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## **St. Michael the Archangel Orthodox Church**

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**Sunday March 8, 2020** FIRST SUNDAY OF LENT –  
Tone 5. **Sunday of Orthodoxy.** St. Theophylactus,  
Bishop of Nicomedia (842-845). Ven. Lazarus (1391) and  
Athanasius (15th c.), of Múrom. Apostle Hermas of the  
Seventy (1st c.). Hieromartyr Theodoretus of Antioch (4th  
c.). Ven. Dometius (363). The “KURSK-ROOT” Icon of  
the Most-holy Theotokos.

### **This Week's Schedule**

Wednesday 3/11 Presanctified Liturgy 6:30 p.m.

Thursday 3/12 Study Group 10:00 a.m.

Basics of Orthodoxy Class 8:00 p.m.

Friday 3/13 Little Angels 9:30 a.m.

Akathist 7:00 p.m.

Saturday 3/14 Memorial Saturday Panakhida 4:00 p.m.

Great Vesper 5:00 p.m.

Sunday 3/15 2<sup>nd</sup> Sunday of Lent St. Gregory Palamas

Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

### **Reader Schedule**

<b><u>DATE</u></b>	<b><u>3<sup>RD</sup> HOUR</u></b>	<b><u>6<sup>TH</sup> HOUR</u></b>	<b><u>EPISTLE</u></b>
Mar-8	J PECK	PECK	PECK
Mar-15	DORAZIO	BUNITSKY	CAREY
Mar-22	LEWIS	J PECK	LEWIS
Mar 25	ANNUNCIATION		

## Hymns and Prayers

### **Tone 5 Troparion**

*(Resurrection)*

Let us, the faithful, praise and worship the Word,  
co-eternal with the Father and the Spirit,  
born for our salvation from the Virgin;  
for He willed to be lifted up on the Cross in the flesh,  
to endure death,  
and to raise the dead//  
by His glorious Resurrection.

### **Tone 2 Troparion**

*(Sunday of Orthodoxy)*

We venerate Your most pure image, O Good One;  
and ask forgiveness of our transgressions, O Christ our God.  
Of Your own will You were pleased to ascend the cross in the flesh  
and deliver Your creatures from bondage to the Enemy.  
Therefore with thankfulness we cry aloud to You:  
“You have filled all with joy, O our Savior,//  
by coming to save the world.”

### **Tone 8 Kontakion**

*(from the Lenten Triodion)*

No one could describe the Word of the Father;  
but when He took flesh from you, O Theotokos, He accepted to be  
described,  
and restored the fallen image to its former state by uniting it to divine  
beauty.//  
We confess and proclaim our salvation in words and images.

### **Tone 4 Prokeimenon** *(Song of the Fathers)*

Blessed are You, O Lord God of our fathers, / and praised and glorified  
is Your name forever! *(Song of the three Holy Children, v. 3)*

*v: For You are just in all that You have done for us! (v. 4)*

## Epistle Hebrews 11:24-26, 32-12:2

*By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter,*

*choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin,*

*esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward.*

*And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets:*

*who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions,*

*quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens.*

*Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment.*

*They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented – of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.*

*And all these, having obtained a good testimony through faith, did not receive the promise,*

*God having provided something better for us, that they should not be made perfect apart from us.*

*Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.*

### **Tone 4**

Alleluia, Alleluia, Alleluia!

*v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps 99/100:6)*

v: *They called to the Lord and He answered them. (Ps 99/100:6)*

### **Gospel John 1:43-51**

*The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me."*

*Now Philip was from Bethsaida, the city of Andrew and Peter.*

*Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph."*

*And Nathanael said to him, "Can anything good come out of Nazareth?"*

*Philip said to him, "Come and see."*

*Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!"*

*Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you."*

*Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"*

*Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these."*

*And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."*

***(Instead of "It is truly meet...", we sing the following)***

### **Hymn to the Theotokos**

All of creation rejoices in you, O Full of Grace:  
the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise,  
the glory of virgins,

from whom God was incarnate and became a Child –  
our God before the ages.

