
St. Michael the Archangel Orthodox Church

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An icon of St. Michael the Archangel, depicted with large, feathered wings, wearing a red and gold robe, and holding a sword. He has a halo around his head.

Sunday January 12, 2020 30th SUNDAY AFTER PENTECOST – Tone 5. Afterfeast of the Theophany. Sunday after Theophany. Martyr Tatiana of Rome and those who suffered with her (226-235). Ven. Martinian, Abbot of Belozersk (1483). Martyr Mertius of Mauretania (284-305). Martyr Peter Apselamus of Palestine (309-310). Ven. Eupraxia of Tabenna, in Egypt (393). The “AKATHIST” and “THE MILKGIVER” Icons of the Most-holy Theotokos. Icon of the Mother of God, the “Priestly”.

This Week's Schedule

Thursday 1/16 Study Group 10:00 a.m.

Friday 1/17 Little Angels 9:30 a.m.

Saturday 1/18 Great Vespers 5: 00 p.m.

Sunday 1/19 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

Followed by Coffee Hour

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Jan-12	DORAZIO	BUNITSKY	CAREY
Jan-19	J PECK	PECK	PECK
Jan-26	RILEY	RILEY	RILEY
Feb-2	SULPIZI	SKOMORUCHA	WALES

Hymns and Prayers

Tone 5 Troparion *(Resurrection)*

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Tone 1 Troparion of the Feast

When You, O Lord, were baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to Thee,
calling You His Beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, You have revealed Yourself,//
and have enlightened the world, glory to You.

Tone 5 Kontakion *(Resurrection)*

You descended into hell, O my Savior,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
You have delivered Adam from the curse, O Lover of Man,//
and we cry to You: “O Lord, save us!”

Tone 4 **Kontakion** *(Martyr Tatiana of Rome)*

In your sufferings you shone brightly
in the royal purple of your blood,
and like a beautiful dove you flew to heaven,
passion-bearer Tatiana.//
Therefore, always pray for those who honor you!

Tone 8

Kontakion (*St Sava, Enlightener of Serbia*)

Your church glorifies you as its first great hierarch and the Apostles' companion, O ven'rable one.

Since you have boldness before Christ God,

Save us by your prayers from every tribulation, so that we may cry out to you:

“Rejoice, O divinely-wise Father Sava!”

Tone 4 Kontakion of the Feast

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.

Knowing You, we sing Your praises:

“You have come and revealed Yourself, //

O unapproachable Light.”

Tone 1 Prokeimenon (*Sunday after the Theophany*)

Let Your mercy, O Lord, be upon us as we have set our hope on You!
(Ps 32/33:22)

v: Rejoice in the Lord, O you righteous! Praise befits the just! (Ps 32/33:1)

Epistle Ephesians 4:7-13

But to each one of us grace was given according to the measure of Christ's gift.

Therefore He says: “When He ascended on high, He led captivity captive, and gave gifts to men.”

(Now this, “He ascended” – what does it mean but that He also first descended into the lower parts of the earth?

He who descended is also the One who ascended far above all the heavens, that He might fill all things.)

And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers,

for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

Tone 5 (*Sunday after the Theophany*)

Alleluia, Alleluia, Alleluia!

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps 88/89:1)

v: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens." (Ps 88/89:2)

Gospel Matthew 4:12-17

Now when Jesus heard that John had been put in prison, He departed to Galilee.

And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali,

that it might be fulfilled which was spoken by Isaiah the prophet, saying:

"The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles:

The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death Light has dawned."

From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

(Instead of "It is truly meet," we sing:)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts.

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;
for you know our love inspired by God.

You are the defender of Christians, and we magnify you.

Communion Hymns

The grace of God has appeared for the salvation of all men.

(Titus 2:11)

Praise the Lord from the heavens! Praise Him in the highest! *(Ps 148:1)*

Alleluia! Alleluia! Alleluia!

This Week's Announcements

Holy Water and Home Blessings Holy water will be available in the Nave for the next two week and always available throughout the year upon request. Fr. Barnabas will also be available for home blessings, please see Fr. Barnabas or Mat. Daria for scheduling.

Parish Giving This year, our Parish has achieved a level 5 giving to the Diocese and National Churches. As a result, the assessment for each adult will be \$200 per year or \$50 per quarter. Envelopes are available in the Narthex for your use and to be used as reminders for you throughout the year. Thank you for your continued support.

Study Group Our Study group continued this week reading and discussing the "healing of the paralytic" and the "calling of Matthew the tax collector" in chapter 9 of the gospel of St. Matthew. We will continue this Thursday Jan. 16th at 10 :00 a.m. All are welcome!

Parish Council Meeting The parish council meeting is rescheduled for this Thursday Jan.16th at 7:00 p.m. Please see Jeff Kendall if you are unable to attend.

