



St. Michael the Archangel Orthodox Church

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Wilmington, DE 19808

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Sunday January 26, 2020 32nd SUNDAY AFTER PENTECOST – Tone 7. *New Martyrs and Confessors of Russia. Ven. Xenophon, his wife, Mary, and their two sons, Arcadius and John, of Constantinople (5th-6th c.). Translation of the Relics of Ven. Theodore, Abbot of Studion (845). Ven. Xenophon of Robeika (1262). Martyrs Ananias – Presbyter, Peter, and seven soldiers, in Phœnicia (284-305). St. Simeon “the Ancient” of Mt. Sinai (ca. 390). St. Joseph, Bishop of Thessalonica, brother of St. Theodore of Studion (830). Rt. Blv. David (Dató) III, King of Iberia and Abkhazia (Georgia – 1125).*

This Week's Schedule

Thursday 1/30 Study Group 10:00 a.m.

Friday 1/31 Little Angels 9:30 a.m.

Saturday 2/1 Great Vespers 5: 00 p.m.

Sunday 2/2 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

Followed by Coffee Hour

Reader Schedule

| <u>DATE</u> | <u>3RD HOUR</u> | <u>6TH HOUR</u> | <u>EPISTLE</u> |
|--------------------|-----------------------------------|-----------------------------------|-----------------------|
| Jan-26 | RILEY | RILEY | RILEY |
| Feb-2 | SULPIZI | SKOMORUCHA | WALES |
| Feb-9 | BUNITSKY | DORAZIO | CAREY |
| Feb-16 | J PECK | PECK | PECK |

Hymns and Prayers

Tone 7 Troparion *(Resurrection)*

By Your Cross You destroyed death.
To the thief You opened Paradise.
For the Myrrhbearers You changed weeping into joy.
And You commanded Your disciples, O Christ God,
to proclaim that You are risen,//
granting the world great mercy.

Tone 4 Troparion *(New Martyrs of Russia)*

Today the Church of Russia joyfully forms a chorus,
praising her new martyrs and confessors;
hierarchs and priests, royal passion-bearers, right-believing princes and
princesses,
venerable men and women, and all Orthodox Christians.
Having laid down their life for faith in Christ during the days of godless
persecution,
they preserved the truth by the shedding of blood.//
By their protection, O long-suffering Lord, preserve our land in
Orthodoxy
till the end of the age.

Tone 7 Kontakion *(Resurrection)*

The dominion of death can no longer hold mankind captive,
for Christ descended, shattering and destroying its powers.
Hell is bound, while the Prophets rejoice and cry:
“The Savior has come to those in faith;//
enter, you faithful, into the Resurrection!”

Tone 3 **Kontakion** *(New Martyrs of Russia) (Today the Virgin)*

Today the new martyrs of Rus’ stand in white robes before the Lamb of
God,
and with the angels they sing to God the hymn of victory:
“Blessing, and glory, and wisdom, and praise, and honor,
and power, and strength be to our God//
unto the ages of ages. Amen.”

Tone 7 Prokeimenon

The Lord shall give strength to His people. The Lord shall bless His people with peace. (*Ps 28/29:11*)

v: Offer to the Lord, O you sons of God! Offer young rams to the Lord!
(*Ps 28/29:1*)

Tone 7 Prokeimenon (*New Martyrs of Russia*)

God is our refuge and strength, a help in afflictions that severely befall us. (*Ps 45/46:1*)

Epistle 1 Timothy 1:15-17

This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief.

However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life.

Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

Romans 8:28-39 (*New Martyrs of Russia*)

And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren.

Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified.

What then shall we say to these things? If God is for us, who can be against us?

He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?

Who shall bring a charge against God's elect? It is God who justifies.

Who is he who condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us.

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

As it is written: "For Your sake we are killed all day long; we are accounted as sheep for the slaughter."

Yet in all these things we are more than conquerors through Him who loved us.

For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

Tone 7

Alleluia, Alleluia, Alleluia!

v: It is good to give thanks to the Lord, to sing praises to Your Name, O Most High. (Ps 91/92:1)

v: To declare Your mercy in the morning, and Your truth by night. (Ps 91/92:2)

Tone 4

v: The righteous cried, and the Lord heard them and delivered them out of all their troubles. (Ps 33/34:17)

Gospel Matthew 15:21-28

Then Jesus went out from there and departed to the region of Tyre and Sidon.

And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed."

But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us."

But He answered and said, "I was not sent except to the lost sheep of the house of Israel."

Then she came and worshiped Him, saying, "Lord, help me!"

But He answered and said, "It is not good to take the children's bread and throw it to the little dogs."

And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table."

Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

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Luke 21:8-19 (New Martyrs of Russia)

And He said: "Take heed that you not be deceived. For many will come in My name, saying, 'I am He,' and, 'The time has drawn near.'

Therefore do not go after them.

But when you hear of wars and commotions, do not be terrified; for these things must come to pass first, but the end will not come immediately."

Then He said to them, "Nation will rise against nation, and kingdom against kingdom.

And there will be great earthquakes in various places, and famines and pestilences; and there will be fearful sights and great signs from heaven.

But before all these things, they will lay their hands on you and persecute you, delivering you up to the synagogues and prisons. You will be brought before kings and rulers for My name's sake.

But it will turn out for you as an occasion for testimony.

Therefore settle it in your hearts not to meditate beforehand on what you will answer; for I will give you a mouth and wisdom which all your adversaries will not be able to contradict or resist.

You will be betrayed even by parents and brothers, relatives and friends; and they will put some of you to death.

And you will be hated by all for My name's sake.

