
St. Michael the Archangel Orthodox Church

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Sunday March 21, 2021 FIRST SUNDAY OF LENT –
Tone 8. Sunday of Orthodoxy. St. James (Jacob, Iago) the
Confessor, Bishop of Catania (8th-9th c.). St. Cyril, Bishop
of Catania (1st-2nd c.). St. Thomas, Patriarch of
Constantinople (1610).

This Week's Schedule

Wednesday 3/24 Presanctified Liturgy 6:30 p.m.

Thursday 3/25 Annunciation Vespers & Divine Liturgy 6:30 p.m.

Friday 3/26 Akathist 7:00 p.m.

Saturday 3/27 Great Vesper 5:00 p.m.

Sunday 3/28 2nd Sunday of Lent St. Gregory Palamas

Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

Please Note Services will also stream Online

Reader Schedule

<u>DATE</u>	<u>3RD HOUR</u>	<u>6th Hour</u>	<u>EPISTLE</u>
Mar-21	VOJACSEK	PECK	PECK
Mar 25	ANNUNCIATION		
Mar-28	RILEY	RILEY	RILEY
Apr-4	SKOMORUCHA	DORAZIO	CAREY
Apr-11	DORAZIO	VOJACSEK	WALES

Hymns and Prayers

Tone 8 Troparion *(Resurrection)*

Thou didst descend from on high, O Merciful One!
Thou didst accept the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to Thee!

Tone 2 Troparion *(Sunday of Orthodoxy)*

We venerate Thy most pure image, O Good One;
and ask forgiveness of our transgressions, O Christ our God.
Of Thine own will Thou wast pleased to ascend the Cross in the flesh
and deliver Thy creatures from bondage to the Enemy.
Therefore with thankfulness we cry aloud to Thee:
“Thou hast filled all with joy, O our Savior,//
by coming to save the world.”

Tone 8 Kontakion *(Sunday of Orthodoxy)*

No one could describe the Word of the Father;
but when He took flesh from thee, O Theotokos, He accepted to be
described,
and restored the fallen image to its former state by uniting it to divine
beauty.//
We confess and proclaim our salvation in words and images.

Tone 4 Prokeimenon *(Song of the Fathers)*

Blessed art Thou, O Lord God of our fathers, / and praised and glorified
is Thy Name forever! *(Song of the three Holy Children, v. 3)*

V. For Thou art just in all that Thou hast done for us! (v. 4)

Epistle Hebrews 11:24-26; 32-12:2

By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter,

choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin,

esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward.

And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets:

who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions,

quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens.

Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection.

Still others had trial of mockings and scourgings, yes, and of chains and imprisonment.

They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented –

of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

And all these, having obtained a good testimony through faith, did not receive the promise,

God having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Tone 4

Alleluia, Alleluia, Alleluia!

V. Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps. 98:6)

V. They called to the Lord and He answered them. (Ps. 98:7a)

Gospel John 1:43-51

The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me."

Now Philip was from Bethsaida, the city of Andrew and Peter.

Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph."

And Nathanael said to him, "Can anything good come out of Nazareth?"

Philip said to him, "Come and see."

Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!"

Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you."

Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"

Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these."

And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

(Instead of "It is truly meet...", we sing the following)

Hymn to the Theotokos

All of creation rejoices in thee, O Full of Grace:
the assembly of angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,

from whom God was incarnate and became a Child:
our God before the ages.
He made thy body into a throne,
and thy womb He made more spacious than the heavens.
All of creation rejoices in thee, O Full of Grace.//
Glory to thee!

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps. 32:1*)
Alleluia, Alleluia, Alleluia!

This Week's Announcements

The Feast of Annunciation Just a reminder that this Thursday March 25th is the Feast of the Annunciation to the Mother of God. We will celebrate with the Vespers and Divine Liturgy on the 25th at 6:30 p.m. Join us!

Presanctified Liturgy On Wednesday evenings we will be celebrating the Presanctified Liturgy. The Divine Liturgy is not celebrated in the Orthodox Church on Lenten weekdays however, in order for the faithful to sustain their Lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. This Liturgy is called Presanctified, since the Holy Gifts are presanctified (or consecrated) on the previous Sunday. This is an evening Liturgy consisting of Vespers, followed by a portion of the full Liturgy. The Liturgy of the Presanctified Gifts comes after a day of spiritual preparation and total abstinence. All who plan on participating in Holy Communion for the Presanctified Liturgy who are unable to make the effort of total fasting because of weaknesses or illness, should eat a light Lenten meal in the morning or mid-morning and begin fasting for communion by noon.

