
St. Michael the Archangel Orthodox Church

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Sunday July 19th, 2020 6th SUNDAY AFTER
PENTECOST – Tone 5. Uncovering of the Relics of Ven.
Seraphim of Sarov (1903). Fathers of the 1st Six
Ecumenical Councils. St. Theodore of Edessa,
Mesopotamia (848). Ven. Macrina, sister of St. Basil the
Great (380). Ven. Dius, Abbot, of Antioch (ca. 430). Rt.
Blv. Román, Prince of Riazan' (1270). Ven. Paísii of the
Kiev Caves (Far Caves – 14th c.). Bl. Stephen (1427),
King of Serbia, and his mother, St. Militsa (1405).

This Week's Schedule

Saturday 7/25 Confessions 4:00 p.m. (by Appointment)

Vespers 5:00 p.m.

Sunday 7/26 7th Sunday after Pentecost Divine Liturgy 9:00 a.m.

Please Note Services will also stream Online

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6TH HOUR</u>	<u>EPISTLE</u>
Jul-19	Confession Prayers		PECK
Jul-26	Confession Prayers		LEWIS

Hymns and Prayers

Tone 5 Troparion *(Resurrection)*

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Tone 8 Troparion *(Fathers)*

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Tone 5 Kontakion *(Resurrection)*

You descended into hell, O my Savior,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
You have delivered Adam from the curse, O Lover of Man,//
and we cry to You: “O Lord, save us!”

Tone 8 Kontakion *(Fathers)*

The Apostles’ preaching and the Fathers’ doctrines have established one
Faith for the Church.
Adorned with the robe of truth, woven from heavenly theology,//
It defines and glorifies the great mystery of piety.

Tone 5 **Prokeimenon** *(Resurrection)*

You, O Lord, shall protect us / and preserve us from this generation
forever.
(Ps 11/12:7)

v: Save me, O Lord, for there is no longer any that is godly! (Ps 11/12:1)

Tone 4 Prokeimenon *(Song of the Fathers)*

Blessed are You, O Lord God of our fathers, / and praised and glorified
is

Your name forever! *(Song of the Three Holy Children, v. 3)*

Epistle Romans 12:6-14

Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality. Bless those who persecute you; bless and do not curse.

Hebrews 13:7-16 *(Fathers)*

Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

Tone 5

Alleluia, Alleluia, Alleluia!

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps 88/89:1)

v: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens." (Ps 88/89:2)

Tone 1

v: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)

Gospel Matthew 9:1-8

So He got into a boat, crossed over, and came to His own city.

Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you."

And at once some of the scribes said within themselves, "This Man blasphemes!"

But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts?"

For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'?

But that you may know that the Son of Man has power on earth to forgive sins" – then He said to the paralytic, "Arise, take up your bed, and go to your house."

And he arose and departed to his house.

Now when the multitudes saw it, they marveled and glorified God, who had given such power to men.

John 17:1-13 (Fathers)

Jesus spoke these words, lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You,

as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him.

And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.

I have glorified You on the earth. I have finished the work which You have given Me to do.

And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was.

I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word.

Now they have known that all things which You have given Me are from You.

For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me.

I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours.

And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are.

While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled.

But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcements

In Person Worship We are continuing with Phase One of our plan for re-opening. The past few weeks we have been averaging about 30-40 people at Divine Liturgy. We are also continuing to stream our services for those who are still at home. Next week we will invite parishioners alphabetically "M"- "Z". Those parishioners will receive an email inviting them to the Liturgy. If you are interested in attending, you will be asked to follow all procedures. If there are special needs or if anyone feels uncomfortable attending, we will be happy to try and accommodate. Please continue to pray for and support our parish as we face these challenging times.

Church Cleaning and Service Duty Help Calling all cleaning and service duty personnel. We are hoping to get back to our rotating schedule for church cleaning and Sunday service duty. Once again, no one is required to serve due to the pandemic. However, if you feel comfortable, take the necessary precautions and would like to serve in these capacities, then we could use the help. For cleaners we have put together a detailed list for cleaning, however cleaning will be done immediately following Sunday Liturgy. We will assist and train everyone since these duties have changed. Those individuals cleaning and on service duty are invited to attend the liturgy on their assigned weeks.

