

The Service of the Typica

Psalm 102

Choir: Bless the Lord, O my soul. Blessed art Thou, O Lord. Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for Thee. Who is gracious unto all thine iniquities, Who healeth all thine infirmities. Who redeemeth thy life from corruption. Who crowneth thee with mercy and compassion. Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy. Not unto the end will He be angered, neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us, Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him. For He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Glory to the Father, and to the Son, and to the Holy Spirit, Both now and ever, and unto the ages of ages. Amen. Bless the Lord. O my soul, and all that is within me bless His holy name. Blessed art Thou, O Lord.

Glory to the Father, and to the Son, and to the Holy Spirit.

Psalm 145

Choir: Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being. Trust ye not in princes, in the sons of men, in whom there is no salvation. His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish. Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God. Who hath made heaven and earth, the sea and all that is therein. Who keepeth truth unto eternity, Who executeth judgment for the wronged, Who giveth food unto the hungry. The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen; the Lord loveth the righteous; The Lord preserveth the proselytes. He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy. The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation.

Both now and ever, and unto the ages of ages. Amen.

Choir: O Only-begotten Son and Word of God, Who art immortal, Yet didst deign for our salvation To be incarnate of the holy Theotokos and ever-virgin Mary, And without change didst become man, And wast crucified, O Christ God, trampling down death by death, Thou Who art one of the Holy Trinity, Glorified with the Father and the Holy Spirit, save us.

The beatitudes

Choir: In Thy Kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they that mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are they that hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called sons of God.

Blessed are they that are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Blessed are ye when men shall revile you, and persecute you, and shall say all manner of evil against you falsely for My sake.

Rejoice and be exceedingly glad, for great is your reward in the heavens.

Glory to the Father, and to the Son, and to the Holy Spirit, Both now and ever, and unto the ages of ages.
Amen.

Troparion and Kontakion

On Sundays we read the Kontakion of the Tone of the day found at the end of this publication. Then we read the Kontakion of the Temple, followed by the Kontakion of the saint of the day.

Kontakion of the Temple

O ye blossoms of the spiritual meadow of Russia, who have wondrously flowered in the years of fierce persecutions, numberless new martyrs and confessors: royal passion-bearers, hierarchs, and pastors, monastics and laymen, men, women, and children, who in patience have brought forth good fruit unto Christ. Entreat Him as the One Who planted you to deliver His people from godless and evil people, and that the Church of Russia be made firm by your blood and sufferings, unto the salvation of our souls.

Kontakion of the Theotokos

O Protection of Christians that cannot be put to shame, O mediation unto the Creator unfailing, disdain not the suppliant voices of sinners; but be thou quick, O good one, to help us who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Trisagion:

Choir: Holy God! Holy Mighty! Holy Immortal! Have mercy on us (*thrice*).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.
Holy Immortal! Have mercy on us.

Holy God! Holy Mighty! Holy Immortal! Have mercy on us.

The Epistle and Gospel reading

The Prokeimeon

*The **Reader** reads the Prokeimeon in the proper Tone for the given Sunday. These are found at the end of this publication.*

The Epistle of the day.

Choir: Alleluia (*three times*)

The Gospel of the day

Reader: Remember us, O Lord, when Thou comest in Thy kingdom. Remember us, O Master, when Thou comest in Thy kingdom. Remember us, O Holy One, when Thou comest in thy kingdom.

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

Come unto Him, and be enlightened, and your faces shall not be ashamed.

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth! heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly hosts, praiseth Thee and saith: Holy, Holy, Holy. Lord of Sabaoth; heaven and earth are full of Thy glory.

Both now and ever, and unto the ages of ages. Amen.

The symbol of faith

Choir: I believe in one God, the Father Almighty,/ Maker of heaven and earth, and of all things visible and invisible.// And in one Lord Jesus Christ, the Son of God,/ the Only-begotten, begotten of the Father before all ages;// Light of Light, true God of true God;/ begotten, not made; of one essence with the Father; by Whom all things were made;// Who for us men, and for our salvation came down from the heavens,/ and was incarnate of the Holy Spirit and the Virgin Mary, and became man;// And was crucified for us under Pontius Pilate,/ and suffered,/ and was buried;/ and rose again on the third day according to the Scriptures;// And ascended into the heavens, and sitteth at the right hand of the Father;/ And shall come again with glory, to judge both the living and the dead; Whose kingdom shall have no end.// And in the Holy Spirit, the Lord, the Giver of life; Who proceedeth from the Father;/ Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets.// In One, Holy, Catholic, and

Apostolic Church./ I confess one baptism for the remission of sins.// I look for the resurrection of the dead,/ And the life of the age to come. Amen.

Choir: It is truly meet to bless thee, the Theotokos, ever-blessed and most blameless, and mother of our God. More honorable than the Cherubim, and beyond compare more glorious than the Seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Commemoration of the living and departed

Reader: Remember, O Lord Jesus Christ our God, Thy mercies and bounties which are from all eternity, and through which Thou didst become man and didst will to suffer crucifixion and death for the salvation of those who rightly believe in Thee, and having risen from the dead didst ascend into heaven, and sittest at the right hand of God the Father and regardest the humble entreaties of those who call upon Thee with all their heart: Incline thine ear, and hear the humble prayers of Thy worthless servants, as the fragrance of spiritual incense, which we offer to Thee for all people. And first remember Thy Holy Catholic and Apostolic Church, which Thou hast provided through Thy precious blood. Confirm, strengthen, extend, and increase her, and keep her in peace, and for ever proof against the power of hell. Calm the dissensions of the Churches, and foil the plans of the powers of darkness, dispel the prejudice of the nations and quickly ruin and root out the risings of heresy, and frustrate them by the power of the Holy Spirit.

