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# **St. Michael the Archangel Orthodox Church**

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**Sunday March 28, 2021 SECOND SUNDAY OF LENT** – Tone 1. *St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. Ven. Hilarion the New, Abbot of Pelekete (ca. 754). Ven. Stephen the Wonderworker, Abbot of Triglia (9th c.). Monastic Martyr Eustratius of the Kiev Caves (Near Caves – 1097). Ven. Hilarion of Pskov Lake (Gdov – 1476). Martyred brothers Barachisius and Jonah, and those with them, in Persia (4th c.). Martyr Boyan, Prince of Bulgaria (ca. 830).*

## **This Week's Schedule**

**Wednesday 3/31** Presanctified Liturgy 6:30 p.m.

**Thursday 4/1** Study Group 10:00 a.m.

**Friday 4/2** Presanctified Liturgy 9:30 a.m.

**Saturday 4/3** Great Vesper 5:00 p.m.

**Sunday 4/4 3<sup>rd</sup> Sunday of Lent** The Sunday of the Cross

Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

*\*Please Note Services will also stream Online\**

## **Reader Schedule**

<b><u>DATE</u></b>	<b><u>3<sup>RD</sup> HOUR</u></b>	<b><u>6<sup>th</sup> Hour</u></b>	<b><u>EPISTLE</u></b>
Mar-28	RILEY	RILEY	RILEY
Apr-4	SKOMORUCHA	DORAZIO	CAREY
Apr-11	DORAZIO	VOJACSEK	WALES
Apr-18	LEWIS	WJCIECHOWSKI	LEWIS

## Hymns and Prayers

### **Tone 1 Troparion**      *(Resurrection)*

When the stone had been sealed by the Jews,  
while the soldiers were guarding Thy most pure body,  
Thou didst rise on the third day, O Savior,  
granting life to the world.  
The powers of heaven therefore cried to Thee, O Giver of Life:  
“Glory to Thy Resurrection, O Christ!  
Glory to Thy Kingdom!//  
Glory to Thy dispensation, O Thou Who lovest mankind!”

### **Tone 8 Troparion**      *(St. Gregory Palamas)*

O light of Orthodoxy, teacher of the Church, its confirmation,  
O ideal of monks and invincible champion of theologians,  
O wonderworking Gregory, glory of Thessalonica and preacher of  
grace,//  
always intercede before the Lord that our souls may be saved!

### **Tone 8 Kontakion**      *(St. Gregory Palamas)*

Holy and divine instrument of wisdom,  
joyful trumpet of theology,  
together we sing thy praises, O God-inspired Gregory.  
Since thou now standest before the Original Mind, guide our  
minds to Him, O Father,//  
so that we may sing to thee: “Rejoice, preacher of grace!”

### **Tone 4 Kontakion**      *(from the Lenten Triodion)*

Now is the time for action!  
Judgment is at the doors!  
So let us rise and fast,  
offering alms with tears of compunction and crying:  
“Our sins are more in number than the sands of the sea;  
but forgive us, O Master of all,//  
so that we may receive the incorruptible crowns!”

## **Tone 5 Prokeimenon**

Thou, O Lord, shalt protect us / and preserve us from this generation forever.

*(Ps. 11:7)*

**V.** *Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)*

## **Tone 1 Prokeimenon (St. Gregory Palamas)**

My mouth shall speak wisdom; / the meditation of my heart shall be understanding. *(Ps. 48:3)*

### **Epistle Hebrews 1:10-2:3**

*And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands.*

*They will perish, but You remain; and they will all grow old like a garment;*

*like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail."*

*But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"?*

*Are they not all ministering spirits sent forth to minister for those who will inherit salvation?*

*Therefore we must give the more earnest heed to the things we have heard, lest we drift away.*

*For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward,*

*how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him*

### **Hebrews 7:26-8:2 (St. Gregory Palamas)**

*For such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens;*

*who does not need daily, as those high priests, to offer up sacrifices, first for his own sins and then for the people's, for this He did once for all when He offered up Himself.*

*For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever.*

*Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens,  
a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.*

### **Tone 1**

Alleluia, Alleluia, Alleluia.

*V. God gives vengeance unto me, and subdues people under me. (Ps. 17:48)*

*V. He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps. 17:51)*

### **Tone 2**

*V. The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps. 36:31)*

### **Gospel Mark 2:1-12**

*And again He entered Capernaum after some days, and it was heard that He was in the house.*

*Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them.*

*Then they came to Him, bringing a paralytic who was carried by four men.*

*And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.*

*When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."*

*And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"*

*But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts?*

*Which is easier, to say to the paralytic, ‘Your sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk’?*

*But that you may know that the Son of Man has power on earth to forgive sins” – He said to the paralytic,*

*“I say to you, arise, take up your bed, and go to your house.”*

*Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”*

### ***John 10:9-16 (St. Gregory Palamas)***

*I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture.*

*The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

*I am the good shepherd. The good shepherd gives His life for the sheep.*

*But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them.*

*The hireling flees because he is a hireling and does not care about the sheep.*

*I am the good shepherd; and I know My sheep, and am known by My own.*

*As the Father knows Me, even so I know the Father; and I lay down My life for the sheep.*

*And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd.*

***(Instead of “It is truly meet...,” we sing the following)***

### **Hymn to the Theotokos**

All of creation rejoices in thee, O Full of Grace:

the assembly of angels and the race of men.

