
St. Michael the Archangel Orthodox Church

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**Sunday July 14, 2019 4th SUNDAY AFTER
PENTECOST – Tone 3. Fathers of the 1st Six
Ecumenical Councils. Apostle Aquila of the Seventy
(1st c.). Ven. Stephen, Abbot of Mákhreshche
(Vologdá – 1406). Martyr Justus at Rome (1st c.).
Ven. ELLIUS (HELLIUS), of Egypt (4th c.). Ven.
Onesimus of Magnesia (4th c.). Repose of Ven.
Nicodemos the Hagiorite (1809).**

This Week Schedule

Wednesday 7/17 Little Angels 9:30 a.m.

Saturday 7/20 Reader's Vespers 5: 00 p.m.

Sunday 7/21 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

followed by Coffee Hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
July 14	SKOMORUCHA	SULPIZI	CAREY
July 21	DORAZIO	PECK	PECK
July 28	J PECK	BUNITSKY	FINCK
Aug 04	RILEY	RILEY	RILEY

Hymns and Prayers

Tone 3 Troparion *(Resurrection)*

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Tone 8 Troparion *(Fathers)*

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Tone 3 Kontakion *(Resurrection)*

On this day You rose from the tomb, O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Your power.

Tone 8 Kontakion *(Fathers)*

The Apostles' preaching and the Fathers' doctrines have established one
Faith for the Church.
Adorned with the robe of truth, woven from heavenly theology,//
It defines and glorifies the great mystery of piety.

Tone 3 Prokeimenon *(Resurrection)*

Sing praises to our God, sing praises! Sing praises to our King, sing
praises! (*Ps 46/47:6*)

v: Clap your hands, all peoples! Shout to God with loud songs of joy!
(*Ps 46/47:1*)

Tone 4 Prokeimenon (*Song of the Three Children*)

Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever! (*Song of the three Holy Children, v. 3*)

Epistle Romans 6:18-23

And having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness.

For when you were slaves of sin, you were free in regard to righteousness.

What fruit did you have then in the things of which you are now ashamed? For the end of those things is death.

But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life.

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Hebrews 13:7-16 (*Holy Fathers*)

Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct.

Jesus Christ is the same yesterday, today, and forever.

Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them.

We have an altar from which those who serve the tabernacle have no right to eat.

For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp.

Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate.

Therefore let us go forth to Him, outside the camp, bearing His reproach.

For here we have no continuing city, but we seek the one to come.

Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

But do not forget to do good and to share, for with such sacrifices God is well pleased.

Tone 3

Alleluia, Alleluia, Alleluia!

v: In You, O Lord, have I hoped; let me never be put to shame! (Ps 30/31:1)

v: Be a God of protection for me, a house of refuge in order to save me! (Ps 30/31:2)

Tone 1

v: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)

Gospel Matthew 8:5-13

Now when Jesus had entered Capernaum, a centurion came to Him, pleading with Him, saying, "Lord, my servant is lying at home paralyzed, dreadfully tormented."

And Jesus said to him, "I will come and heal him."

The centurion answered and said, "Lord, I am not worthy that You should come under my roof. But only speak a word, and my servant will be healed.

For I also am a man under authority, having soldiers under me. And I say to this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it."

When Jesus heard it, He marveled, and said to those who followed, "Assuredly, I say to you, I have not found such great faith, not even in Israel!"

And I say to you that many will come from east and west, and sit down with Abraham, Isaac, and Jacob in the kingdom of heaven.

But the sons of the kingdom will be cast out into outer darkness. There will be weeping and gnashing of teeth."

Then Jesus said to the centurion, "Go your way; and as you have believed, so let it be done for you." And his servant was healed that same hour.

John 17:1-13 (Holy Fathers)

Jesus spoke these words, lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him.

And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.

I have glorified You on the earth. I have finished the work which You have given Me to do.

And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was.

I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word.

Now they have known that all things which You have given Me are from You.

For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me.

I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours.

And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are.

While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled.

But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)
Alleluia, Alleluia, Alleluia.

This Week's Announcement

Blessing of Vehicles Next Week In commemoration of the holy prophet Elijah (July 20) who was taken into heaven on a fiery chariot, we will be offering the blessing of vehicles next Sunday following Liturgy. The glorious prophet Elijah is therefore known as the patron saint of vehicles, reminding us that we must struggle to manifest holiness in our lives, especially when we travel. The honoring of this great prophet of the Old Testament in our Holy Church dates back to Apostolic times. The blessing is for cars and any kind of vehicle (kids can bring bikes).

