
St. Michael the Archangel Orthodox Church

2300 W. Huntington Dr.

Wilmington, DE 19808

(302) 995-6775

www.stmichael-delaware-oca.org

Sunday March 24, 2019 SECOND SUNDAY OF LENT

– Tone 2. Forefeast of the Annunciation. St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. Ven. Zachariah the Recluse. St. Artemius (Artemon), Bishop of Seleucia (1st-2nd c.). Ven. Zachariah, Ascetic, of the Kiev Caves (Far Caves – 13th-14th c.). Martyrs Stephen and Peter of Kazan' (1552).

This Week's Schedule

Today 3/24 Annunciation Sunday Vespers following Coffee Hour

Monday 3/25 Annunciation Liturgy 9:00 a.m.

Wednesday 3/27 Little Angels 9:30 a.m.

Presanctified Liturgy 6:30 p.m.

Thursday 3/28 Study Group 10:00 a.m.

Friday 3/29 Akathist 7:00 p.m.

Saturday 3/30 Great Vespers 5:00 p.m.

3rd Sunday of Lent 3/31 Hours 8:40 a.m.

Divine Liturgy 9:00 a.m.

Followed by coffee hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Mar-24	SULPIZI	SOUDER	FINCK
Mar 25	ANNUNCIATION TO THE THOTOKOS		
Mar-31	RILEY	RILEY	RILEY
Apr-7	SOUDER	SULPIZI	CAREY

Hymns and Prayers

Tone 2 Troparion *(Resurrection)*

When You descended to death, O Life Immortal,
You destroyed hell with the splendor of Your Godhead.
And when from the depths You raised the dead,
all the powers of heaven cried out://
“O Giver of life, Christ our God, glory to You!”

Tone 4 Troparion *(Forefeast)*

Today is the prelude of joy for the universe.
Let us anticipate the feast and celebrate with exultation:
“Gabriel is on his way to announce the glad tidings to the Virgin;
he is ready to cry out in fear and wonder://
‘Rejoice, O Full of Grace, the Lord is with you!’”

Tone 2 Kontakion *(Resurrection)*

Hell became afraid, O almighty Savior,
seeing the miracle of Your Resurrection from the tomb!
The dead arose! Creation, with Adam, beheld this and rejoiced with
You, //
and the world, my Savior, praises You forever.

Tone 8 Kontakion *(Forefeast)*

You are the beginning of salvation for all of us on earth, Virgin Mother
of God.
For the great Archangel Gabriel, God’s minister, was sent from heaven
to stand before you to bring you joy:
Therefore, we all cry to you: “Rejoice, O unwedded Bride!”

Tone 5 Prokeimenon

You, O Lord, shall protect us and preserve us from this generation
forever. (*Ps 11/12:7*)

v: Save me, O Lord, for there is no longer any that is godly. (Ps 11/12:1)

Epistle Hebrews 1:10-2:3

And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands.

They will perish, but You remain; and they will all grow old like a garment;

like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail."

But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"?"

Are they not all ministering spirits sent forth to minister for those who will inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest we drift away.

For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward,

how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him,

Tone 2

Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)

v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)

Gospel Mark 2:1-12

And again He entered Capernaum after some days, and it was heard that He was in the house.

Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them.

Then they came to Him, bringing a paralytic who was carried by four men.

And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts,

“Why does this Man speak blasphemies like this? Who can forgive sins but God alone?”

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts?”

Which is easier, to say to the paralytic, ‘Your sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk’?

But that you may know that the Son of Man has power on earth to forgive sins” – He said to the paralytic, “I say to you, arise, take up your bed, and go to your house.”

Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”

(Instead of “It is truly meet ... ,” we sing the following)

Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace:
the assembly of Angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child –
our God before the ages.
He made your body into a throne,
and your womb He made more spacious than the heavens.
All of creation rejoices in you, O Full of Grace.//
Glory to you!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, alleluia, alleluia!

This Week’s Announcement

The Feast of Annunciation Monday March 25th is the Feast of the Annunciation to the Mother of God. We will offer Vespers for the feast today following coffee hour. Then Monday morning March 25th Vespersal Liturgy of St. John Chrysostom at 9:00 a.m. Joyous feast!

Mission Service Thanks to Alice Morjana and all the faithful for hosting the Lenten Mission service last week. May our Lord continue to bless our parish efforts of hospitality.

Lenten Retreat We hope and pray that the Lenten retreat was fruitful for all. We would like to thank Jeff Kendall for organizing and arranging our speaker and the retreat. Thanks once again to Alice Morjana and all of the faithful for your works and support of the retreat. May God bless and keep all as we journey through marriage and family.

Memorial Saturday On Saturday April 6th at 4:00 p.m. we will be offering a memorial service for all the departed. The lists of names will be available at the candle desk for any additions or corrections. Please see Fr. Barnabas if you have any questions

Books for Prisoners: During Lent please donate new or gently used PAPERBACK books in the bin in NARTHEX--especially Paperback Dictionaries. See the list of books requested by prison libraries in our narthex. For a donation to the "books for prisoners" collection, please take free orthodox books in social hall entrance. Your donation will be used to buy books for the incarcerated. Thanks for your generosity. See Ellen Gundersen or email ellengundersen5@gmail.com.

