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## **St. Michael the Archangel Orthodox Church**

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**Sunday March 3, 2019** SUNDAY OF MEATFARE –  
Tone 7. Sunday of the Last Judgment. Martyr Eutropius  
of Amasea, and with him Martyrs Cleonicus and  
Basiliscus (ca. 308). St. Piama, Virgin (337). Ss. Zeno and  
Zoilus.

### **This Week's Schedule**

Wednesday 3/6 Little Angels 9:30 a.m.

Thursday 3/7 Study Group 10:00 a.m.

Saturday 3/9 Great Vesper 5:00 p.m.

Sunday 3/10 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

followed by Coffee Hour & \*Forgiveness Vespers\*

### **Reader Schedule**

<b><u>DATE</u></b>	<b><u>3<sup>RD</sup> HOUR</u></b>	<b><u>6<sup>TH</sup> HOUR</u></b>	<b><u>EPISTLE</u></b>
Mar-3	SOUDER	PECK	PECK
Mar-10	LEWIS	SULPIZI	LEWIS
Mar-17	BUNITSKY	BUNITSKY	CAREY
Mar-24	SULPIZI	SOUDER	FINCK

## Hymns and Prayers

### **Tone 7 Troparion**      *(Resurrection)*

By Your Cross You destroyed death.  
To the thief You opened Paradise.  
For the Myrrhbearers You changed weeping into joy.  
And You commanded Your disciples, O Christ God,  
to proclaim that You are risen,//  
granting the world great mercy.

### **Tone 1 Kontakion**      *(from the Lenten Triodion)*

When You, O God, shall come to earth with glory,  
all things shall tremble,  
and the river of fire shall flow before Your judgment seat;  
the books shall be opened, and the hidden things disclosed;  
then deliver me from the unquenchable fire,//  
and make me worthy to stand at Your right hand, O Righteous Judge!

### **Tone 3 Prokeimenon**

Great is our Lord, and abundant in power, His understanding is beyond measure. (Ps 146/147:5)

*v: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)*

### **Epistle** 1 Corinthians 8:8-9:2

*But food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse.*

*But beware lest somehow this liberty of yours become a stumbling block to those who are weak.*

*For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols?*

*And because of your knowledge shall the weak brother perish, for whom Christ died?*

*But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ.*

*Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble.*

*Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord?*

*If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.*

## **Tone 8**

Alleluia, Alleluia, Alleluia!

*v: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps 94/95:1)*

*v: v: Let us come before his presence with thanksgiving; let us make a joyful noise to him with songs of praise. (Ps 94/95:2)*

## **Gospel Matthew 25:31-46**

*When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory.*

*All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats.*

*And He will set the sheep on His right hand, but the goats on the left.*

*Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world:*

*for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in;*

*I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.'*

*Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink?*

*When did we see You a stranger and take You in, or naked and clothe You?*

*Or when did we see You sick, or in prison, and come to You?'*

*And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.'*

*Then He will also say to those on the left hand, 'Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink;*

*I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.'*

*Then they also will answer Him, saying, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?'*

*Then He will answer them, saying, 'Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.'*

*And these will go away into everlasting punishment, but the righteous into eternal life."*

## **Communion Hymn**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

### **This Week's Announcement**

***Great Lent to Begin*** Our Lenten journey will begin with Forgiveness Vespers on Sunday, March 10th following coffee hour. All should make a sincere effort to begin the Lenten season with this service and the "Mutual Rite of Forgiveness". "On Forgiveness Sunday, we sing of Adam's exile from paradise. We identify ourselves with Adam, lamenting our loss of the beauty, dignity and delight of our original creation, mourning our corruption in sin. We also hear on this day the Lord's teaching about fasting and forgiveness. Join us for this Lenten beginning

***Parish Council Meeting*** Our parish council will meet today during the coffee hour. Please see Jeff Kendall if you are unable to attend.

***Marie Karawulan Services*** Funeral services for Marie Karawulan will be tomorrow (Monday) March 4 at St. Michael's with Calling hours at 10 a.m. and Funeral services at 11 a.m. Burial at All Saints Cemetery followed by a meal.

