this retreat therefore we need volunteers to help organize this two-day event for Friday evening and Saturday March 22nd & 23rd. There will be more details to follow on Dr. Mamalakis' agenda. Please see Jeff Kendall or Alice Morjana to volunteer.

Parish Giving We continue to progress to the diocesan proportional giving of 10% of our operating budget to the National and Diocesan Church. The yearly National and Diocesan Assessments are determined based on the parish approved budgets. As a result of the approved 2019 parish budget for St. Michael's and moving to a level 4 Tithing, the annual assessment for each adult over 18 will be \$189 per year. This can be paid at one time or easier quarterly payments of \$47.25. Envelopes are available in the Narthex if you wish to use them as a reminder. Thank you for your continued support.

Where Does Temptation Come From?

The writer of the Epistle or Letter of James is traditionally identified as James, the "brother" or relative of the Lord, who was the first Bishop of Jerusalem.

James 1: 1-18 he addresses his words to "the twelve tribes in the Dispersion." This phrase might appear to refer specifically to the people of Israel, the Jews who are "dispersed" and living in various areas of the world.

But James describes himself as a "servant of God and of the Lord Jesus Christ." So the phrase he uses is really a description of the Church,

which is the new Israel, dispersed in a pagan society. Christians are pilgrims and sojourners, whose true home is not in this world. The First Letter of Peter similarly addresses members of the Church as "the exiles of the Dispersion" (I:1.1)

In the next verse of his letter, James acknowledges that Christians will face trials. These should be counted as "all joy" because they test faith, and those who are steadfast in the test will come to be "perfect and complete" as followers of Christ.

James then assures his readers that God will provide the wisdom needed to withstand those trials to anyone who asks. All that's required of us is that we ask with faith that He is able and willing to provide what we need. If we ask while doubting all the while that He can really help us (James calls this being "double-minded") we can't expect to receive any real help; we are like a wave of the sea "driven and tossed by the wind." We need to make a solid commitment to God, and then act with unwavering faith in Him.

Nobody living in the fallen world and trying to follow Jesus Christ will be free from temptation. James acknowledges this, but he cautions that nobody should ever, in the midst of temptation, say that the temptation comes from God. God does not tempt anyone.

The source of our temptations, James says, is our own desires, misdirected and allowed by us to lure us into places we should not go. God has given us desires and appetites, and they can either be used in a healthy way or a destructive way. The choice is ours and so is the responsibility.

If temptation doesn't come from God, what does come from Him? Verse 17a contains the answer in words that we say as part of the Divine Liturgy: "Every good gift and every perfect gift is from above, coming down from the Father of lights."

The next part of that verse tells us that in God "there is no variation or shadow due to change." This God who calls us to be constant is constant Himself; we can rely forever on that. He has "brought us forth by the word of truth that we should be a kind of first fruits of His creatures." That is a manifestation of His love for us—a love we can also rely on forever.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

"One can possess wealth and still be poor in spirit. Such a one uses his wealth for the common good: "He who holds possessions, and gold, and silver, and houses, as the gifts of God; and ministers from them to the God who gives them for the salvation of men; and knows that he possesses them more for the sake of the brethren than his own; and is superior to the possession of them, not the slave of the things he possesses; and does not carry them about in his soul, nor bind and circumscribe his life within them, but is ever labouring at some good and divine work, even should he be necessarily some time or other deprived of them, is able with cheerful mind to bear their removal equally with their abundance. This is he who is blessed by the Lord, and called poor in spirit, a meet heir of the kingdom of heaven." "

- St. Clement of Alexandria, (ca, 150-215)

"The man who renounces the world from fear is like burning incense, that begins with fragrance but ends in smoke. He who leaves the world through hope of reward is like a millstone, that always moves in the same way (That is, revolves round itself, is self-centred.) But he who withdraws from the world out of love for God has obtained fire at the very outset; and, like fire set to fuel, it soon kindles a larger fire."

- Step 1 (#13.), *On the Renunciation of the World, The Ladder of Divine Ascent* by St. John Climacus

Why we prostrate:

"It provides an image of man's fall into sin and expresses the confession of our sinfulness. Getting up, on the other hand, signifies repentance and the promise to lead a life of virtue. Let each prostration be accompanied by a noetic invocation of Christ, so that by falling before the Lord in soul and body you may gain the grace of the God of souls and bodies."

-St. Theoleptos of Philadelphia (ca. 1250-1322), was a Byzantine monk, Metropolitan of Philadelphia (1283/4–1322) and Eastern Orthodox theologian

Prayers for the Departed: Virginia Sekerak Marie Holowatch, Maria Proch, Mark Gundersen, John Berket, George Sarmousakis, Alfred Mokhiber.

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Lemlem Resat, Peter Melnik, Olga Riley, Marie Karawulan, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov Baldychev, Stephanie Hojnicky, Michael Sinovich, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides,

Prayers for Catechumen: Robert Jaquette

Prayers for Women and the Child to be born: Ruth Kendall, Bisrat Gabriel

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
3-Feb	Najemy/Kendall	Bunitsky/Morjana	N. Carey	Gundersen
10-Feb	Bacuta/Fravel	Riley/Riley	Baldychev/Shatley/	Farrell
17-Feb	Pacienza/George/Grishin	Sulpizi/Finck	Suplizi	Skomorucha
24-Feb	J. Peck/Weins	Hojnicki/Souder	Riley	Maloney
3-Mar	Hojnicki/Flynn/Roberts	Telep/Baldychev	Bunitsky/Finck	Gundersen