Presanctified Liturgy On Wednesday evenings we will be celebrating the Presanctified Liturgy. The Divine Liturgy is not celebrated in the Orthodox Church on lenten weekdays however, in order for the faithful to sustain their lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. This Liturgy is called Presanctified, since the Holy Gifts are presanctified (or consecrated) on the previous Sunday. This is an evening Liturgy consisting of Vespers, followed by a portion of the full Liturgy. The Liturgy of the Presanctified Gifts comes after a day of spiritual preparation and total abstinence. All who plan on participating in Holy Communion for the Presanctified Liturgy who are unable to make the effort of total fasting because of weaknesses or illness, should eat a light lenten meal in the morning or mid morning and begin fasting for communion by noon. Reminder that our Presanctified Liturgy will be followed by a lenten pot luck dinner. All are welcome to come and bring a lenten dish and share in the extra fellowship as we make our journeys together to Pascha.

Liturgy of St. Basil the Great On Sundays during the lenten season we may notice that the Divine Liturgy is a little different. This is because we celebrate the longer Liturgy of St Basil the Great. In the 4th century Church the liturgy of St. Basil was celebrated every Sunday and feast day of the whole year. It was the official Eucharistic Liturgy to be celebrated on a regular basis throughout the year. Towards the end of the first quarter of the second millennium the Liturgy of Saint Basil was replaced by the liturgy attributed to Saint John Chrysostom another 4th century father of the Church. Some say that the celebrating of Saint Basil's liturgy still being done during Lent is because of the conservative liturgical character of Lent. And since it is the intention of the Church to dedicate more time to prayer during Lent, that it is a good opportunity to teach the faithful dogma by offering for their hearing and singing the profound and all-embracing theological elucidations of the Basilian Liturgy. It is also said that it served during lent because of its expressively doctrinal and educational character. Listen and you will hear the wisdom and beauty of this liturgy on the Sunday's of Great Lent. Handouts will be available.

Lenten Confessions There will be a few extra opportunities for confessions during the Lenten season. Confession will be available as usual, following Saturday Vespers and prior to Presanctified Liturgy on Wednesday's from 5:30 p.m. until 6:30 p.m. Confessions will also be available on Thursday's following study group or see Fr. Barnabas for appointments or if you have any questions.

Pussy willows for Palm Sunday If anyone has pussy willow trees and would like to cut pussy willow branches for Palm Sunday we will be happy to distribute them along with palms. Please see Ellen Gundersen or Fr.Dn. James Carpenter.

Archbishop MARK to Visit His Eminence Archbishop MARK will be joining us for Presanctified Liturgy on Holy Tuesday April 23rd at 9 a.m. We hope you can join us for His annual Holy Week visit.

Wisdom from the Fathers

Wisdom from the Holy Fathers on Genesis 49:33-50:26 THE BURIAL OF JACOB: JOSEPH SAID TO THEM...YOU MEANT EVIL AGAINST ME; BUT GOD MEANT IT FOR GOOD... The Abba John the Short asked the monks: "Who sold Joseph?" One monk replied: "His brothers." To that, the elder replied: "No brethren, rather his humility. Joseph could have said that he is their brother and could have protested to being sold but he remained silent. His humility, therefore, sold him. Afterward, this same humility made him master over Egypt." In surrendering ourselves to the will of God, we defend ourselves too much from external unpleasantness, that is why we lose the good fruits which is harvested at the end of unpleasantness endured with humility. Abba Pimen wisely spoke: "We have abandoned the easy yoke, i.e., self-reproach and we have burdened ourselves with a heavy yoke, i.e., self-justification." The Christian accepts every unpleasantness as deserving of their present or their past sins; seeking in all, the will of God with faith and awaiting the end with hope.

Prologue from Ochrid

"You cannot be too gentle, too kind. Shun even to appear harsh in your treatment of each other. Joy, radiant joy, streams from the face of him who gives and kindles joy in the heart of him who receives. All condemnation is from the devil. Never condemn each other. We condemn others only because we shun knowing ourselves. When we gaze at our own failings, we see such a swamp that nothing in another can equal it. That is why we turn away, and make much of the faults of others. Instead of condemning others, strive to reach inner peace. Keep silent, refrain from judgement. This will raise you above the deadly arrows of slander, insult and outrage and will shield your glowing hearts against all evil."

—St Seraphim of Sarov

Prayers for the Departed: Mat Julia Petranin Marie Karawulan, Virginia Sekerak Marie Holowatch, Maria Proch, Mark Gundersen, John Berket, George Sarmousakis, Alfred Mokhiber

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat. Ellen Chupeck, Lemlem Resat, Peter Melnik, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Lubov Baldychev, Stephanie Hojnicky, Michael Sinovich, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides,

Prayers for Catechumen: Robert Jaquette, Sue D’Orazio

Prayers for Women and the Child to be born: Ruth Kendall

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
24-Mar	Shatley/Hines	Sulpizi/Finck	Skomorucha/Lewis/ Kiflemarian	Maloney
31-Mar	Elia/Gunderson/Farrell	Hojnicky/Souder	S. Peck	Gundersen
7-Apr	Peck/Sulpizi/Skomorucha	Telep/Baldychev	Carey	Farrell
14-Apr	Whalen/Clause/Gabriel	Bunitsky/Morjana	Baldychev /Sylvest	Skomorucha
21-Apr	Hamwi/Morjana	Riley/Riley	Suplizi	Maloney

Upcoming Dates to Keep in Mind

Annunciation Monday March 25th

Lazarus Saturday April 20th

Palm Sunday April 21st

Archbishop MARK to visit Holy Tuesday April 23rd

HOLY PASCHA April 28th