O sanctified temple and spiritual paradise,

the glory of virgins,

from whom God was incarnate and became a Child:  
our God before the ages.  
He made thy body into a throne,  
and thy womb He made more spacious than the heavens.  
All of creation rejoices in thee, O Full of Grace.//  
Glory to thee!

### **Communion Hymn**

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)  
The righteous shall be in everlasting remembrance! He shall not fear evil  
tidings! (*Ps. 111:6*)  
Alleluia, Alleluia, Alleluia!

### **This Week's Announcements**

***Presanctified Liturgy on Wed. & Fri.*** During the month of April we will be offering the Presanctified Liturgy on both Wednesday evenings and also Presanctified Liturgy on Friday mornings at 9:30 a.m. we will be celebrating the Presanctified Liturgy. The Divine Liturgy is not celebrated in the Orthodox Church on Lenten weekdays however, in order for the faithful to sustain their Lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. This Liturgy is called Presanctified, since the Holy Gifts are presanctified (or consecrated) on the previous Sunday. Please join us on both Wed. evenings and Fri. mornings for the Presanctified Liturgy.

***Confession Opportunities during Lent*** There will be added opportunities for confessions during the Lenten season. Confession will be available prior to Presanctified Liturgy on both Wednesdays from 5:30 p.m. to 6:30 p.m. and also on Fridays from 8:30 a.m. to 9:30 a.m. Confession will still be available on Saturdays following Vespers.

***Liturgy of St. Basil the Great*** On Sundays during the Lenten season we may notice that the Divine Liturgy is a little different. This is because we celebrate the longer Liturgy of St Basil the Great. In the 4th century Church the liturgy of St. Basil was celebrated every Sunday and feast day of the whole year. It was the official Eucharistic Liturgy to be celebrated on a regular basis throughout the year. Towards the end of the first quarter of the second millennium the Liturgy of

Saint Basil was replaced by the liturgy attributed to Saint John Chrysostom another 4th century father of the Church. Some say that the celebrating of Saint Basil's liturgy still being done during Lent is because of the conservative liturgical character of Lent. And since it is the intention of the Church to dedicate more time to prayer during Lent, that it is a good opportunity to teach the faithful dogma by offering for their hearing and singing the profound and all-embracing theological elucidations of the Basilian Liturgy. It is also said that it served during lent because of its expressively doctrinal and educational character. Listen and you will hear the wisdom and beauty of this liturgy on the Sundays of Great Lent.

***Study Group*** This past week eight of us continued with our study of St. Matthew chapter 20. In the next few weeks, our study will bring us to our Lord's triumphant entrance into Jerusalem, His passion, death, and resurrection. It will be great study since these particular gospel lessons are also given in Holy Week. Consider joining us during the Lenten season for our Thursday study group. We will continue to meet on Zoom at 10 a.m. All are welcome to join us.

***Bookstore Sale for Great Lent*** St. Michaels Bookstore is having a sale for Lenten readings. If you are interested in buying any books, please email Ellen Gundersen at [ellengundersen5@gmail.com](mailto:ellengundersen5@gmail.com) to place your order. There are many books under \$10 and a list will be emailed to all of you. She will notify you when your books are ready to be picked up. Books will only be delivered at church and left on the table outside the social hall (across from bathrooms). Nothing will be mailed to you. Package will have your name on it and an envelope for your cash or check. Please put envelope in collection basket on candle desk. Any checks should be made payable to St. Michaels Bookstore. We have many other orthodox books, prayer ropes, icons, and gifts. Please contact Ellen if interested.

**Questions Everyone Should ask themselves Before coming to In-Person Worship:** Do you have a fever, cough, shortness of breath, and or trouble breathing? Persistent pain, pressure or tightness in chest? Any recent loss of taste/smell or gastrointestinal upset? Any contact with anyone with C-19? **If you answer YES to any of these questions you should stay at home.**

**Prayers for the Departed:** Metropolitan Theodosius, Archbishop David, Mitred Archpriest Eugene Pianovich, Mitred Archpriest Daniel Ressetar

**Prayers for the Sick and Those in Need:** Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Daniel Kovalak, Mat. Ellen Chupeck, Mat. Myra Kovalak, Lemlem Resat, Olga Riley, James Hicks, Anna Herko, Luke Wales, Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, Stephanie Hojnicky, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin, Sam Sylvest, Paula Daubert, Elizabeth Clause, Jamie Clause, David Telep

**Prayers for Catechmens** Kristin Mackenzie, Andrew Ashton, Cole McElmurray, John Hill

<b>Date</b>	<b><u>Service Duty</u></b>	<b><u>Church Cleaner</u></b>
<b>28-Mar</b>	Sulpizi	Farrell
<b>4-Apr</b>	Hojnicky/Najemy	Clause/Whalen
<b>11-Apr</b>	Telep/Baldychev	Skomorucha/Ashton/M Kiflemarian
<b>18-Apr</b>	Bunitsky/Morjana	Peck

**Upcoming Dates to Keep in Mind**

- Palm Sunday.....April 25***
- Holy Pascha..... May 2nd***
- Ascension.....June 10th***
- Pentecost.....June 20<sup>th</sup>***
- Feast of Ss. Peter and Paul.....June 29th***

**Wisdom from the Holy Fathers**

*“Prayer is food for the soul. Do not starve the soul, it is better to let the body go hungry. Do not judge anyone, forgive everyone. Consider yourself worse than everyone in the world and you will be saved. As much as possible, be more quiet.”*

+St. Joseph of Optina