But not a hair of your head shall be lost.

By your patience possess your souls.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Rejoice in the Lord, O you righteous! Praise befits the just! (*Ps 32/33:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcements

Diocesan Assembly This past week Fr. Barnabas, Fr. Dn. James, & Sue (Maria) Dorazio represented St. Michael's at the 56th annual EPA Diocesan Assembly at Christ the Savior Orthodox Church in Harrisburg, PA. Along with the usual business of the diocese we were able to hear a talk by Fr. John Soroka on parish growth. A special thanks to our Deacon and parish representative for offering their time for this important work in our diocese.

Meeting of the Lord in the Temple The feast of the Presentation or Meeting of the Lord in the Temple takes place forty days following the Nativity of Jesus (Feb. 2). The feast celebrates Christ's fulfillment of the Law of Moses calling for all the first born; whatever is the first to open the womb among the people of Israel, be consecrated to God. At this time, we also see His mother Mary undergo the ritual purification offering the sacrifices prescribed in the Law. In the feast Christ's encounters, the Elder Simeon who had long awaited His coming, and inspired by the Holy Spirit, leads the Messiah into the Temple. This year the feast also falls on Zacchaeus Sunday. We will celebrate with vespers and Iytia on Sat. Feb 1st and liturgy Sun. Feb. 2nd. The blessing of candles is traditionally offered at this feast.

Parish Giving This year, our Parish has achieved a level 5 giving to the Diocese and National Churches. As a result, the assessment for each adult will be \$200 per year or \$50 per quarter. Envelopes are available in the Narthex for your use and to be used as reminders for you throughout the year. Thank you for your continued support.

Study Group Our Study group will resume this week reading and discussing chapter 9 of the gospel of St. Matthew. We will continue this Thursday Jan. 30th at 10 :00 a.m. All are welcome!

Fund raiser for Father John Zabinko St. Michael's parish son, Archpriest John Zabinko, suffered a devastating stroke nearly 2 years ago. He continues to be wheelchair bound and transportation is a

challenge. As a result, he has not been able to get out very often or get to church. A Go Fund Me has been established asking for donations to help cover the cost of a “new” used handicap vehicle that has a ramp. A new Handicap vehicle is over \$50,000 and a used is half that. Donations can be made online at <https://www.gofundme.com/f/fund-raiser-for-father-john-zabinko>

Wisdom from the Holy Fathers

"Let us, therefore, strive to gain this love for ourselves, let us acquire this tenderness towards our neighbor so that we may guard ourselves from wickedly speaking evil of our neighbor, and from judging and despising him. Let us help one another, as we are members one of another. Which of us, having a wound on his hand or foot, or any other member, would despise it and cut it off, even if it turned septic? Would he not rather bathe it and take away the poison and put a plaster on it, sign it with the cross, apply a relic, and pray and beg the saints to pray for its cure, as Abbot Zosimos used to say [10]—to put it simply, not to turn aside or run away from our own members even those of bad reputation but to do all we can to cure their disease. In this way we ought to bear one another's burdens, to help one another and be helped by others who are stronger than ourselves, to think of everything and do everything that can help ourselves and others, for we are members one of another," as the Apostle says. If we are one body each is a member of the other. If one member suffers, all the others suffer with it. "

- St. Abba Dorotheos of Gaza (505-565 or 620 AD)

"But first we must struggle with the demon of dejection who casts the soul into despair. We must drive him from our heart. It was this demon that did not allow Cain to repent after he had killed his brother, or Judas after he had betrayed his Master. The only form of dejection we should cultivate is the sorrow which goes with repentance for sin and is accompanied by hope in God. It was of this form of dejection that the Apostle said: 'Godly sorrow produces a saving repentance which is not to be repented of (2 Cor. 7:10). This 'godly sorrow' nourishes the soul through the hope engendered by repentance, and it is mingled with joy. That is why it makes us obedient and eager for every good work: accessible, humble, gentle, forbearing and patient in enduring all the suffering or tribulation God may send us. Possession of these qualities shows that a man enjoys the fruits of the Holy Spirit: love, joy, peace, long-suffering, goodness, faith, self-control (cf. Gal. 5:11). But from the other kind of dejection we come to know the fruits of the evil spirit: listlessness, impatience, anger, hatred, contentiousness, despair, sluggishness in praying. So we should shun this second form of dejection as we would unchastity, avarice, anger and the rest of the passions. It can be healed by prayer, hope in God, meditation on Holy Scripture, and by living with godly people."

- St. John Cassian (c. 360-435 AD), On the Eight Vices: On Dejection, from Philokalia, Vol. I

Prayers for the Departed: Fr. John Kuchta, Peter Melnik, Michael Sinovich, Marie Karawulan, David Rex

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. Daniel Kovalak, Fr. John Nightingale, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Lubov Baldychev, Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest

Prayers for Catechmens Kristin Mackenzie, Edward Jones

| Date | Coffee Hour | Service Duty | Church Cleaner |
|---------------|------------------------|---------------------|-----------------------|
| 26-Jan | Gerissimakis/Bunitsky | Riley/Riley | Suplizi |
| 2-Feb | Shatley/Hines | Sulpizi | Riley |
| 9-Feb | J. Peck/Mackenzie | Hojnicky/Najemy | Bunitsky/Finck |
| 16-Feb | Elia/Gunderson/Farrell | Telep/Baldychev | Farrell |

Upcoming Dates to Keep in Mind

Entrance of our Lord into the Temple Feb. 2nd

Important Dates for 2020

Great Fast Begins.....March 2

Holy Pascha..... April 19

Ascension.....May 28

Pentecost.....June 7