Divine Liturgy - the center of the orthodox life

The Divine Liturgy is indeed the center of the Orthodox Christian life. It is the sacrament of sacraments, or to use the more traditional Orthodox expression, the "mystery of mysteries." The word for "sacrament" among the Orthodox is usually "mystery." The central mystery of the Orthodox faith is the service of Holy Communion, called the Eucharist. As words, liturgy means "common action" and eucharist means "thanksgiving." The first action of the liturgy is the gathering in common. The baptized and confirmed gather in one place. After the common prayer of the Church called the Great Litany in which petitions are made for all of the essential elements of life, biblical psalms are sung and the Word of God is presented to the faithful. Here the emphasis is on the epistle, the gospel and the sermon. Then follows the offering of the bread and the wine as the offering of ourselves and our world to God in Christ. We ask God to accept us and our gifts (the bread and wine) as we love one another and confess the Orthodox faith, the Nicene Creed which we, or our sponsors for us,

proclaimed at our baptism. We then offer up ourselves and our gifts to God in Christ in remembrance of all that He has done for us: the cross, the tomb, the resurrection of the third day, the ascension into heaven, the sitting on the right hand of God the Father, and the second and glorious coming again. We then call the Holy Spirit "to come up us and upon our gifts" and to make them the Body and Blood of Christ and to give us the experience of the Kingdom of Heaven. Thus, we receive back our gifts of bread and wine as the gift of Holy Communion with God the Father through Christ and the Spirit. Finally we depart in peace to bear witness in the world to the Kingdom of God which has been given to us, calling all men into this unity with God and each other in Him. The Orthodox celebrate this Mystery of the Kingdom of God, the Divine Liturgy on each Lord's Day as well as on feasts and special occasions. It is the living experience of what all Christianity, and indeed all of life, is really about. The Liturgy reveals what Orthodoxy really is. The Liturgy is the central revelation of the Christian mystery, and in it the whole of Orthodoxy is somehow contained, remembered and given to our living experience. All the icons, the vestments, the candles, the singing.. everything taken together in harmony and unity serve to disclose just one thing: Man is made for God and finds his identity, fulfillment and perfection in Him. We speak much today about identity and fulfillment. Who am I? What am I doing in this world? What is the sense of it all? Does it have any meaning? The Orthodox Church says that the answer to all these crucial questions lies in Christ, His Cross and His Resurrection. Through Christ the meaning of myself and the world and everything that exists is disclosed and revealed. Through Christ, the Kingdom of God is opened to men and the possibility for my becoming myself is guaranteed. I become myself only in God. My nature finds its meaning in Him. My existence, as an image reflecting His divine reality, is secured. My life as an eternal be is established. In this life this means that I must put Christ and take up His Cross and follow him. I must suffer for truth and love and goodness And yet there is joy in this suffering, for obedience to the Word is fulfilled in the Marriage Banquet of the Lamb of God in the Kingdom of God. This is the Christian Mystery which the liturgy reveals and for which alone, the Orthodox Christian Church exists in the world.

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Wisdom from the Holy Fathers

"The true aim of prayer is to enter into conversation with God. It is not restricted to certain hours of the day. A Christian has to feel himself personally in the presence of God. The goal of prayer is precisely to be with God always."

- Fr. Georges Florovsky (1893-1979) via Timothy Ware's "The Orthodox Church"

The moon as it waxes and wanes illustrates the condition of man: sometimes he does what is right, sometimes he sins and then through repentance returns to a holy life. The intellect of one who sins is not destroyed (as some of you think), just as the physical size of the moon does not diminish, but only its light. Through repentance a man regains his true splendor, just as the moon after the period of waning clothes itself once more in its full light. If a man believes in Christ, 'even though he dies, he shall live' (John 11:25); he shall know that 'I the Lord have spoken, and will do it' (Ezek. 17:24. LXX)

- St. John of Karpathos, circa 7th century, "For the Encouragement of the Monks in India who had Written to Him One Hundred Texts," from the Philokalia, Vol. 1

"So don't tell me that that 'so-and-so's a fugitive and a robber and is full of infinite evil' or that they're 'poor and contemptible and of no value', but think rather the Christ died for them and that in itself is sufficient for you to take great care of them."

- St. John Chrysostom, 347-407 AD

"Never condemn anyone. Greet everyone with a good disposition, whoever he may be, with the hope of finding in him only good, seeing before you the image of God."

- St. Nikon of Optina

Prayers for the Departed: Fr. John Kuchta, Peter Melnik, Michael Sinovich, Marie Karawulan, David Rex

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. Daniel Kovalak, Fr. John Nightingale, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Lubov Baldychev, Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest

Prayers for Catechmens Kristin Mackenzie, Edward Jones

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>
12-Jan	Stephanie P/Grishin/Afoworkis	Telep/Baldychev	N. Carey
19-Jan	Hojnicky/Flynn/Roberts	Bunitsky/Morjana	Baldychev/Shatley/ Sylvest
26-Jan	Gerissimakis/Bunitsky	Riley/Riley	Suplizi
2-Feb	Shatley/Hines	Sulpizi	Riley

Upcoming Dates to Keep in Mind

Entrance of our Lord into the Temple Feb. 2nd

Important Dates for 2020

Great Fast Begins.....March 2

Holy Pascha..... April 19

Ascension.....May 28

Pentecost.....June 7