

St. Michael the Archangel Orthodox Church

2300 W. Huntington Dr. Wilmington, DE 19808 (302) 995-6775 www.stmichael-delaware-oca.org

Sunday August 9th, 2020 9th SUNDAY AFTER PENTECOST — Tone 8. Afterfeast of the Transfiguration. Glorification of Ven. Herman of Alaska, Wonderworker of All America (1970). Hieromartyr Euthymios of Rhodes (16th c.). Apostle Matthias (ca. 63). Martyr Anthony of Alexandria. Ven. Psoï of Egypt (4th c.). Martyrs Julian, Marcian, John, James, Alexius, Demetrius, Photius (Phocas), Peter, Leontius, and Mary, of Constantinople (730).

This Week's Schedule

Friday 8/14 Eve of the Dormition of the Theotokos Great Vespers 7:00 p.m.

Saturday 8/15 Dormition of the Theotokos

Divine Liturgy 10:00 a.m.*

Followed by Blessing of the Flowers

Great Vespers 5:00 p.m.

Sunday 8/16 10th Sunday after Pentecost

Divine Liturgy 9:00 a.m.

Please Note Services will also stream Online

Reader Schedule

DATE	3 RD HOUR	6 TH HOUR	EPISTLE
Aug-16	Confession Pra	Confession Prayers	
Aug-23	Confession Prayers		CAREY
Aug-30	Confession Prayers		RILEY

Hymns and Prayers

Tone 8 Troparion (Resurrection)

You descended <u>from</u> on <u>high</u>, O <u>Mer</u>ciful One! You accepted the <u>three day burial</u> to free us <u>from our sufferings!</u>// O Lord, our <u>Life</u> and Resur<u>rec</u>tion, <u>glory</u> to You!

Tone 7 Troparion (*Feast*)

You were trans<u>fig</u>ured on the mountain, O <u>Christ</u> God, revealing Your glory to Your Disciples as far as they could <u>bear</u> it. Let Your <u>ev</u>erlasting Light also shine upon us <u>sin</u>ners, through the prayers of the Theo<u>to</u>kos!//
O Giver of <u>Light</u>, <u>glory</u> to You!

Tone 7 Troparion (St. Herman)

O joyful North Star of the <u>Church</u> of Christ, guiding all men to the Heavenly <u>King</u>dom, teacher and apostle of the <u>True</u> Faith, intercessor and defender of the oppressed, adornment of the Orthodox Church in <u>America</u>: Blessed Father Herman of Alaska, pray to our <u>Lord</u> Jesus <u>Christ</u>// for the salvation of our souls!

Tone 8 Kontakion (Resurrection)

By rising <u>from</u> the <u>tomb</u>, You raised the dead and resurrected <u>Adam</u>. Eve exults <u>in Your Resurrection</u>,// and the world <u>cel</u>ebrates Your <u>rising</u> from the dead, O greatly <u>Mer</u>ciful One!

Tone 3 Kontakion (St. Herman)

The eternal light of Christ our Savior guided you, O blessed father Herman, on your evangelical journey to America to proclaim the Gospel of peace.

Now you stand before the throne of glory: intercede for your land and its people,//

asking peace for the world and salvation for our souls.

Tone 7 Kontakion (*Feast*)

On the mountain You were transfigured, O Christ God, and Your Disciples beheld Your glory as far as they could see it; so that when they would behold You crucified, they would understand that Your suffering was voluntary, and would proclaim to the world// that You are truly the Radiance of the Father.

Tone 8 Prokeimenon (Resurrection)

Pray and make your vows / before the Lord, our God! (Ps 75/76:11)

v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)

Tone 4 Prokeimenon (St. Herman)

He shall bring forth thy righteousness as the light / and thy judgment as the noon-day. (Ps. 36/37:6)

Epistle 1 Corinthians 3:9-17

For we are God's fellow workers; you are God's field, you are God's building.

According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it.

For no other foundation can anyone lay than that which is laid, which is Jesus Christ.

Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw,

each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is.

If anyone's work which he has built on it endures, he will receive a reward.

If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire.

Do you not know that you are the temple of God and that the Spirit of God dwells in you?

If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Galatians 5:22-6:2 (Epistle, Saint)

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,

gentleness, self-control. Against such there is no law.