***Calling All Library Books*** We asking everyone to try and return parish library books by March 1<sup>st</sup>. Our librarians will be performing an inventory of our books. The books can be checked out once again after the inventory is complete. Thanks for your cooperation.

**Books for Prisoners:** During Lent please donate new or gently used PAPERBACK books in the bin in social hall entrance--especially Paperback Dictionaries. See the list of books requested by prison libraries in our narthex. See Ellen Gundersen or email [ellengundersen5@gmail.com](mailto:ellengundersen5@gmail.com).

**Orthodoxy Sunday/Mission Service March 17** St. Michaels will be hosting a Lenten Mission Service (Orthodoxy Sunday) on Sunday March 17 at 4:00 p.m. We are asking for volunteers to help organize and put the meal together. We will need everyone's help as we will be hosting The Philadelphia Clergy Brotherhood as well as the faithful from our surrounding area. Please email Alice Morjana at [namorjana@aol.com](mailto:namorjana@aol.com) or see Alice to let her know you can help.

**Lenten Retreat "Living Toward the Kingdom In Our Hearts and Homes"** St. Michaels will be hosting a Lenten retreat with guest speaker and author Dr. Philip Mamalakis on March 22<sup>nd</sup> & 23<sup>rd</sup>. Retreat Schedule:

Friday Evening March 22<sup>nd</sup> 6:30 p.m.-8:30 p.m. **Marriage and Relationships Toward the Kingdom** : We live out our Lenten journey, and our whole life in and through close relationships. Yet, these can be the most challenging. We'll look into how Christ invites us, particularly during Lent, to draw close to Him, His Church, to grow in our marriage and close relationships.

Saturday March 23<sup>rd</sup> 9:00 a.m. coffee & prayers, 9:30 a.m.-Noon **Parenting Toward the Kingdom, Part I** : Lent is a time to refocus our efforts on living as Orthodox Christians. However, our kids still have the same struggles they have throughout the year- from getting up and dressed in the morning, and getting along during the day, to getting to bed at night. Join Dr. Mamalakis as he discusses how we can discover the heart of our lenten journey within the daily challenges of parenting.

**12:00 p.m. Lunch at St. Michael's Hall**

Saturday 1:00 p.m.: **Parenting Toward the Kingdom, Part II** Building off of the morning session, Dr. Mamalakis will discuss how Lent, like parenting, is simultaneously an inner struggle and outward behaviors and practices. Fasting and church services are not the goal of Lent, but the critical pathway toward our goal. We'll discuss skills and strategies for setting limits with our children, not as the goal of parenting, but the pathway toward our goal.

**Study Group** Our study group will continue this Thurs. at 10 a.m. with the 5<sup>th</sup> chapter of St. Matthew. Join us!

**Women's Book Study** Our Women's Book Study will continue Tuesday evenings for the next few weeks. We will continue reading "Touch and the Healing of the World", by Daniel B. Hinshaw. We hope you can join us Tuesdays at 7:00 p.m.

### **The Wisdom of Jude**

*The Epistle or Letter of Jude is the second-last book of the New Testament.*

*Consisting of a single chapter with 24 verses, this letter has a powerful impact for so brief a document. It was inspired by a crisis, and is not the kind of letter the author had intended to write before the crisis arose.*

*Jude states that he had planned to write about "our common salvation." In other words, the letter was to be a general description of the beliefs that all Christians hold. He says that he was "very eager" to send such a letter. So it must have been quite a crisis that compelled him to write in an altogether different way, urging his fellow believers to "contend for the faith which was once for all delivered to the saints."*

*He then names the cause of the crisis: There are false teachers who have made their way, secretly, into the Church. These are not enemies from outside, putting forth theories about life and salvation that are different from those of the Church. These are people who are living, working and teaching among the believers and who "deny our only Master and Lord, Jesus Christ."*

*Jude offers three examples of what happens to those who "pervert the grace of God" as these false teachers do. First he describes those who were saved out of the land of Egypt in Moses' time. That deliverance was no guarantee of eternal salvation for people if they did not continue in faithfulness; Jude writes that God "afterward destroyed those who did not believe."*