He made your body into a throne,

and your womb He made more spacious than the heavens.

All of creation rejoices in you, O Full of Grace.//

Glory to you!

## Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)  
Alleluia, Alleluia, Alleluia!

### *This Week's Announcements*

***Sunday of Orthodoxy*** The first Sunday of Great Lent is called the Triumph of Orthodoxy. It is a historical feast commemorating the return of the icons to the churches in the year 843 after the heresy of iconoclasm was overcome. The spiritual theme of the day is above all the victory of the True Faith. "This is the victory that overcomes the world, our faith" (1 Jn 5.4). Secondly, the icons of the saints bear witness that man, "created in the image and likeness of God" (Gen 1.26), becomes holy and godlike through the purification of himself as God's living image. It is a beautiful culmination of the first week of Lent, the victory of our Faith.

***Memorial Saturday Service*** Next Saturday March 14<sup>th</sup>, we will offer a Panakhida (Memorial Service) for all the departed of our parish at 4:00 p.m. The lists of names for commemoration are available for viewing or update at the candle desk.

***Parish Council Meeting*** Our parish council will meet next Sunday March 15<sup>th</sup> during the coffee hour. Please see Jeff Kendall if you are unable to attend.

***Basics of Orthodoxy Class*** Our basics of Orthodoxy began this week with the Orthodox view of the Trinity. The class will continue this week as we look at history and doctrine. The class will be an excellent opportunity for those interested in becoming Catechumens or anyone interested in brushing up on their faith. The class will meet this Thursday at 8:00 p.m. All are welcome to attend!

***Study Group to Study Genesis*** Our Thursday study group will be taking a break from the Gospel of St. Matthew in order to study the Old Testament readings from the first three chapters of Genesis. These Old Testament readings accompany the daily readings prescribed for the Lenten season. We will continue this Thursday reading and discussing the 1<sup>st</sup> Chapter of Genesis with commentaries by the holy fathers. Join us!

***Presanctified Liturgy*** On Wednesday evenings we will be celebrating the Presanctified Liturgy. The Divine Liturgy is not celebrated in the Orthodox Church on Lenten weekdays however, in order for the faithful to sustain their Lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. This Liturgy is called Presanctified, since the Holy Gifts are presanctified (or consecrated) on the previous Sunday. This is an evening Liturgy consisting of Vespers, followed by a portion of the full Liturgy. The Liturgy of the Presanctified Gifts comes after a day of spiritual preparation and total abstinence. All who plan on participating in Holy Communion for the Presanctified Liturgy who are unable to make the effort of total fasting because of weaknesses or illness, should eat a light Lenten meal in the morning or mid-morning and begin fasting for communion by noon.

*\*Reminder that our Presanctified Liturgy will be followed by a Lenten potluck dinner. All are welcome to come and bring a Lenten dish and share in the extra fellowship as we make our journeys together to Pascha.\**

***Confession Opportunities during Lent*** There will be lots of added opportunities for confessions during the Lenten season. Confession will be available prior to Presanctified Liturgy on Wednesday's from 5:30 p.m. until 6:30 p.m. Confessions will also be available on Friday's prior to the Akathist at 6:15 p.m.

***Liturgy of St. Basil the Great*** On Sundays during the Lenten season we may notice that the Divine Liturgy is a little different. This is because we celebrate the longer Liturgy of St Basil the Great. In the 4th century Church the liturgy of St. Basil was celebrated every Sunday and feast day of the whole year. It was the official Eucharistic Liturgy to be celebrated on a regular basis throughout the year. Towards the end of the first quarter of the second millennium the Liturgy of Saint Basil was replaced by the liturgy attributed to Saint John Chrysostom another 4th century father of the Church. Some say that the celebrating of Saint Basil's liturgy still being done during Lent is because of the conservative liturgical character of Lent. And since it is the intention of the Church to dedicate more time to prayer during Lent, that it is a good opportunity to teach the faithful dogma by offering for their hearing and singing the profound and all-embracing theological elucidations of the Basilian Liturgy. It is also said that it served during lent because of its expressively doctrinal and educational character. Listen and you will hear the wisdom and beauty of this liturgy on the Sunday's of Great Lent. Handouts will be available.