Liturgy of St. Basil the Great On Sundays during the Lenten season we may notice that the Divine Liturgy is a little different. This is because we celebrate the longer Liturgy of St Basil the Great. In the 4th century Church the liturgy of St. Basil was celebrated every Sunday and feast day of the whole year. It was the official Eucharistic Liturgy to be

celebrated on a regular basis throughout the year. Towards the end of the first quarter of the second millennium the Liturgy of Saint Basil was replaced by the liturgy attributed to Saint John Chrysostom another 4th century father of the Church. Some say that the celebrating of Saint Basil's liturgy still being done during Lent is because of the conservative liturgical character of Lent. And since it is the intention of the Church to dedicate more time to prayer during Lent, that it is a good opportunity to teach the faithful dogma by offering for their hearing and singing the profound and all-embracing theological elucidations of the Basilian Liturgy. It is also said that it served during lent because of its expressively doctrinal and educational character. Listen and you will hear the wisdom and beauty of this liturgy on the Sundays of Great Lent.

Confession Opportunities during Lent There will be added opportunities for confessions during the Lenten season. Confession will be available prior to Presanctified Liturgy on Wednesday's from 5:30 p.m. until 6:30 p.m. Confessions will also be available on Fridays prior to our Lenten services.

Study Group This Thursday we will continue our study of St. Matthew chapter 20. In the coming weeks, our study will bring us to our Lord's passion, death, and resurrection. It will be great timing with the study of these particular gospel lessons given the Lenten season. Consider joining us during the Lenten season for our Thursday study group. We will continue to meet on Zoom at 10 a.m. All are welcome to join us.

Bookstore Sale for Great Lent St. Michaels Bookstore is having a sale for Lenten readings. If you are interested in buying any books, please email Ellen Gundersen at ellengundersen5@gmail.com to place your order. There are many books under \$10 and a list will be emailed to all of you. She will notify you when your books are ready to be picked up. Books will only be delivered at church and left on the table outside the social hall (across from bathrooms). Nothing will be mailed to you. Package will have your name on it and an envelope for your cash or check. Please put envelope in collection basket on candle desk. Any checks should be made payable to St. Michaels Bookstore. We have many other orthodox books, prayer ropes, icons, and gifts. Please contact Ellen if interested.

Questions Everyone Should ask themselves Before coming to In-Person Worship: Do you have a fever, cough, shortness of breath, and

or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? **If you answer YES to any of these questions you should stay at home.**

Wisdom from the Holy Fathers

From the Prologue from Ochrid

“*Holy Fathers on Genesis 49:33-50:26 THE BURIAL OF JACOB: JOSEPH SAID TO THEM...YOU MEANT EVIL AGAINST ME; BUT GOD MEANT IT FOR GOOD... The Abba John the Short asked the monks: "Who sold Joseph?" One monk replied: "His brothers." To that, the elder replied: "No brethren, rather his humility. Joseph could have said that he is their brother and could have protested to being sold but he remained silent. His humility, therefore, sold him. Afterward, this same humility made him master over Egypt." In surrendering ourselves to the will of God, we defend ourselves too much from external unpleasantness, that is why we lose the good fruits which is harvested at the end of unpleasantness endured with humility. Abba Pimen wisely spoke: "We have abandoned the easy yoke, i.e., self-reproach and we have burdened ourselves with a heavy yoke, i.e., self-justification." The Christian accepts every unpleasantness as deserving of their present or their past sins; seeking in all, the will of God with faith and awaiting the end with hope. ‘”*

"You cannot be too gentle, too kind. Shun even to appear harsh in your treatment of each other. Joy, radiant joy, streams from the face of him who gives and kindles joy in the heart of him who receives. All condemnation is from the devil. Never condemn each other. We condemn others only because we shun knowing ourselves. When we gaze at our own failings, we see such a swamp that nothing in another can equal it. That is why we turn away, and make much of the faults of others. Instead of condemning others, strive to reach inner peace. Keep silent, refrain from judgement. This will raise you above the deadly arrows of slander, insult and outrage and will shield your glowing hearts against all evil."

St Seraphim of Sarov

Prayers for the Departed: Metropolitan Theodosius, Archbishop David, Mitred Archpriest Eugene Pianovich, Mitred Archpriest Daniel Ressetar

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Daniel Kovalak, Mat. Ellen Chupeck, Mat. Myra Kovalak, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke Wales, Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, Stephanie Hojnicky, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Paula Daubert, Elizabeth Clause, Jamie Clause, David Telep

Prayers for Catechmens Kristin Mackenzie,, Andrew Ashton

Date	<u>Service Duty</u>	<u>Church Cleaner</u>
21-Mar	Riley/ Riley	Bunitsky/Finck
28-Mar	Sulpizi	Farrell
4-Apr	Hojnicky/Najemy	Clause/Whalen
11-Apr	Telep/Baldychev	Skomorucha/Ashton/M Kiflemarian
18-Apr	Bunitsky/Morjana	Peck

Upcoming Dates to Keep in Mind

- Annunciation.....March 25th*
- Palm Sunday.....April 25*
- Holy Pascha..... May 2nd*
- Ascension.....June 10th*
- Pentecost.....June 20th*
- Feast of Ss. Peter and Paul.....June 29th*