
St. Michael the Archangel Orthodox Church

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Sunday February 7, 2021 35th SUNDAY AFTER PENTECOST – Tone 2. Afterfeast of the Meeting. St. Parthenius, Bishop of Lampsacus on the Hellespont (4th c.). Ven. Luke of Hellas (ca. 946). The 1,003 Martyrs of Nicomedia (303).

This Week's Schedule

Thursday 2/11 Study Group 10:00 a.m.

Saturday 2/13 Great Vespers 5:00 p.m.

Sunday 2/14 36th Sunday after Pentecost

Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

followed by All Parish Meeting

Please Note Services will also stream Online

Reader Schedule

DATE	3RD HOUR	6th Hour	EPISTLE
Feb-7	LEWIS	BUNITSKY	CAREY
Feb-14	DORAZIO	PECK	PECK
Feb-21	RILEY	RILEY	RILEY
Feb-28	SCHOMORUCHA	PECK	LEWIS



Hymns and Prayers

Tone 2 Troparion *(Resurrection)*

When You descended to death, O Life Immortal,
You slew hell with the splendor of Your Godhead.
And when from the depths You raised the dead,
all the powers of heaven cried out://
“O Giver of life, Christ our God, glory to You!”

Tone 1 Troparion *(Feast)*

Rejoice, O Virgin Theotokos, Full of Grace!
From you shone the Sun of Righteousness, Christ our God,
enlightening those who sat in darkness.
Rejoice and be glad, O righteous Elder,
you accepted in your arms the Redeemer of our souls,//
Who grants us the Resurrection!

Tone 4 Troparion *(St. Parthenius)*

In truth you were revealed to your flock as a rule of faith,
an image of humility and a teacher of abstinence;
your humility exalted you;
your poverty enriched you.
O Hierarch Father Parthenius,
entreat Christ our God//
that our souls may be saved!

Tone 2 Kontakion *(Resurrection)*

Hell became afraid, O almighty Savior,
seeing the miracle of Your Resurrection from the tomb!
The dead arose! Creation, with Adam, beheld this and rejoiced with
You,/
and the world, my Savior, praises You forever.

Tone 3 Kontakion *(St. Parthenius)*

You received divine grace to work miracles/
wise and holy God-bearing wonderworker Parthenius.
You cleansed the passions of all the faithful

and drove out evil spirits.//

Therefore, we praise you as a great initiate of the grace of God.

Tone 1 Kontakion *(Feast)*

By Your Nativity You sanctified the Virgin's womb
and blessed Simeon's hands, ^O Christ God.

Now You have come and saved us through love.

Grant peace to all Orthodox Christians,//

O only Lover of Man!

Tone 2 **Prokeimenon** *(Resurrection)*

The Lord is my strength and my song; / He has become my salvation.

(Ps. 117:14)

V. The Lord has chastened me sorely, but He has not given me over to death.

(Ps. 117:18)

Tone 3 Prokeimenon *(Song of the Theotokos)*

My soul magnifies the Lord, / and my spirit rejoices in God my Savior.

(Lk. 1:46-47)

Epistle Timothy 1:15-17

This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief.

However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life.

Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

Tone 2

Alleluia, Alleluia, Alleluia!

V. May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps. 19:1)

V. Save the King, O Lord, and hear us on the day we call! (Ps. 19:9)

Tone 8

V. Lord, now let Your servant depart in peace, according to Your word, for my eyes have seen Your salvation! (Luke 2:29)

Gospel Matthew 15:21-28

Then Jesus went out from there and departed to the region of Tyre and Sidon.

And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed."

But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us."

But He answered and said, "I was not sent except to the lost sheep of the house of Israel."

Then she came and worshiped Him, saying, "Lord, help me!"

But He answered and said, "It is not good to take the children's bread and throw it to the little dogs."

And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table."

Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

(Instead of "It is truly meet...", we sing:)

Tone 3

O Virgin Theotokos, hope of all Christians,
protect, preserve, and save those who hope in you!

In the shadow and letter of the Law,
let us the faithful discern a figure:
every male [child] that opens the womb
is holy to God.

Therefore we magnify the firstborn Word of the Father Who has no
beginning, //
the Son firstborn of a Mother who had not known man.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)
I will receive the cup of salvation and call on the Name of the Lord. (*Ps. 115:4*)

Alleluia, Alleluia, Alleluia!

This Week's Announcements

All Parish Meeting We will hold an All Parish Meeting on February 14, 2021 following the Divine Liturgy. The purpose of the meeting is to address the need to replace one of our heat pumps. The Parish Council will present the need and costs for your approval at the meeting. We thank you in advance for your participation.

Cleaning Help We still need volunteers to help wipe down surfaces following Liturgy on Sundays. Please see Susan Schomorucha or Sue Dorazio to help. This cleaning is additional, we will still need our weekly “church cleaners” to take care of the rest of the cleaning.