**Forty Day Club** The “Forty Day Club” provides meals for families who have a newborn. This Spring Glory to God, we are experiencing a flood of new babies. For the first time, we will be providing meals for more than one family at a time! We really could use all the help we can get. The process is simple: sign up to bring a meal to church on Sunday and put it in the refrigerator. (Someone else delivers it.) The meal does not have to be fancy or gourmet; simple meals will do. This is a marvelous way for St. Michaels to nurture and care for each other. Please help us! See Juliana Bunitsky to be added to the list.

***PHILADELPHIA ORTHODOX CLERGY BROTHERHOOD  
MISSION VESPERS SCHEDULE GREAT LENT 2020***

ALL SERVICES ARE SCHEDULED FOR 4:00 PM

Sunday of Orthodoxy 1st Sunday (March 08) Ss Peter and Paul,  
Wilmington 1406 Philadelphia Pike, 19809

Sunday of St. Gregory Palamas 2nd Sunday (March 15) St Mark  
Church, Wrightstown 452 Durham Rd, 18940

Sunday of the Precious Cross 3rd Sunday (March 22) Holy Trinity  
Church, Pottstown 1236 Juniper St, 19464

Sunday of St. John of the Ladder 4th Sunday (March 29) St George  
Church, Upper Darby 8210 W. Chester Pike, 19082

Sunday of St. Mary of Egypt 5th Sunday (April 05) St John Chrysostom,  
Philadelphia 237 N 17th Street, 19103

***Wisdom from the Holy Fathers***

*“A man can know nothing about the judgments of God. He alone is the one who takes account of all and is able to judge the hearts of each one of us, as He alone is our Master. Truly it happens that a man may do a certain thing which seems to be wrong out of simplicity, and there may be something about it which makes more amends to God than your whole life; how are you going to sit in judgment and constrict your own soul? And should it happen that he has fallen away, how do you know how much and how well he fought; how much blood he sweated before he did it? Perhaps so little fault can be found in him that God can look on his action as if it were just, for God looks on his labor and all the struggle he had before he did it, and has pity on him. And do you know this, and what God has spared him for? Are you going to condemn him for this and ruin your own soul? And how do you know what tears he has shed about it before God? You may well know about the sin but do you not know about the repentance?”*

*St. Dorotheos of Gaza, Discourses and Sayings*

***Prayers for the Departed:*** Fr. John Kuchta, Peter Melnik, Michael Sinovich, Marie Karawulan, David Rex, Lubov Baldychev

***Prayers for the Sick and Those in Need:*** Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. Daniel Kovalak, Fr. John Nightingale, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, , Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest

***Prayers for Catechmens*** Kristin Mackenzie, Edward Jones

<b>Date</b>	<b><u>Coffee Hour</u></b>	<b><u>Service Duty</u></b>	<b><u>Church Cleaner</u></b>
<b>8-Mar</b>	Whalen/Clause/Gabriel	Sulpizi	Peck
<b>15-Mar</b>	Hamwi/Morjana	Hojnicki/Najemy	Carey
<b>22-Mar</b>	Najemy/Kendall	Telep/Baldychev	Baldychev/ Sylvest
<b>29-Mar</b>	J. Peck	Bunitsky/Morjana	Suplizi
<b>5-Apr</b>	Bacuta/Fravel/Riley	Riley/Riley	Riley

***Upcoming Dates to Keep in Mind***

Annunciation Wednesday March 25<sup>th</sup>

Lazarus Saturday April 11<sup>th</sup>

Palm Sunday April 12<sup>th</sup>

Pascha Sunday April 19<sup>th</sup>

Ascension Thursday May 28<sup>th</sup>



Pentecost Sunday June 7<sup>th</sup>