And those who are Christ's have crucified the flesh with its passions and desires.

If we live in the Spirit, let us also walk in the Spirit.

Let us not become conceited, provoking one another, envying one another.

Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted.

Bear one another's burdens, and so fulfill the law of Christ.

Tone 8

Alleluia, Alleluia!

v: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps 94/95:1)

v: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps 94/95:2)

Tone 8

v: Thy law is a lamp unto my feet and a light unto my paths. (Ps. 118/119:105)

Gospel Matthew 14:22-34

Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary.

Now in the fourth watch of the night Jesus went to them, walking on the sea.

And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear.

But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid."

And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water."

So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus.

But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!"

And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?"

And when they got into the boat, the wind ceased.

Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God."

When they had crossed over, they came to the land of Gennesaret.

Luke 6:17-23 (St. Herman)

And He came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases,

as well as those who were tormented with unclean spirits. And they were healed.

And the whole multitude sought to touch Him, for power went out from Him and healed them all.

Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, for yours is the kingdom of God.

Blessed are you who hunger now, for you shall be filled. Blessed are you who weep now, for you shall laugh.

Blessed are you when men hate you, and when they exclude you, and revile you, and cast out your name as evil, for the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, for in like manner their fathers did to the prophets.

(Instead of "It is truly meet ...," we sing:)

Tone 4

Magnify, O my soul, the Lord Who was transfigured on Mount Tabor!
Your childbearing was without corruption;
God came forth from your body clothed in flesh, and appeared on earth and dwelt among men.//
Therefore we all magnify you, O Theotokos.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1) He turned the desert into pools of water, and a waterless land into streams of water. (Ps. 106/107:35) Alleluia, Alleluia, Alleluia!

This Week's Announcements

In Person Worship We are continuing with limited in person worship. The past few weeks we have been averaging about 30-40 people at Divine Liturgy. We are also streaming our services for those who are still at home. Next week we will invite parishioners alphabetically "A"- "M". All are asked to follow all procedures. Please continue to pray for and support our parish as we face these challenging times.

Parish Office Closed Until August 14th. The parish office will be closed Friday July 31- Fri. Aug. 14. Fr. Barnabas and family will be taking some time away. For any parish emergencies or problems during the week please call Fr. Dn. James Carpenter (609) 202-4255 or Jeff Kendall (302) 420-6600. Thank you!

Feast of the Dormition of the Theotokos The feast commemorates her glorification and salvation in Jesus Christ. Fr. John Hopko says that, "the feast of the Dormition is the sign, the guarantee, and the celebration that Mary's fate is, the destiny of all those of "low estate" whose souls magnify the Lord, whose spirits rejoice in God the Saviour, whose lives are totally dedicated to hearing and keeping the Word of God which is given to men in Mary's child, the Saviour and Redeemer of the world". According to tradition, while in prayer, an angel appeared to the Theotokos telling her that she would leave this world. As a token and promise that her Son awaited, the angel gave her a branch with flowers from Eden. So on this day in honor of the greatest flower of womanhood, and the first to receive the promise of the awaiting kingdom, flowers are

brought for blessing. We will celebrate this feast with Vespers on Friday Aug. 14th at 7:00 p.m. and Divine Liturgy on Aug. 15th at 10:00 a.m. followed by the blessing of flowers and seed.

Thank You! Thank you to Basil Peck, Paula Daubert for leading the services for Transfiguration while Fr. Barnabas was away. We also want to thank His Eminence Archbishop MARK for serving last week's liturgy.

Many Years! This morning we welcomed into the Church, through the sacrament of Holy Baptism, Daniel Pacienza. May our Lord Grant the Newly Illumined Daniel and his family Many Blessed Years!

August Feast Days The liturgical calendar once again, comes to its close in August with the fourth and final fasting season of the Church year along with two major feasts. Every year the Orthodox Church sets aside the first fourteen days of August in honor of the Virgin Mary. This fast period begins on August 1st and peaks on August 15th, when the Church gathers to celebrate the great feast of the Dormition (Falling Asleep) of the Theotokos. On Aug 6th, the Church celebrates the feast of the Transfiguration of our Lord. This feast commemorates our Lord's transfiguration before his disciples on Mt. Tabor. In His Transfiguration He reveals His glory to the disciples. In Him they (and we) now see for themselves the glory of God present in the person of Christ. Please plan to join us for these feasts as we make our way to the end of yet another liturgical year.

