
St. Michael the Archangel Orthodox Church

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Sunday November 1, 2020 21st SUNDAY AFTER PENTECOST – Tone 4. Holy Wonderworkers and Unmercenarities Cosmas and Damian of Mesopotamia, and their mother, St. Theodota. Hieromartyrs John the Bishop and Jacob (James) the Presbyter, of Persia (ca. 345). Martyrs Cyrenia and Juliana in Cilicia (4th c.). Martyr Hermenegild the Goth of Spain (586). Martyrs Cæsarius, Dacius, Sabbas, Sabinian, Agrippa, Adrian, and Thomas, at Damascus (7th c.). Monastic Martyrs Jacob, Jacob the Deacon, and Dionysius, of Prodromou (Mt. Athos1520).

This Week's Schedule

Wednesday 11/4 Book Study "Life of Moses" 7:30 p.m.

Thursday 11/5 Study Group 10:00 a.m.

Saturday 11/7 Great Vespers 5:00 p.m.

Sunday 11/8 21st Sunday after Pentecost

Divine Liturgy 9:00 a.m.

Please Note Services will also stream Online

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6th Hour</u>	<u>EPISTLE</u>
Nov-1	DORAZIO		LEWIS
Nov-8	SKOMORUCHA	PECK	PECK
Nov-15	RILEY	RILEY	RILEY
Nov-22	BUNITSKY	DORAZIO	CAREY

Hymns and Prayers

Tone 4 Troparion *(Resurrection)*

When the women disciples of the Lord
learned from the angel the joyous message of Your Resurrection,
they cast away the ancestral curse
and elatedly told the apostles:
“Death is overthrown!
Christ God is risen, //
granting the world great mercy!”

Tone 8 Troparion *(Unmercenaries)*

Holy Unmercenaries and Wonderworkers, Cosmas and Damian, heal our
infirmities. //
Freely you have received; freely you give to us.

Tone 4 Kontakion *(Resurrection)*

My Savior and Redeemer
as God rose from the tomb and delivered the earth-born from their
chains.
He has shattered the gates of hell,
and as Master, //
He has risen on the third day!

Tone 2 Kontakion *(Unmercenaries)*

Having received the grace of healing,
you grant healing to those in need.
Glorious wonder-workers and healers, Cosmas and Damian,
visit us and put down the insolence of our enemies, //
and bring healing to the word through your miracles!

Tone 4 Prokeimenon *(Resurrection)*

O Lord, how manifold are Your works; / in wisdom have You made
them all.
(Ps. 103:26)

V. Bless the Lord, O my soul! O Lord, my God, You are very great! (Ps. 103:1)

Epistle Galatians 2:16-20

Brethren, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.

But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor.

For I through the law died to the law that I might live to God.

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Tone 4

Alleluia, Alleluia, Alleluia!

V. Go forth, prosper and reign, for the sake of meekness, righteousness and truth! (Ps. 44:3b)

V. For You love righteousness, and hate iniquity. (Ps. 44:6)

Gospel Luke 8:26-39

Then they sailed to the country of the Gadarenes, which is opposite Galilee.

And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs.

When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!"

For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.

Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him.

And they begged Him that He would not command them to go out into the abyss.

Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them.

Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.

When those who fed them saw what had happened, they fled and told it in the city and in the country.

Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.

They also who had seen it told them by what means he who had been demon-possessed was healed.

Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.

Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying,

"Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcements

In Person Worship Next week we will invite parishioners alphabetically "A"- "M". We continue to ask everyone to wash hands, wear masks, and social distancing when masks are not possible. We will continue to stream our services for those who are at home and we hope to have some streaming upgrades for better sound and video quality soon.

For now the measures concerning the easing of restrictions; *Parishioners may resume lighting their own candles. Parishioners may visit and chat outside following Divine Liturgy w/masks or social distance.* We will offer ongoing updates as we make the plans to return. We ask continued patience going forward. Please pray for our Parish Council as we navigate the pandemic safely.

Outdoor Social Time After discussing with our Parish Council we will wait a few more weeks before we offer any Coffee Hour. Parishioners will be allowed to gather outside the church after the Divine Liturgy to talk and visit. We continue to ask everyone to wear masks and to practice social distancing when masks are not possible.

Study Group this Week Our Study group will continue this Thursday at 10:00 a.m. with chapter 14 of St. Matthew. Our group will still meet online. All are welcome to join us!

Book Study “The Life of Moses” by St. Gregory of Nyssa On Wednesday evenings at 7:30 p.m. during the month of October, Fr. Barnabas will be offering a book study. We will be reading and discussion the book, “The Life of Moses”, by St. Gregory of Nyssa. We will meet on Zoom and all are welcome to participate.

Parish council Meeting Our Parish Council will try to meet this Thursday Nov. 5th at 7:00 p.m. Please email Jeff Kendall if you are able to attend.