In Person Confessions Fr. Barnabas will be hearing individual confessions with social distancing. Confessions will be available on Saturday afternoon from 4p.m. to 5 p.m. prior to Vespers. Please email Fr. Barnabas for an appointment. We will also be temporarily be offering the Prayers in Preparation for Confession (General Confession prayers) prior to every Divine Liturgy until the restrictions are eased.

Little Angels Our Little Angels Group will also meet online during this time. Please check your emails for Meeting times.

Welcome to the Newly Illumined Yesterday we welcomed into the Church through the sacrament of Holy Baptism, Mary DiDinato. Mat our Lord grant her and her family Many Years!

Brief Preparation for Participation in In-Person Worship:

1. Services are open only to parishioners and catechumens. (Others who identify St. Michael's as their church-home may ask the priest to attend.) Attendance, which will be limited in this phase of reopening, will be regulated by an official sign-up. The archbishop expects those who attend our services not to attend in-person services of other churches during this phase of reopening.
2. Medical professionals who care for COVID-19 patients may not come to church.
3. Anyone who has been exposed to, or is caring for those with, COVID- 19 may not come to church.
4. The elderly and "at risk" should stay home.
 - a). A disclaimer will be placed on the door advising the elderly and "at risk" that they enter "at their own risk."
 - b.) The diocese directives state that senior citizens who are strong and understand the risk may come to services.

5. The parish council will offer a sign up for regular parishioners and catechumens.

6. Fr. Barnabas will divide out 3 rotating teams of parishioners (30 each) in alphabetical order. Each person will be contacted ahead of time and ask if they would like to be included in divine services once or twice per month.

7. Our “regular” weekend schedule during this season will be:

a. 5pm Saturday Vespers (Just choir members for now)

b. 8:20 am Sunday Prayers in preparation for Confession (General confession prayers) & 9am Divine Liturgy

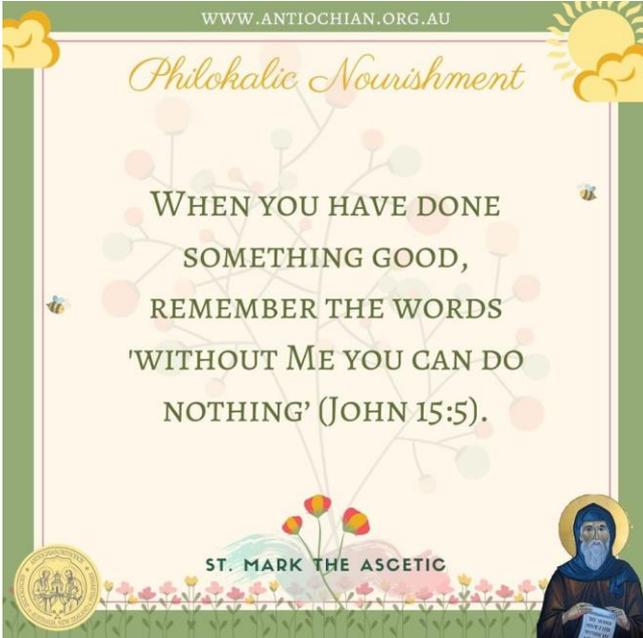
8. Each team will rotate through these various services so that Communion will be offered (for now) at least once a month maybe more.

9. Additional services, outdoor services, etc. will be offered as often as is reasonably possible

Everyone should ask themselves these questions before they come:

(They are the standard questions everyone is asking.)

Do you have a fever, cough, shortness of breath, and or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? **If you answer YES to any of these questions you should stay at home.**



Prayers for the Departed: Fr. Jozef Petranin, Barbara Hicks, Peter Melnik, David Rex

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Daniel Kovalak, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, , Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Jamie Clause, Paula Flynn, Paula Daubert, Jack Mackenzie

Prayers for Catechmens Kristin Mackenzie, Edward Jones. Cole McElmurry, Sean & Jennifer Vojasek

Date	<u>Service Duty</u>	<u>Church Cleaner</u>
26-Jul	Sulpizi	S. Peck
2-Aug	Hojnicky/Najemy	Carey
9-Aug	Telep/Baldychev	Hines
16-Aug	Bunitsky/Morjana	Baldychev/Shatley/Sylvest
23-Aug	Riley/Riley	Suplizi