Choir: Lord, have mercy (*after every petition*).

Reader: Save, O Lord, and have mercy on our president and all in authority throughout the world, commanders-in-chief of armies and navies and air-fleets, governors of provinces and cities, and all the Christ-loving navies, armies, and police; protect their power with peace, and subdue under their feet every enemy and foe, and speak peace and blessing in their hearts for Thy holy church, and for all Thy people, and grant that in their calm we too may lead a quiet and peaceful life in true belief, in all piety and honesty.

Choir: Lord, have mercy (*after every petition*).

Save, O Lord, and have mercy on Orthodox Bishops, the Priests and Deacons, and all who serve in the Church and whom Thou hast ordained to feed Thy spiritual flock; and by their prayers, have mercy on us sinners.

Save, O Lord, and have mercy on our parish priest(s); with all his (their) brethren in Christ, and by their prayers have mercy on us, wretches that we are.

Save, O Lord, and have mercy on our spiritual fathers and by their prayers forgive us our sins.

Save, O Lord, and have mercy on all workers in our parish, our brethren and sisters, and all Christians.

Save, O Lord, and have mercy on our parents, our brothers and sisters, and all of our relatives, and the neighbors of our families, and our friends. And grant the Thy worldly and spiritual goods.

Save, O Lord, and have mercy according to the multitude of Thy bounties, on all priests, monks, and nuns, and on all living in virginity, devotion, and fasting, in monasteries, in deserts, in caves, on mountains, on pillars, in hermitages, in the clefts of rocks, and right faith in every place of Thy dominion, and devoutly serving Thee, and praying to Thee. Lighten their burden, console them in their afflictions,

and grant them strength, power, and perseverance in their struggle, and by their prayers grant us remission of our sins.

Save, O Lord, and have mercy on the old, and the young, the poor and destitute, the orphans and widows, the leper colonies, epileptics and spastics, and all those in sickness and sorrow, misfortune and tribulation, captives and exiles in mines, prisons, reformatories, psychiatric hospitals, and especially on those of Thy servants suffering persecution for Thy sake and for the Orthodox Faith from godless peoples, apostates, and heretics. Visit, strengthen, comfort, and heal them, and by Thy power quickly grant them relief, freedom, and deliverance.

Save, O Lord, and have mercy on our benefactors, who have mercy on us and feed us, and us of anxiety by giving us those things in which we stand of need, and entrust us, unworthy as we are, to pray for them; and give them Thy grace, and grant them all their requests which lead to salvation, and the attainment of eternal joy.

Save, O Lord, and have mercy on all in our parish, and on all Orthodox Christians who are messengers and missionaries in Thy service, and are travelling.

Save, O Lord, and have mercy on those whom each of us hast offended or scandalized by our madness or inadvertence, and whom we have turned from the way of salvation, and whom we have led into evil and harmful deeds. By Thy divine providence restore them again to the way of salvation.

Save, O Lord, and have mercy on those who hate and offend us, and do us harm, and let them not perish through us sinners.

Illumine with the light of grace all apostates from the Orthodox Faith, and those blinded by pernicious heresies, and draw them to Thyself, and unite them to Thy Holy, Apostolic, Catholic Church.

Remember, O Lord, those who have departed from this life, Orthodox kings and queens, princes and princesses, Orthodox Patriarchs, Metropolitans, Archbishops, and Bishops, Priests and Deacons, and those who have served Thee in the Monastic State, and the departed founders of this church and grant them rest with the Saints in Thy eternal dwellings.

Remember, O Lord, the souls of Thy servants who have departed in sleep, our parents and all of our relatives according to the flesh; forgive them every transgression, voluntary and involuntary; grant them the kingdom and a part in Thy eternal joys, and the delight of Thy blessed and everlasting life. Amen.

The Lord's Prayer

Choir: Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one. Amen.

Lord, have mercy (*Twelve Times*).

Reader: O all-holy Trinity, the consubstantial Dominion, the indivisible kingdom, and cause of every good: Show Thy good will even unto me, the sinners make steadfast my heart and grant it understanding,

and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say: One is Holy, One is Lord, Jesus Christ, to the glory of God the Father. Amen.

Blessed be the name of the Lord from henceforth and for evermore. (*Thrice*).

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Psalm 33

Choir: I will bless the Lord at all times, His praise shall continually be in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O Magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my tribulations. Come unto Him, and be enlightened, and your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his tribulations. The angel of the Lord will encamp round about them that fear Him, and will deliver them. O Taste and see that the Lord is good; blessed is the man that hopeth in Him. O Fear the Lord, all ye His saints; for there is no want to them that fear Him. Rich men have turned poor and gone hungry; but they that seek the Lord shall not be deprived of any good thing. Come ye children, hearken unto me; I will teach you the fear of the Lord. What man is there that desireth life, who loveth to see good days? Keep thy tongue from evil, and thy lips from speaking guile. Turn away from evil and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and His ears are opened unto their supplication. The face of the Lord is against them that do evil, utterly to destroy the remembrance of them from the earth. The righteous cried, and the Lord heard them, and He delivered them out of all their tribulations. The Lord is nigh unto them that are of a contrite heart, and He will save the humble of spirit. Many are the tribulations of the righteous, and the Lord shall deliver them out of them all. The Lord keepeth all their bones, not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall do wrong. The Lord will redeem the souls of His servants, and none of them will do wrong that hope in Him.

Choir: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen. Lord, have mercy. (*Thrice*) Bless, O Lord.

Choir: The Holy Orthodox Episcopate of, our Metropolitan _____ ; and our Archbishop_____, the brotherhood of this holy Temple, and all Orthodox Christians; preserve, O Lord, for many years.

The Sermon