Confessions following Vespers Fr. Barnabas is hearing individual confessions on Saturday evenings following Vespers. We will still be offering confession with social distancing.

Sacraments for Those Staying Home Recognizing the need for many to quarantine due to the deadliness of the pandemic, Fr. Barnabas is available to meet individually on Wednesdays and Fridays to offer Confession and Communion for those still at home. Fr. Barnabas is also willing to meet in other creative ways , like on your porch, to assure everyone remains connected. Please email or call the office to set up a time for the Sacraments.

FAMILY PROMISE - St. Michael’s parish family has an opportunity to serve again by making meals for families who are in need and being

helped by Family Promise. We have committed to prepare a meal on the following days:

1. **Monday, Nov. 30**
2. **Tuesday, Dec. 01**
3. **Thursday, Dec. 03**

If you would like to sign up as an individual or in a group and prepare a simple dinner meal on any of the above days, please respond back with your date selection to either Ellen Gundersen at ellengundersen5@gmail.com or Susan Skomorucha at skomorucha@aol.com.

Please RSVP your interest by 11/09/20. More information to those who sign up to make a meal will follow.

Thank you for your consideration and for your help.

Questions Everyone Should ask themselves Before coming to In-Person Worship: Do you have a fever, cough, shortness of breath, and or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? **If you answer YES to any of these questions you should stay at home.**

The "Other" Saints Cosmas and Damian

The Church celebrates the memory of a pair of unmercenary physicians, Saints Cosmas and Damian of Asia Minor.

There are two other pairs of unmercenary saints named Cosmas and Damian, one from Rome and the other from Arabia. The title of "unmercenary" means the same thing for all of them: that they refused payment for their healing work.

The two brothers from Asia Minor were raised by their mother Theodota, a Christian whose pagan husband died while her boys were still young. She taught them to be reverent toward God, and encouraged them to study hard to become skilled physicians. She, too, is a saint of the Church and is remembered with them.

As Cosmas and Damian grew into manhood, they became well-known for their care not only of people but of animals. In their view, all living creatures, being part of God's creation, were worthy of loving care and medical help when it was needed. The brothers knew that their abilities

were God's gift, so they determined never to request any payment for what they did.

They applied this principle not only to friends and people they knew well but to any stranger who needed their assistance. The courteous attention they showed to every person reflected their mother's Christian teaching, and brings to mind the words of Saint Paul: "Conduct yourselves wisely toward outsiders, making the most of the time. Let your speech always be gracious, seasoned with salt, so that you may know how to answer every one" (Colossians 4: 5-6). Paul was encouraging his readers to be effective in spreading the Gospel by being gracious in speech and behavior; Cosmas and Damian did so by representing Christ in their medical treatment, always accompanying it with prayer.

Having agreed to be "unmercenary" in their work, the two men were more strongly bonded even than many brothers are. But the bond was broken, in a sad and curious way, for a period of several years. A very sick woman, deeply grateful to the brothers for having cured her, offered Damian the small gift she could afford: three eggs. She insisted that he accept them "in the name of the Life-Creating Trinity." Damian felt that he could not refuse.

Cosmas was shocked by what seemed to be a breach of their agreement not to accept payment, and he declared, on his deathbed, that his brother must not be buried beside him as they had planned. When Damian died shortly after he did, a big problem arose. Where should Damian be buried?

God intervened by giving the power of speech to an animal the two physicians had once treated. The animal assured everyone that Damian had accepted the gift only out of respect for the name of God, and therefore they should not hesitate to bury him next to Cosmas. Happy and relieved, the people did so, and the two brothers were united once again.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Prayers for the Departed: Metropolitan Theodosius, Barbara Hicks,

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Mat. Ellen Chupeck, Mat. Myra Kovalak, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, Stephanie Hojnicky, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Paula Daubert, Elizabeth Clause

Prayers for Catechmens Kristin Mackenzie, Edward Jones. Cole McElmurry, Shawn & Jennifer Vojaisek, Andrew Ashton

Date	<u>Service Duty</u>	<u>Church Cleaner</u>
1-Nov	Riley/Riley	Sulpizi
8-Nov	Sulpizi	Riley
15-Nov	Hojnicki/Najemy	Bunitsky/Finck
22-Nov	Telep/Baldychev	Farrell

Upcoming Dates to Keep in Mind

Nativity Fast Begins Nov. 15th

Entrance of the Theotokos into the Temple Nov. 21st

Family Promise Nov. 30th

Wisdom from the Holy Fathers

“The saints were people like all of us. Many of them came out of great sins, but by repentance they attained the Kingdom of Heaven. And everyone who comes there comes through repentance, which the merciful Lord has give us through His sufferings.”

St. Silouan the Athonite