*Next he describes angels who rebelled against God. They fell from their lofty position and now await a fearful judgment in the "nether gloom." The third example is Sodom and Gomorrah, where immorality and unnatural lust led people to actions worthy of "a punishment of eternal fire."*

*Jude sees the false teachers' arrogant behavior as being just as dangerous as the rebellion and immorality he has described. He writes that the Archangel Michael, when disputing with the devil, didn't presume to pronounce a "reviling judgment" on him, but left it to God. Unlike the archangel, these men "dare to revile whatever they do not understand." At the Eucharistic feast, they carouse and look after*

*themselves rather than being peaceful and showing consideration for everyone.*

*This letter contains harsh condemnations. But Jude has seen the terrible effects of rebellion against God among his own people, in the churches established by the apostles. He calls on church members to be loving, and to convince, save, or have mercy on anyone they encounter. But they must also take care for their own salvation through prayer, building on their foundation of faith, keeping themselves in God's love, and waiting patiently for Christ's mercy.*

*This path to salvation is open to anyone; those who rebel are freely choosing not to take it and they know the consequences. Jude uses strong language and powerful images to help his readers choose to stay on the path.*

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

### **Wisdom from the Fathers**

*"If one, lacking prayer, compels himself to only one prayer, in order to have the grace of prayer, but does not compel himself to meekness, to humility of mind, to love, to fulfill other commandments of the Lord, and does not care about and does not make work and effort to succeed therein; then in proportion to his dispensation and free will, and according to his petition, is given some measure of prayerful grace, though his disposition remains the same as it was before. He is not meek, because he has not sought work and has not prepared himself to become meek. He is not humble, because he did not ask and did compel himself to that. He has not love for all, because he did not care about this and did strive for it while asking in prayer."*

+ St. Macarius of Egypt

*"Do you want to live properly? Make sure you have humility, because without it there's no proper life. People start being abandoned by God once they lose their humility. Love humility and you'll never fall into one of the devil's traps."*

+ St. Ephrem the Syrian, 306-373 AD

*"Get rid of two things about yourself: don't think you're somebody important and worthy; and don't think that anybody else is of greater value than you."*

+ St. Basil the Great, Archbishop of Caesarea in Cappadocia

**Prayers for the Departed:** Marie Karawulan, Virginia Sekerak Marie Holowatch, Maria Proch, Mark Gundersen, John Berket, George Sarmousakis, Alfred Mokhiber

**Prayers for the Sick and Those in Need:** Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat Julia Petranin, Mat. Ellen Chupeck, Lemlem Resat, Peter Melnik, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Benjamin, Patrica, Lubov Baldychev, Stephanie Hojnicky, Michael Sinovich, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides,

**Prayers for Catechumen:** Robert Jaquette

**Prayers for Women and the Child to be born:** Ruth Kendall, Bisrat Gabriel

<b>Date</b>	<b><u>Coffee Hour</u></b>	<b><u>Service Duty</u></b>	<b><u>Church Cleaner</u></b>	<b><u>Library</u></b>
<b>3-Mar</b>	Hojnicky/Flynn/Roberts	Telep/Baldychev	Bunitsky/Finck	Gundersen
<b>10-Mar</b>	Gerissimakis/Bunitsky	Bunitsky/Morjana	Farrell	Farrell
<b>17-Mar</b>	Riley/Souder	Riley/Riley	Clause/Whalen	Skomorucha
<b>24-Mar</b>	Shatley/Hines	Sulpizi/Finck	Skomorucha/Lewis Kiflemarian	Maloney
<b>31-Mar</b>	Elia/Gunderson/Farrell	Hojnicky/Souder	S. Peck	Gundersen

***Upcoming Dates to Keep in Mind***

Cheesefare / Forgiveness Sunday March 10th

Beginning of Great Lent March 11th

Annunciation Monday March 25<sup>th</sup>

Palm Sunday April 21<sup>st</sup>

HOLY PASCHA April 28th