Dormition Fast and August Feast Days The liturgical calendar once again comes to its close in August with the fourth and final fasting

season of the Church year along with two major feasts. Every year the Orthodox Church sets aside the first fourteen days of August in honor of the Virgin Mary. This fast period begins on August 1st and peaks on August 15th, when the Church gathers to celebrate the great feast of the Dormition (Falling Asleep) of the Theotokos. On Aug 6th, the Church celebrates the feast of the Transfiguration of our Lord. This feast commemorates our Lord's transfiguration before his disciples on Mt. Tabor. In His Transfiguration He reveals His glory to the disciples. In Him they (and we) now see for themselves the glory of God present in the person of Christ. Please plan to join us for these feasts as we make our way to the end of yet another liturgical year.

Vacation Church School Aug. 1st-Aug. 3rd Please mark your calendars, our vacation church school will be held Thursday, August 1st through Saturday, August 3rd, 2019. Our focus will be on the vocations of the Divine Liturgy. We need volunteers to help lead outdoor activities, crafts, and to help with schedule and rotation of activities. Please sign up online or see Laura Whalen or Fr. Barnabas for more information.

Service to the Holy Altar Fr. Dn. James is pleased to announce that we will be receiving new altar servers. Service to the Holy Altar is a serious responsibility open to males ages 7 years old and older. Those who are interested will be offered some instructional sessions prior to service and must be committed. Serious candidates should see Fr. Dn. James or Thaddeus (Scott) Lewis for more information.

Traveling this Summer? Try to Go to Church! Visit the "Orthodoxy in America" website to find an Orthodox Church wherever you are heading. All the canonical Orthodox jurisdictions (OCA, Greek, Antiochian, Serbian, etc.) are listed together on this one helpful site: www.orthodoxyinamerica.org - Check it out! Also, contact the priest ahead of time to inform him that you would like to come for Holy Communion at the Liturgy. May God bless your travels and come back safe and sound! * *If you do travel, please do not take a vacation from your financial support of our parish! The Church is here working even when you are not.* * *Thank you for your mindfulness and continued support!* *

Church Library Summer Reading: Now that the nice weather is upon us, recharge your spiritual life by checking out one of the books at the library table, in the Church hall. There's something to inspire everyone:

Saint's lives, books on the spiritual life, books on prayer, and books for the kiddos. Check it out today.

Wisdom from the Holy Fathers

"A humble man is never rash, hasty or perturbed, never has any hot and volatile thoughts, but at all times remains calm. Even if heaven were to fall and cleave to the earth, the humble man would not be dismayed. Not every quiet man is humble, but every humble man is quiet. There is no humble man who is not self-constrained; but you will find many who are self-constrained without being humble. This is also what the meek humble Lord meant when He said, 'Learn of Me, for I am meek and humble of heart, and ye shall find rest unto your souls.' [Matt 11:29] For the humble man is always at rest, because there is nothing which can agitate or shake his mind. Just as no one can frighten a mountain, so the mind of a humble man cannot be frightened. If it be permissible and not incongruous, I should say that the humble man is not of this world. For he is not troubled and altered by sorrows, nor amazed and enthused by joys, but all his gladness and his real rejoicing are in the things of his Master. Humility is accompanied by modesty and self-collectedness: that is, chastity of the senses; a moderate voice; mean speech; self-belittlement; poor raiment; a gait that is not pompous; a gaze directed towards the earth; superabundant mercy; easily flowing tears; a solitary soul; a contrite heart; imperturbability to anger; undistributed senses; few possessions; moderation in every need; endurance; patience; fearlessness; manliness of heart born of a hatred of this temporal life; patient endurance of trials; deliberations that are ponderous, not light, extinction of thoughts; guarding of the mysteries of chastity; modesty, reverence; and above all, continually to be still and always to claim ignorance."

+ St. Isaac the Syrian, "Homily 72: On the Vision of the Nature of Incorporeal Beings, in *Questions and Answers*," *Ascetical Homilies of St Isaac the Syrian*

"One cannot hide anywhere from temptations except in the depths of humility."

- Elder Macarius of Optina

Prayers for the Departed: Peter Melnik, Michael Sinovich, Marie Karawulan, Virginia Sekerak Marie Holowatch,, David Rex

Prayers for the Sick and Those in Need: Archbishop Nikon, Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Lubov Baldychev, Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
14-Jul	Peck/Sulpizi/Skomorucha	Hojnicki/Souder	Hines	Skomorucha
21-Jul	Whalen/Clause/Gabriel	Telep/Baldychev	Bunitsky/Finck	Maloney
28-Jul	Pacienza/George/Grishin	Bunitsky/Morjan	Farrell	Gundersen
4-Aug	Hamwi/Morjana	Riley/Riley	Clause/Whalen	Farrell
11-Aug	Najemy/Kendall	Sulpizi/Finck	Hines	Skomorucha
18-Aug	Riley/Souder	Hojnicki/Souder	Skomorucha/Lewis Kiflemarian	Maloney

Upcoming Dates to Keep in Mind

VCS August 1st- 3rd

Dormition Fast Aug. 1st-15th

Transfiguration Aug. 6th

Dormition of the Theotokos Aug. 15th