Church Cleaning and Service Duty Help Calling all cleaning and service duty personnel. We are hoping to get back to our rotating schedule for church cleaning and Sunday service duty. Once again, no one is required to serve due to the pandemic. However, if you feel comfortable, take the necessary precautions and would like to serve in these capacities, then we could use the help. For cleaners we have put together a detailed list for cleaning, however cleaning will be done immediately following Sunday Liturgy. We will assist and train everyone since these duties have changed. Those individuals cleaning and on service duty are invited to attend the liturgy on their assigned weeks.

In Person Confessions Fr. Barnabas will be hearing individual confessions with social distancing. Confessions will be available on Saturday afternoon from 4p.m. to 5 p.m. prior to Vespers. Please email Fr. Barnabas for an appointment. We will also be temporarily be offering

the Prayers in Preparation for Confession (General Confession prayers) prior to Divine Liturgy until the restrictions are eased.

Little Angels Our Little Angels Group will also meet online during this time. Please check your emails for Meeting times.

Brief Preparation for Participation in In-Person Worship:

- **1**.Services are open only to parishioners and catechumens. (Others who identify St. Michael's as their church-home may ask the priest to attend.)
- **2.** Medical professionals who care for COVID-19 patients may not come to church.
- **3.** Anyone who has been exposed to, or is caring for those with, COVID- 19 may not come to church.
- **4.**The elderly and "at risk" should stay home.
- a). A disclaimer will be placed on the door advising the elderly and "at risk" that they enter "at their own risk."
- b.) The diocese directives state that senior citizens who are strong and understand the risk may come to services.
- **5.**The parish council will offer a sign up for regular parishioners and catechumens.
- **6.** Fr. Barnabas will divide out 2 rotating teams of parishioners (40 each) in alphabetical order. Each person will be contacted ahead of time and ask if they would like to be included in divine services once or twice per month.
- 7. Our "regular" weekend schedule during this season will be:
 - a. 5pm Saturday Vespers
 - b. 8:20 am Sunday Prayers in preparation for Confession (General confession prayers) & 9am Divine Liturgy
- **8.** Each team will rotate through these various services so that Communion will be offered (for now) at least once a month maybe more.
- **9.** Additional services, outdoor services, etc. will be offered as often as is reasonably possible

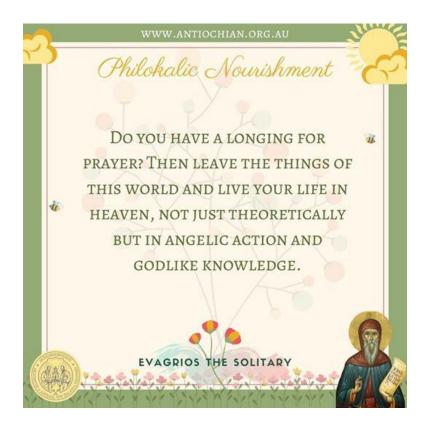
Everyone should ask themselves these questions before they come: (They are the standard questions everyone is asking.)

Do you have a fever, cough, shortness of breath, and or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? If you answer YES to any of these questions you should stay at home.

Wisdom from the Holy Fathers

'He who is gentle in God's sight is wiser than the wise; and he who is humble in heart is stronger than the strong. For they bear the yoke of Christ with spiritual knowledge.'

St. Mark the Ascetic



Prayers for the Departed: Fr. Jozef Petranin, Barbara Hicks, Peter Melnik, David Rex

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Mat. Ellen Chupeck, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, , Stephanie Hojnicki, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Jamie Clause, Paula Flynn, Paula Daubert, Jack Mackenzie, Elizabeth Clause

Prayers for Catechmens Kristin Mackenzie, Edward Jones. Cole McElmurry, Shawn & Jennifer Vojaisek

Date	Service Duty	<u>Church</u> <u>Cleaner</u>
9-Aug	Telep/Baldychev	Hines
16-Aug	Bunitsky/Morjana	Baldychev/Shatley/Sylvest
23-Aug	Riley/Riley	Suplizi