Study Group This coming week we will finish chapter 18 and begin 19 of St. Matthew. Our study group will meet on Zoom. All are welcome to join us.

Online Streaming Help We continue look for help with our live streaming services. Please see Thaddeus (Scott) Lewis if you are willing to help.

Sacraments for Those Staying Home Recognizing the need for many to quarantine due to the deadliness of the pandemic, Fr. Barnabas is available to meet individually on Wednesdays and Fridays to offer Confession and Communion for those still at home. Fr. Barnabas is also willing to meet in other creative ways , like on your porch, to assure everyone remains connected. Please email or call the office to set up a time for the Sacraments.

FAMILY PROMISE - St. Michael's parishioners have another opportunity to serve by making a meal for families who need our help.

Volunteers will prepare a simple dinner meal for individual families on any of the following days:

1. Tuesday, Feb. 23
2. Thursday, Feb. 25

If you would like to sign up as an individual or in a group for any of the above days, please respond back with your selection to either Ellen Gundersen at ellengundersen5@gmail.com or Susan Skomorucha at skomorucha@aol.com.

More detailed information to those volunteering will follow.

Your participation in this cause is much appreciated. Thank you.

Questions Everyone Should ask themselves Before coming to In-Person Worship: Do you have a fever, cough, shortness of breath, and or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? **If you answer YES to any of these questions you should stay at home.**

Compassion and Salvation

On February 13th the Church honors Saint Martinian, a fourth-century native of Caesarea in Palestine. His life is closely intertwined with the lives of two women, Zoe and Photina, who are commemorated on the same day. Yet he was a hermit saint, and already by the age of eighteen he had decided to live his life in a mountain retreat fairly near the city but having no contact with it. He would be there for twenty-five years, becoming known in the area for his gift of healing and his silence. A woman of Caesarea, named Zoe, had heard a great deal about the holiness of this man who never came to the city but who seemed to be known to everyone in it. Perhaps it was because she wanted to test the power of her feminine wiles that she decided she would make him betray his vow of celibacy. Zoe put on rags and made herself look disheveled. Then she approached his dwelling at night, pretending she was disoriented after wandering too far in the dark. Appealing to his compassion, she prevailed on him to let her spend the night in his cell. He went to sleep in a large crevice near the cell. Just before morning, Zoe tidied herself and changed into alluring clothes she'd brought in

what had seemed like a beggar's bundle. When Martinian came to tell her she must leave, she offered herself to him in a low, sultry voice. He was almost overcome with desire, and walked outside for a moment to recover. Perhaps it was because he'd been compassionate that God strengthened Martinian, keeping him from doing something that would have destroyed the life he'd worked for a quarter-century to build. He returned to the cell, built a small fire, and put his feet into it. The pain made this man, known for silence, cry out. He pulled his feet from the fire and lay gasping and sobbing on the ground. Then he said to Zoe: "If I cannot bear this little fire, how shall I cope with the fires of hell?" She was so overcome that she begged him to help her change her life. He sent her to the monastery in Bethlehem overseen by Saint Paula, and there she lived in prayer and repentance for the rest of her life. Once his legs healed, Martinian moved to a remote island, where a kind boatman brought him provisions every few months. But a few years later his compassion was called on again when he heard a young woman crying for help. She had survived a shipwreck and was floating toward his island on a plank. He went and pulled young Photina to safety. To avoid temptation, he invited her to stay on the island and live on his provisions till the boatman came again. Saying farewell, he dove into the water and swam to the mainland. Martinian lived out his life peacefully in Athens. He is called a hermit saint, but perhaps his salvation also depended on his compassionate unwillingness to leave a woman in distress.

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

Wisdom from the Holy Fathers

“Completely have trust in God, leave everything in His hands, and believe that His love will act for your own benefit. Then God will take care of everything, because there is nothing He cannot do; everything is easy for Him. The difficult thing is for man to decide to humble himself and leave everything to God’s providence and love.”

Saint Paisios of Mount Athos

Prayers for the Departed: Metropolitan Theodosius, Archbishop David, Mitred Archpriest Eugene Pianovich, Mitred Archpriest Daniel Ressetar

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Daniel Kovalak, Mat. Ellen Chupeck, Mat. Myra Kovalak, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke Wales, Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, Stephanie Hojnicki, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Paula Daubert, Elizabeth Clause, Jamie Clause, David Telep

Prayers for Catechmens Kristin Mackenzie,, Andrew Ashton

Date	<u>Service Duty</u>	<u>Church Cleaner</u>
7-Feb	Bunitsky/Morjana	Skomorucha/Ashton/M Kiflemarian
14-Feb	Riley/Riley	Peck
21-Feb	Sulpizi	Carey
28-Feb	Hojnicki/ Najemy	Baldychev/Shatley/Sylvest

Upcoming Dates to Keep in Mind

- Great Fast Begins.....March 15th**
- Holy Pascha..... May 2nd**
- Ascension.....June 10th**
- Pentecost.....June 20th**